2017 CMHO CONFERENCE
November 13 & 14, 2017  Hilton Toronto

BOLD IDEAS: Exploring Research, Elevating Practice, Influencing Policy

#CMHO2017  www.cmho.org
Bold Ideas: Delivering more effective child & youth mental health services

Children's Mental Health Ontario's 2017 conference welcomes more than 700 delegates who share a passion for delivering high quality, coordinated services to children, youth and families across Ontario.

We look forward to showcasing bold ideas and approaches to child and youth mental health care. Individuals from across healthcare are sharing their successful initiatives in order to scale and spread great work. With a goal of ensuring better outcomes for children, youth and families, our conference convenes children's mental health service providers and cross-sectoral partners, including those from hospitals, primary care, education, child welfare, youth justice and adult mental health.

This year's conference brings together Bold Ideas in many forms: from researchers who will share cutting-edge discoveries to inform practice to expert clinicians spearheading bold new methods – there are many valuable lessons to be learned from our colleagues.

Our keynote speakers include:
• **Dr. Joshua Tepper**, President and CEO at Health Quality Ontario. Always dynamic and engaging, Dr. Tepper is recognized internationally for his work to improve the quality of health care systems.
• **Dr. Charlotte Waddell**, Child and Adolescent Psychiatrist and Professor at Simon Fraser University. Dr. Waddell is Director of BC’s Child Health Policy Centre where she draws on research to inform and advocate for policy change in support of children’s mental health.
• **Dr. Jean Clinton**, Clinical Professor at McMaster University. A renowned advocate for children's issues, Dr. Clinton specializes in brain development and will deliver an engaging talk about the development of the teenage brain.
• **Dr. Marla Sokolowski**, University Professor at the University of Toronto. Dr. Sokolowski is an evolutionary biologist whose trailblazing research on genes and their interaction with the environment has made her an international authority on behavioural genetics.
• **Todd Leader**, Registered Psychologist and Social Worker, Leader is also a Professor in the Faculty of Science at St. Mary's University and a published author.
• **MPP Hon Michael Coteau**, Provincial Minister of Children and Youth Services. Minister Coteau is the MPP for the Don Valley East Riding.
• **Nancy Matthews**, is the Deputy Minister of Children and Youth Services and has served as a Deputy Minister since 2009.

Out of the 100+ high quality workshop submissions, clinicians and sector leaders came together to evaluate and select the workshops that best fit this year’s theme. Some key workshops include:
• KidsCantWait – CMHO’s Political Action Strategy
• Beyond Collaboration - Consortiums and Mergers as New Models to Achieve Higher Impact and Coherence in Human Services
• Intensive Family Services – Working Towards Empowering Parents to Reclaim Their Families
• Innovative and Adaptive Leadership Strategies to Manage Competing Ministry Directives and Continuous Funding Constraints

CMHO is proud to bring innovative leaders, researchers and clinicians together as we build a high quality child & youth mental health system.

Kimberly Moran
CEO
Children’s Mental Health Ontario
# Program at a Glance

## Sunday, November 12, 2017

**Keynote Presentation**  *How Boards in Child and Youth Sector Can Cultivate Learning Through Strategy*

*Ian Brunskill, Consulting Partner, MNP*

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## Monday, November 13, 2017

9:00 am – 9:20 am  *Opening Remarks*

9:20 am – 9:30 am  **Keynote Presentation**  *Report from the Youth Action Committee*

9:30 am – 9:40 am  **Keynote Presentation**  

*Hon. Michael Coteau, Minister of Children and Youth Services*

9:40 am – 10:10 am  **Keynote Presentation**  *Better Quality Care: Let’s be Bold!*

*Dr. Joshua Tepper, President and Chief Executive Officer of Health Quality Ontario*

