BSBAC Activity Survey

Please answer the following questions. This survey is completely anonymous.

 1. Which fitness classes do you participate in or have been a participant? Check all that apply.

\_\_\_\_\_ Balance and Strength

\_\_\_\_\_ Ballet Barre

\_\_\_\_\_ Cardio and Strength

\_\_\_\_\_ Chair Fitness

\_\_\_\_\_ Easy Pace Aerobics

\_\_\_\_\_ Tai Chi

\_\_\_\_\_ Yoga (Monday)

\_\_\_\_\_ Yoga (Tuesday)

\_\_\_\_\_ Yoga (Wednesday)

\_\_\_\_\_ Zumba

2. Overall, how satisfied are/were you with the class(es)? Circle one.

 Dissatisfied 1 2 3 4 5 6 7 8 9 10 Very Satisfied

Do you have any suggestions/comments for the class(es) you attend(ed)? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3. Do you have any other suggestions regarding the fitness program at BSBAC?

(ex. additional classes, classes held at different times, etc.)

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4. Are there any social activities you would like to see added to the schedule?

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**Please return the completed survey to the suggestion box located in the foyer above the puzzle table.**