

18th Annual Run for the Hills

5K & 10 K RUN/WALK AND HEALTH FAIR/EXPO

Race Registration Form

Please complete one form for each participant.

NAME: _____

ADDRESS: _____

PHONE: _____ **5K** or **10K** Fee Due: \$ _____

EMAIL: _____

D.O.B.: _____

Gender: _____

Age on race day: _____

SCHOOL/BUSINESS/TEAM REPRESENTED: _____

SHIRT SIZE—Unisex Sizing ** (circle one) - **Adult:** S M L XL XXL **Youth:** S M L

** T-shirt sizes are only guaranteed if registered by April 15th

Sleep Walker: \$25.00 to support the Bulverde Spring Branch Activity Center Run for the Hills. I will pick up my shirt but skip the run!

Waiver: I know that this event is a potentially hazardous activity. I should not enter this event unless I am medically able and properly trained. I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue any person or organization or sponsor of participant for and all claims of liability for death, personal injury or property damage of any kind or nature whatsoever arising out or in the course of my participation in this event. This full and final release and waiver extends to all claims whatsoever, foreseen or unforeseen, known or unknown. Applicants under the age of 18 must have a parent/guardian sign this form. Entry fees are not refundable. No scooters, bicycles, etc. allowed on race route.

Athlete's Signature _____ Date _____

Parent/Guardian's Signature _____ Date _____

- Medals for 1st Overall Male and Female
- Medals for top 3 in each age group by gender & Business with highest participation.
- Trophy for Most School Participation
- Free Health Screenings

Proceeds benefit the Bulverde Spring Branch Activity Center

The mission of the Bulverde Spring Branch Activity Center is to enhance the lives of seniors through programs involving education, exercise, social activities, health and community service in an environment that provides opportunities for seniors to remain active and self-sufficient.

The Bulverde Spring Branch Activity Center is a 501 (c) 3 Non-Profit organization and receives no city, county or federal funding.

Learn more at www.lsbac.com.



WHEN

Saturday, May 6, 2017

7:00 am Race day registration opens
7:45 am Registration closes
8:00 am Run promptly starts

WHERE

Bulverde Spring Branch Activity Center
30280 Cougar Bend, Bulverde, TX 78163
830-438-3111

REGISTRATION

ONLINE

www.athleteguild.com
Run for the Hills
Online registration thru 5/2/17

IN-PERSON REGISTRATION

Bulverde Spring Branch Activity Center
30280 Cougar Bend, Bulverde, TX 78163
Monday through Friday
9 am – 3 pm

EARLY PACKET PICKUP

Bulverde Spring Branch Activity Center
30280 Cougar Bend, Bulverde, TX 78163
May 4 & 5
9 am – 7 pm

REGISTRATION FEE

Through April 22

5K - \$25, 10K - \$30

April 23 thru May 5

5K - \$30, 10 K - \$35

Race Day (May 6)

5K - \$35, 10 K - \$40

Payable to:

Bulverde Spring Branch Activity Center
Cash/Check/Credit Cards accepted

MAIL PAPER REGISTRATION TO
PO Box 353, Bulverde, TX 78163