10:10 am – 10:30 pm  *Break*

10:30 am – 12:00 pm  **Workshops**

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<td>MA2</td>
<td>The Intersection of FASD and Infant Mental Health: Applying a Trauma-Informed Lens for Children in the Child Welfare System</td>
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<td>Management and Organizational Leadership in Cultivating Sustainable Youth Engagement</td>
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<td>Peer-on-Peer Violence: Increasing Understanding to Enhance Intervention</td>
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<td>MA5</td>
<td>Digital Strategy to Support Clinical Practice Excellence</td>
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<td>MA6</td>
<td>Implementation of a Clinical Navigation: Holding and Supporting Families Through Their Service Journeys</td>
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<td>MA7</td>
<td>STEP in the Right Directions: Support, Treatment and Education for Preschoolers Residing in a Women's Shelter</td>
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<td>1:00 pm – 2:00 pm</td>
<td>Keynote Presentation Early Intervention: Exploring a Bold New Idea</td>
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<td>Dr. Charlotte Waddell, Children's Mental Health Policy: For the One and the Many</td>
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<td>2:00 pm – 3:30 pm</td>
<td><strong>Workshops</strong></td>
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<td>MP1  Beyond Collaboration – Consortiums and Mergers as New Models to Achieve Higher Impact and Coherence in Human Services (Part 1) – Part 1 of a two-part session (Part 2: MP9)</td>
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<td>MP2  The Profound Impact of Trauma and Early Childhood Experiences on Developmental Outcomes in the Young Parent and Child Dyad</td>
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<td>MP3  Mapping Community Infant and Early Mental Health Services in Ontario</td>
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<td>MP4  Beyond List-Giving: Exploring the Need for Youth and Family Mental Health and Addiction Navigation Services in Ontario and How it Can be Done</td>
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<td>MP5  The Road Ahead: Developing an Ideal Future State of Youth Mental Health and Addictions</td>
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<td>MP6  Factors that Best Identify Risk to Re-Engage in Aggressive Behaviours and the Best Support Treatment Interventions</td>
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<td>MP7  Surveillance Indicator Frameworks: Looking at Positive Mental Health and Suicide</td>
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<td>MP9  Beyond Collaboration – Consortiums and Mergers as New Models to Achieve Higher Impact and Coherence in Human Services (Part 1) – Part 2 of a two-part session (Part 1: MP1) — Sponsored by</td>
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<td>MP10 Intensive Family Services: Working Towards Empowering Parents to Reclaim Their Families</td>
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<td>MP11 Innovative and Adaptive Leadership Strategies to Manage Competing Ministry Directives and Continuous Funding Constraints</td>
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<td>MP12 A Multidisciplinary Approach to Embedding the Science of Infant and Early Mental Health</td>
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<td>MP13 Not a Unicorn: Bold and Innovative Programming for LGBTQ+ Children, Youth and Their Families</td>
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<td>MP14 Helping Kids Manage Stress: One School Board’s Experience in Building Resiliency Across a School District</td>
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<td>MP15 Let Our Voices Be Heard- New Path Evaluation Findings</td>
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<td>MP16 Aboriginal Children's Health and Well-Being Measure: Innovative Practices for Individualized Clinical Assessments and Intervention, Locally-Based Community Research and Evidence-Based Community Programming, and Opportunities for Influencing Policy</td>
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<td>5:00 pm</td>
<td>CMHO Members Only Reception</td>
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<tr>
<td>8:00 am – 8:55 am</td>
<td>Children’s Mental Health Ontario Annual General Meeting</td>
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<td>9:00 am – 9:10 am</td>
<td>Keynote Presentation Message from The New Mentality Youth Network</td>
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<td>9:10 am – 9:20 am</td>
<td>Keynote Presentation Nancy Matthews, Deputy Minister of Children and Youth Services</td>
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<td>9:20 am – 10:20 am</td>
<td>Keynote Presentation Cutting Edge Research to Elevate your Practice</td>
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<td>Dr. Marla B. Sokolowski – Gene-Environment Interplay: Biological Embedding of Experience</td>
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<td>Dr. Jean M. Clinton – The Teenage Brain Under Construction</td>
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<td>10:20 am – 10:30 am</td>
<td>Liz Manson Awards – Sponsored by SickKids</td>
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<td>TA2</td>
<td>Helping the Baby Walk-In: Including Infant and Caregiver Mental Health in Our Walk-In Settings</td>
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<td>Research Methods Designed for Residential Treatment Contexts: Ethnographic Elements of Mixed Method Approaches</td>
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<td>Supporting Children and Youth with Developmental Trauma: Assessing Commonly Presenting Symptoms and Identifying Optimal Interventions</td>
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<td>The Dragon’s Den Challenge: Demonstrating the Effectiveness of Youth Treatment</td>
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<td>TA7</td>
<td>Equipping Parents to Support Youth who Self-Injure: Essentials and Recommendations</td>
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<td>TA8</td>
<td>Promoting Mental Health and Well-Being in Schools: Elevating Practice and Influencing Policy Through Research</td>
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<td>12:15 pm – 1:00 pm</td>
<td>Lunch – Sponsored by</td>
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<td>Keynote Presentation Elevating Clinical Practice: Challenging the Status Quo Todd Leader – It’s Not About Us</td>
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<td>TP3</td>
<td>By Youth, For Youth: Principles, Tools, and Strategies for Engaging Young People</td>
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<td>Primary Care and Mental Health and Addictions in Ontario</td>
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<td>Innovative Ways of Supporting Young Victims of Human Trafficking</td>
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<td>TP7</td>
<td>Implementing the Choice and Partnership Approach: How an Innovative Service Delivery Model is Transforming the Delivery of Child and Youth Mental Health Care in Ottawa</td>
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3:15 pm – 3:30 pm  Break

3:30 pm – 5:00 pm  Workshops

- TP9  Transforming Our System of Care: The Here 24/7 Experience
- TP11  A Clinical Research Project Evaluating a Newly Structured, 4-Session Treatment Intervention for Anxiety Through a Multi-Site Clinical Trial
- TP12  Striving for Clinical Excellence: The Use of Data in Supervision
- TP13  Addressing Infant and Early Childhood Mental Health (IECMH) Through Collective Impact in Ottawa
- TP14  Co-Designing Prototypes for Improving Transitions from Youth to Adult Mental Health Services in Ontario: Integrating Implementation Science with Experience-Based Co-Design Methods
- TP15  Transformation Through Standardization and Collaboration: A Model for Continuous Quality Improvement of Services
- TP16  Pourquoi Pas? French Language Child and Youth Mental Health Services in Ontario

