

# Human Factors Research Group



## Ground Avoidance Ground Escape (GAGE) & Spontaneous Knife Instructor



Human Factors Research Group (HFRG) is formally PPCT. Upon completion of the GAGE and/or the Spontaneous Knife instructor program, instructors will have the understanding and ability to return to their respective departments or academies and train officers in these proven techniques.

Some ground fighting systems advocate being comfortable on the ground and fighting from this posture. HFRG believes, because of the officer's equipment, restrictive clothing and the tremendous energy demands of the grappling arts, most officers are better able to control resistance from the standing position. These proven avoidance techniques are designed to stop a charging assailant and keep the officer on their feet. The ground escapes techniques give the officer the option of escaping a ground encounter and return to the standing position or, engage the suspect with control techniques.

The HFRG Spontaneous Knife Defense System is designed to meet the needs of a law enforcement or correction officer who are confronted by a spontaneous knife (edged weapon) assault and are unable to respond with their duty weapon. It is based upon a realistic, yet highly aggressive check-and-stun philosophy that employs gross motor skills that are compatible with the effects of survival stress. The course reviews the fundamentals of basic knife systems; common grips, types of strokes and lines of attack. Instruction will be given on defensive strategies for both stalking assaults and spontaneous assaults inside the reactionary gap.

The course instructor, Kevin Rize is a HFRG Associate Staff Instructor who has been teaching Human Factors Research Group programs for over 25 years and has trained instructors worldwide.

**Location:** Emmet County Sheriff Department, Petoskey MI

**Date:** Oct. 1-3, 2018 GAGE only  
Oct. 1-5, 2018 GAGE and Knife

**Cost:** Gage only \$325.00  
GAGE & Knife \$525.00

**Registration:** Kevin Rize, E-mail: [knrcontrol@aol.com](mailto:knrcontrol@aol.com) TX 734-716-6494

**These programs are physically demanding**

### **Equipment:**

- 1. Eye protection**
- 2. Loose clothing**
- 3. Duty belt**
- 4. Training weapon (if you have one)**