

# OCTOBER 2017

## Meal Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Sloppy Joes Buns Baked Beans Cooked Baby Carrots Fruit	3 Chicken Tetrazini Mixed Vegetables Bread Peach Dump Cake	4 Salisbury Steak/Gravy Mashed Potatoes Broccoli Bread Fruit	5 Fish/Tarter Sauce Mac and Cheese Peas Bread Fruit	6 Ham + Potato Casserole Corn + Lima Beans Fruit Cups
9 Chicken Tenders White Gravy Broccoli Medley Brown Rice Bread Fruit	10 Meat Loaf Steamed Yams Corn Casserole Bread Fruit	11 Spaghetti with Meat Sauce Italian Green Beans Rolls Fruit	12 Beef Tips Egg Noodles Seasoned Spinach Bread Pound Cake	13 King Ranch Casserole Pinto Beans Jello Cups
16 Beef Stew Tossed Salad Cornbread Baked Apple Crunch	17 BBQ Chicken Ranch Style Beans Potato Salad Bread Fruit	18 Beef Enchiladas Refried Beans Spanish Rice Guacamole Side Kicks	19 Ham Slices Corn Green Bean Casserole Bread Fruit	20 Ground Beef Stroganoff Broccoli Pudding Cups
23 Chicken and Dumplings Peas and Carrots Bread Fruit	24 Beef Meatballs with Gravy Buttered Egg Noodles Black Eyed Peas Bread Fruit	25 Sausage and Potatoes Red/Green Peppers Black Eyed Peas Bread Fruit	26 Honey Mustard Chicken Seasoned New Potato Cole Slaw Bread Fruit	27 Chili Mac Corn Rice Krispy Treats
30 Lasagna Green Beans Tossed Salad Garlic Bread Fruit	31 Pigs in a Blanket Carrot/Raisin Salad Tater Tots Fruit			<p><b>Note:</b></p> <p><b>Pork products</b> in ham slices, Italian meatballs, hot dogs &amp; pork loin.</p> <p><b>Beef only</b> in sausages &amp; hamburgers</p>

Fellowship Meals are served Monday - Fridays @11:30 am-12:00 pm, Suggested Donation \$3