



April 2017

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
						1 Family Dog Training 9:00 am – 10:00 am
2	3 Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	4 Adult Tae Kwon Do 7:00 pm – 8:00 pm	5 Pelvic Floor Awareness 9:00 – 10:00 am Body Sculpt 11:30 am – 12:30 pm Sun Style Taiji 3:00 pm – 4:30 pm	6 Adult Tae Kwon Do 7:00 pm – 8:00 pm	7	8 Family Dog Training 9:00 am – 10:00 am
9	10 Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	11 Adult Tae Kwon Do 7:00 pm – 8:00 pm	12 Pelvic Floor Awareness 9:00 – 10:00 am Body Sculpt 11:30 am – 12:30 pm Sun Style Taiji 3:00 pm – 4:30 pm	13 Adult Tae Kwon Do 7:00 pm – 8:00 pm	14	15
16	17 Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	18 Adult Tae Kwon Do 7:00 pm – 8:00 pm	19 Pelvic Floor Awareness 9:00 – 10:00 am Body Sculpt 11:30 am – 12:30 pm Sun Style Taiji 3:00 pm – 4:30 pm	20 Adult Tae Kwon Do 7:00 pm – 8:00 pm	21	22
23	24 Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	25 Adult Tae Kwon Do 7:00 pm – 8:00 pm	26 Pelvic Floor Awareness 9:00 – 10:00 am Body Sculpt 11:30 am – 12:30 pm Sun Style Taiji 3:00 pm – 4:30 pm	27 Adult Tae Kwon Do 7:00 pm – 8:00 pm	28	29 Family Dog Training 9:00 am – 10:00 am
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