

# 18th Annual Run for the Hills

## 5K & 10 K RUN/WALK AND HEALTH FAIR/EXPO

### Race Registration Form

Please complete one form for each participant.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_ 5K ☐ or 10K ☐ Fee Due: \$ \_\_\_\_\_

EMAIL: \_\_\_\_\_ Gender: \_\_\_\_\_

D.O.B.: \_\_\_\_\_ Age on race day: \_\_\_\_\_

SCHOOL /BUSINESS/TEAM REPRESENTED: \_\_\_\_\_

SHIRT SIZE—Unisex Sizing \*\* (circle one) - Adult: S M L XL XXL Youth: S M L

\*\* T-shirt sizes are only guaranteed if registered by April 15<sup>th</sup>

☐ **Sleep Walker:** \$25.00 to support the Bulverde Spring Branch Activity Center Run for the Hills. I will pick up my shirt but skip the run!

Waiver: I know that this event is a potentially hazardous activity. I should not enter this event unless I am medically able and properly trained. I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue any person or organization or sponsor of participant for and all claims of liability for death, personal injury or property damage of any kind or nature whatsoever arising out or in the course of my participation in this event. This full and final release and waiver extends to all claims whatsoever, foreseen or unforeseen, known or unknown. Applicants under the age of 18 must have a parent/guardian sign this form. Entry fees are not refundable. No scooters, bicycles, etc. allowed on race route.

Athlete's Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_

- Medals for 1<sup>st</sup> Overall Male and Female
- Medals for top 3 in each age group by gender & Business with highest participation.
- Trophy for Most School Participation
- Free Health Screenings



#### Proceeds benefit the Bulverde Spring Branch Activity Center

*The mission of the Bulverde Spring Branch Activity Center is to enhance the lives of seniors through programs involving education, exercise, social activities, health and community service in an environment that provides opportunities for seniors to remain active and self-sufficient.*

The Bulverde Spring Branch Activity Center is a 501 (c) 3 Non-Profit organization and receives no city, county or federal funding.

Learn more at [www.bsac.com](http://www.bsac.com).

#### WHEN

**Saturday, May 6, 2017**

7:00 am Race day registration opens

7:45 am Registration closes

8:00 am Run promptly starts

#### WHERE

**Bulverde Spring Branch Activity Center**  
30280 Cougar Bend, Bulverde, TX 78163  
830-438-3111

#### REGISTRATION

##### **ONLINE**

[www.athleteguild.com](http://www.athleteguild.com)

Run for the Hills

Online registration thru 5/2/17

##### **IN-PERSON REGISTRATION**

*Bulverde Spring Branch Activity Center*  
30280 Cougar Bend, Bulverde, TX 78163  
Monday through Friday  
9 am – 3 pm

##### EARLY PACKET PICKUP

*Bulverde Spring Branch Activity Center*  
30280 Cougar Bend, Bulverde, TX 78163  
May 4 & 5  
9 am – 7 pm

#### REGISTRATION FEE

##### **Through April 22**

5K - \$25, 10K - \$30

##### **April 23 thru May 5**

5K - \$30, 10 K - \$35

##### **Race Day (May 6)**

5K - \$35, 10 K - \$40

*Payable to:*

**Bulverde Spring Branch Activity Center**  
Cash/Check/Credit Cards accepted

#### **MAIL PAPER REGISTRATION TO**

PO Box 353, Bulverde, TX 78163