



Capitol Area Council
BSA Aquatics Supervision
**Swimming and Water
Rescue Training**

The Capitol Area Council Aquatics Committee is offering a course in Swimming and Water Rescue as part of Mega-Training.

This course provides leaders with information and in-the-water skills to prevent, recognize, and respond to swimming emergencies during unit swimming activities. It also expands awareness instruction provided by Safe Swim Defense training to include basic water rescue skills.

Successful completion of the Swimming and Water Rescue training will authorize students to conduct the standard BSA swim classification tests.

The Guide to Safe Scouting: It is strongly recommended that all units have at least one adult or older youth member currently trained in BSA Swimming and Water Rescue or BSA Lifeguard to assist in planning and conducting all swimming activities.

Where: Mega-Training at Lost Pines Scout Reservation, Bastrop.

When: Saturday, May 19th, 2018 (one-day starting at 8am).

Cost: \$50 for the class (including lunch, Aquatic Instructor workbook, and certification patch)

Registration: http://www.bsacac.org/training/outdoor_training/mega_training

- Limited Space! This course fills up quickly.

Health Forms: You must bring a copy of your Annual Health and Medical Record (Part A and B) to the training.

Swimming Requirement: You must be able to pass the requirements for a BSA "Swimmer" and a final written exam for completion. This training will train you to conduct the BSA Swim Checks, so students should expect to take the swim check more than once in addition to complete in-water rescue techniques.

The training is open to any registered adult leader, Scout, or Venturer, who is age 15 or older.

For additional information, contact Jim Beck at jimbeck@austin.rr.com.