

ABOUT THE SILVER BAY YMCA

Silver Bay YMCA is a family retreat and conference center on shores of Lake George. Silver Bay hosts conferences, family reunions, family vacations, weddings, and teambuilding & leadership development trainings on a 700-acre waterfront campus within the Adirondack Park of New York State.



MISSION

The mission of Silver Bay YMCA is to offer all people opportunities to renew, refresh, and nurture their spirit, mind, and body.

VISION

The vision of Silver Bay YMCA is to be an outstanding family conference center that provides quality services in a historically rich setting and is recognized as a welcoming community that connects generations, develops leaders, creates world mindedness, and feeds the soul.

DIRECTIONS

FROM ALBANY, NY: take the Adirondack Northway (I-87) north to Exit 24. Drive east five miles to Route 9N. Turn left and drive north approximately 13 miles to Silver Bay. Look for the Silver Bay YMCA signs on the right 2 miles past Sabbath Day Point. Driving time is approximately 90 minutes.

FROM NORTHERN NY AND CANADA: take the Adirondack Northway (I-87) south to Exit 25. Turn left onto Route 8 and proceed to the end at Hague. Turn right onto Route 9N and travel 4 miles to Silver Bay. Turn left into the YMCA at the signs.

FROM BURLINGTON, VT: follow Route 7 south to Vergennes, then bear right onto 22A south. Follow to Addison, then turn right onto Route 17 south to its end at Route 9N. Turn left and follow 9N approximately 25 miles to the Silver Bay YMCA sign and turn left.



Silver Bay YMCA

87 Silver Bay Road
Silver Bay, New York 12874 Phone:
518-543-8833, ext. 261
www.silverbay.org

Email: pastoralrespite@silverbay.org

BROOKSIDE

Community House

&

TRINITY

Spiritual Life Center



Come to me, all you who are weary
and burdened, and I will give you
rest.

Matthew 11:28

SILVER BAY YMCA

Silver Bay, New York

COMMUNITY

Brookside Community House and Trinity Spiritual Life Center provide opportunities for personal growth, solitude, study, prayer and peaceful nourishment of the soul.

The experience encompasses Christian hospitality, pastoral support, lodging, food, opportunities for walks, hikes, and use of our Fitness Center and the Spiritual Center Library.



Contact the
Brookside/Trinity
program at
pastoralrespite@silverbay.org
or at 518.543.8833 ext 261



RENEWAL

WE PROVIDE REST AND RENEWAL FOR:

- Pastors, lay persons involved in ministry, and their families
- Single parents in time of transition
- Those in need of short term emergency housing

THE RESIDENCE FEATURES:

- A Quiet Setting
- Private Bedrooms
- Bunk Rooms Suitable for Families
- Meals

INSPIRATION

The Spiritual Life Program is committed to helping people grow spiritually and encouraging them to develop a deeper relationship with God and themselves.

Those who are interested in the pastoral support or spiritual direction may inquire in advance or at the Spiritual Life Center.



Brookside/Trinity services are available from Labor Day to mid-June and are offered at no fee; however, donations to this outreach ministry are appreciated.

If you are interested in making a donation, please contact Deacon Ryan McNulty at 518.543.8833 ext. 261

