



# SACRED HEART RADIO

CATHOLIC RADIO FOR THE NORTHWEST

Seattle AM 1050 / FM 100.3    Spokane AM 970 / FM 106.1  
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Yakima FM 88.1    Kodiak FM 88.3

PO. Box 2482, Kirkland, WA 98083

800-949-1050

sacredheartradio.org

24 hours a day streaming  
Listener-supported Catholic radio



12:00am - 1:00am: Women of Grace  
1:00am - 2:00am: Fathers Know Best  
2:00am - 3:00am: Chaplet of Divine Mercy / Rosary  
3:00am - 4:00am: Son Rise Morning Show

**NEW PROGRAM OR NEW TIME**

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Time
5:00a	Sunday Mass from EWTN	4:00 Morning Glory / 5:00 Daily Mass from EWTN						5:00a
5:30a								5:30a
6:00a	LifeTalk NW Pro-Life Weekly Bishop Barron	Catholic Connection with Teresa Tomeo 877- 573 - 7825					Mast Appeal with Colleen Kelly Mast	6:00a
6:30a								6:30a
7:00a		Son Rise Morning Show (encore)						7:00a
7:30a							7:30a	
8:00a	Take Two with Jerry & Debbie	Frs. Northrop/Johnson/ Nagel & Pam	Sound Insight with Dr. Tom Curran				Sound Insight (encore)	8:00a
8:30a								8:30a
9:00a	Sunday Mass (encore)	Daily Mass from EWTN (encore)						9:00a
9:30a								9:30a
10:00a		The Doctor Is In with Dr. Ray Guarendi 877 - 573 - 7825					Doctor doctor	10:00a
10:30a	Bishop & Vicars					10:30a		
11:00a	The Best of Called to Communion	Called to Communion with Dr. David Anders 833 - 288 - 3986					The Good Fight Barbara McGuigan 877-573-7825	11:00a
11:30a								11:30a
Noon	The World Over (encore)	Open Line 833 - 288 - 3986 John Martignoni    Fr. Wade Menezes    Fr. Mitch Pacwa    Fr. Larry Richards    Colin Donovan						Noon
12:30p								12:30p
1:00p	Holy Rosary After the rosary on Thursday, Friday, Saturday, Sunday - Discipleship Reflection on the Sunday Gospel with Bishop Mueggenborg							
1:30p	Chaplet of Divine Mercy in Song	Kresta in the Afternoon 877- 573 - 7825					Chaplet of Divine Mercy in Song	1:30p
2:00p	The Journey Home (encore)						Conversations w/ Consequences	2:00p
2:30p								2:30p
3:00p	Fr. Spitzer's Universe	Christ is the Answer with Fr. John Riccardo					Bear Woznick Adventure	3:00p
3:30p								3:30p
4:00p	Beyond Damascus	Catholic Answers 888-318-7884					Bishop & Vicars Enduring Love	4:00p
4:30p								4:30p
5:00p	The Wisdom of Fr Groeschel	The Journey Home	Catholic Connection Teresa Tomeo (encore)	EWTN Live 800-221-9460	The World Over	Fr. Spitzer's Universe	Beyond Damascus	5:00p
5:30p								5:30p
6:00p	Enduring Love	EWTN News Nightly					LifeTalk NW	6:00p
6:30p	Bishop Barron	Vatican Insider	LifeTalk NW	Bishop & Vicars	Bishop Barron	Enduring Love	Best of News Nightly	6:30p
7:00p	Pro-Life Weekly	Open Line (encore)					Fr. Spitzer's Universe	7:00p
7:30p	Catholic Café							7:30p
8:00p	Bishop & Vicars	Life is Worth Living with Archbishop Fulton J. Sheen						8:00p
8:30p	Holy Rosary							
9:00p	Doctor doctor	Frs. Northrop/Johnson/ Nagel & Pam	Sound Insight with Dr. Tom Curran (encore)				Take Two with Jerry & Debbie	9:00p
9:30p								9:30p
10:00p	The Journey Home (encore)	Called to Communion with Dr. David Anders (encore)						10:00p
10:30p								10:30p
11:00p	Teresa Tomeo	Christ is the Answer with Fr. John Riccardo					Mother Angelica Live Classics	11:00p
11:30p								11:30p

Bold programs are locally produced.

Shaded programs are broadcast live.

Local shows: LifeTalk NW \* Sound Insight \* Enduring Love \* Bishop & Vicars 03/04/2020