



weewatch

# together wee can

## Together Wee Can Taste the World - Upcoming Events...

"Together Wee Can - Taste The World," continues to be a great success among our Providers and children. Children love putting on their special aprons and exploring the kitchen, learning so many new skills and tasting different foods!

### September: Colombia

Our "Taste the World" journey continues this month as we explore Colombia. Colombia is located at the top of South America. Colombia is the only country in South America with a coastline on the Pacific Ocean and the Caribbean Sea. Colombia is a land of extremes; snow covered volcanoes and mountains of the Andes, tropical beaches, and deserts and grasslands.



While learning about Colombia children will explore salsa dancing and music, which is an activity of the masses in Colombia.

While in the kitchen children will be making and tasting some Colombian dishes; Cocadas Blancas, which is Colombian style coconut candy, and Rascones, which are Colombian donuts. This month children and Providers will have a food drive, just in time for Thanksgiving.

### October: Costa Rica



The month of October brings us to Costa Rica. Did you know Costa Rica is Spanish for "rich coast"? Costa Rica is a land of lush rainforests, giant sea turtles, tropical birds and rugged mountain chains.

Costa Rica is home to over 2,000 species of trees, 9,000 kinds of flowering plants, 1,200 species of Orchids, 200 species of reptiles, and brightly coloured toads and frogs.

While learning about Costa Rica Children will be making their own Costa Rican butterflies, sea turtles, play games that local children play, and read stories about the country.

While in the kitchen children will be learning about good foods and bad foods while they play Red Light, Green Light, Eat Right. Of course they will also help prepare some local cuisine; Oven baked Sweet Plantains, Flan De Coco (Coconut Flan) and Gallo Pinto (black beans and rice).

Buen appetito!

