The information contained within is the consensus of the UroGPO Medical Advisory Group and is intended only as a suggested guideline for treatment for BPH. UroGPO Members are encouraged to review, discuss, and make adjustments as they see fit.
**Patient Evaluation**

- **Initial History, Physical, DRE, Urinalysis, PVR, IPSS/AUA-SI, Education / Behavior Modification**
  - Consider: PSA, Uroflow

- **Blot: Some Symptoms?**
  - Yes
    - **Currently On Drug Therapy for BPH?**
      - Yes
        - **Evaluate Drug Therapy, Discuss Other Therapeutic Treatment Options**
      - No
        - **Ongoing Evaluation Follow-Up Every 6 to 12 Months Urinalysis**
          - Consider: PVR
          - Consider: Annual Uroflow

- **No**
  - **Currently On Drug Therapy for BPH?**
    - Yes
      - **Evaluate Drug Therapy, Discuss Other Therapeutic Treatment Options**
    - No
      - **Medical Management - Initiate Drug Therapy, Discuss Other Therapeutic Treatment Options**

**Treatment - Drug Therapy**

- **Selective Alpha Blocker (Tamsulosin, Silodosin, or Alfuzosin)**
  - Assess Need for Selective Agent If Currently on Non-Selective Agent
  - Optional: PDE-5 Inhibitor (Tadalafil)

- **Follow-Up Visit 2 to 6 Weeks Urinalysis**
  - Consider: PVR

**Alternative Drug Therapy**

- Selective Alpha Blocker Plus Alpha Reductase Inhibitor
- Phosphodiesterase Inhibitor
- Anticholinergic

- **Discuss Procedural Based Therapeutic Treatment Options on Page 3**

**Patient Responsibility:**

- Complete IPSS/AUA-SI Questionnaire
- Review BPH Treatment Plan
- Review Treatment Timeline
- Review BPH Patient Packet and Video
- Understand Internal Referral Process (If relevant)
- Voiding Diary
- What is patient's main complaint?

**Treatment - Procedural Based Options**

- **Gland Size?**
  - < 30 CC
    - **Consider: Rezum™, Tumt or Tuna**
  - > 80 CC
    - **Consider: HoLAP/HoLEP**
  - 30 to 80 CC
    - **Median Lobe Obstruction?**
      - Yes
        - **Important to Preserve Ejaculatory Function?**
          - Yes
            - **Follow-Up Visit 2 to 4 Weeks UA, PVR - Consider: Urine Culture Based on UA Results**
          - No
            - **Follow-Up Visit 3 to 4 Months - Uroflow, PVR**
              - Consider: PSA for Reductive Procedure
          - **Follow-Up Visit 2 to 6 Weeks Urinalysis**
            - Consider: PVR
      - No
        - **Follow-Up Visit 2 to 4 Weeks Urinalysis**
          - Consider: PVR

**Physician/Navigator**

- Re-education of Procedural Based Therapeutic Treatment Options
- Patient follow-up

**Clinicians are always encouraged to use their discretion in therapy selection**