



May 2017

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
	1 Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	2 Adult Tae Kwon Do 7:00 pm – 8:00 pm	3 Body Sculpt 11:30 am – 12:30 pm Sun Style Taiji 3:00 – 4:30 pm	4 Adult Tae Kwon Do 7:00 pm – 8:00 pm	5	6 Family Dog Training 9:00 am – 10:00 am
7	8 Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	9 Adult Tae Kwon Do 7:00 pm – 8:00 pm	10 Body Sculpt 11:30 am – 12:30 pm Sun Style Taiji 3:00 – 4:30 pm Stretch C.L.A.S.S. 6:30 – 7:30 pm	11 Adult Tae Kwon Do 7:00 pm – 8:00 pm	12	13 Family Dog Training 9:00 am – 10:00 am
14	15 Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	16 Adult Tae Kwon Do 7:00 pm – 8:00 pm	17 Body Sculpt 11:30 am – 12:30 pm Sun Style Taiji 3:00 – 4:30 pm Stretch C.L.A.S.S. 6:30 – 7:30 pm	18 Adult Tae Kwon Do 7:00 pm – 8:00 pm	19	20 Family Dog Training 9:00 am – 10:00 am
21	22 Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	23 Adult Tae Kwon Do 7:00 pm – 8:00 pm	24 Body Sculpt 11:30 am – 12:30 pm Sun Style Taiji 3:00 – 4:30 pm Stretch C.L.A.S.S. 6:30 – 7:30 pm	25 Adult Tae Kwon Do 7:00 pm – 8:00 pm	26	27 Family Dog Training 9:00 am – 10:00 am
28	29 Body Sculpt 11:30 am – 12:30 pm	30	31 Body Sculpt 11:30 am – 12:30 pm Stretch C.L.A.S.S. 6:30 – 7:30 pm			

notes

For Questions Call 719-687-5225

Visit Our Website: www.city-woodlandpark.org/parks-and-recreation

Come see us, Monday – Friday, 8am – 5pm located next to City Hall, 204 W. South Ave.