



# Wee Learn

Wee Beginners  
(0-18 months):  
8 Great Fall Activities  
for you and Baby



Without a doubt, fall is a favourite time of the year for many people. The cooler temperatures, the beautiful leaves, and the crisp fall air are just three of the many reasons some people love this time of year. Fall is also a wonderful time for family activities, and there's no reason your baby can't be part of the fun!

Here are 8 great autumn-themed activities to do with your baby:

1. Visit a local pumpkin patch with the whole family. Don't forget your camera on your baby's first trip to the pumpkin patch! There are so many adorable photo ops!
2. Have a fall feast! Prepare a fall-themed meal with baby and toddler friendly foods (think applesauce, pumpkin bread, roasted veggies, or soups).
3. Take baby along on a trip to an apple orchard. Enjoy a beautiful day outdoors at an apple orchard. It's a classic autumn activity that the whole family will love.
4. Create a leaf collage. Crafting with a baby can be so much fun. Take a walk on a crisp autumn day and collect leaves of different shapes, colors and sizes. With a little help, your baby will love making a collage for Grandma!
5. Take a trip to the library. Visit the library and find baby books that are all about the change in the season.
6. Make vegetable stamps. Make stamps using beets, squash, apples or any other fall foods and have your baby create a masterpiece with finger paints.
7. Host a "Falling for Fall" baby play date. Why not get together with some other mom and dad friends for some baby playtime fun? Make Fall the theme and plan activities around this wonderful time of year.

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