**Poster Presentations**

**Poster 1**  What Makes a Good Match? A Delphi Study Exploring the Features and Outcomes of a Successful Navigation Process for Families of Youth with Mental Health and/or Addictions Issues
*Roula Markoulakis*

**Poster 2**  A New Role in Human Services Specialized Therapeutic Mentoring
*Craig Thompson*

**Poster 3**  Creating a Trauma-Informed Culture of Care: Differences in Attitudes Towards Building Trauma-Informed Skills Between Direct and Indirect Care Staff at a Tertiary Children's Mental Health Facility
*Tom Ketelaars*

**Poster 4**  An Examination of the Relation Between Risk of Harm to Self and Others and Adverse Life Experiences in a Sample of Children and Youth in Ontario
*Kim Arbeau*

**Poster 5**  Evaluating a Peer Coaching Model to Effect Bold Complex Organizational Change
*Lesley Britton*

**Poster 6**  The Use of Nurse Practitioners in Improving Access to Mental Health Services for Transitional Aged Youth
*Cindy Pritchard*

**Poster 7**  Integration in Practice: Mental Health & Speech-Language Pathology
*Anna Rupert*
Poster 8  Yoga, Meditation and Practitioners: Effects of Mindfulness Practices on Child and Youth Mental Health and Social Service Workers
William Mekers

Poster 9  Preschool Mental Health: The Brief Child and Family Intake and Outcomes System for 3- to 5-year-olds
Alison Niccols

Poster 10  Towards a Common Assessment of Youth Functioning in Mental Health Settings: Reliability and Validity of the Columbia Impairment Scale with Transition-Aged Youth
Kristin Cleverley

Poster 11  Safe and Understood Cluster Randomized Control Trial (CRCT) of Embedded Parenting Intervention to Prevent Recurrence and Reduce Impairment in Young Children Exposed to Domestic Violence
Katreena Scott

Poster 12  Unmet Mental Health Need of Migrant Youth in Canada
Steven Ma

Poster 13  CanREACH ON: Bridging the Training Gap for Primary Care Practitioners in Child and Youth Mental Health
Angie Roberts

Poster 14  Care of Self and Engagement: Adopting a Successful Engagement Framework with Safe and Effective Use of Self at the Centre
William Mekers

Poster 15  The Baby Becomes the Teacher: Promoting Children’s Well-Being Through the Roots of Empathy Program
Lisa Bayrami

Poster 16  Young Parents of No Fixed Address (YPNFA) “Celebrating 20 Years of Bold Initiatives & Collaborations!”
Ann C. Stocker

Poster 17  Benchmarking the Effectiveness of Community Services for Youth with Anxiety Disorders
Carolyn Houlding

Poster 18  Thought Spot: Enhancing Help-Seeking for Transition-Aged Youth in Post-Secondary Settings with Mental Health Concerns
Genevieve Ferguson

Poster 19  Brief Therapy or Counseling-Therapy?... A Concise Tool for Guided Clinical Discussions
Steve Martin
Keynote Information

The Honourable Michael Coteau
MPP Don Valley East, Minister of Children and Youth Services

Michael Coteau was first elected to the legislature in 2011 as the MPP for Don Valley East. He was re-elected in 2014.

Coteau currently serves as Minister of Children and Youth Services, as well as Minister Responsible for Anti-Racism. He was previously Minister of Tourism, Culture and Sport, as well as Minister Responsible for the 2015 Pan/Parapan American Games, and before that Minister of Citizenship and Immigration in February 2013. Prior to entering government, Coteau served as a school board trustee for almost eight years.

As a trustee, Coteau worked to make schools more accessible to community groups that run after-school programs for children. He also served as the Vice-Chair of the Toronto District School Board and helped bring forward nutritional changes that increased awareness around student hunger and resulted in healthy food programs. In addition, he is a champion of the integration of technology in education.

Coteau is former CEO and Executive Director of a national literacy not-for-profit, Alpha Plus. He was also on the board of the Toronto Foundation for Student Success and on the board of the Toronto Lands Corporation. He has also worked as an ESL teacher and curriculum director.

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- HRT claims can involve discrimination, harassment, racism or wrongful dismissal.
- Your D&O policy will cover you for the settlement amount plus cover your defence costs too.

PRIVACY LIABILITY / CYBER
Do you know how often the healthcare field has a privacy breach?
- 85% of executives in healthcare organizations report being a target of at least one cyber attack in the last 2 years.
- Covers expenses related to restoring corrupted data and the loss of income caused by computer viruses.
- Covers expenses related to responding to a privacy breach.
- Lawsuits arising from the privacy breach or the inadvertent transmission of computer viruses.

FLOOD / OVERLAND WATER DAMAGE COVERAGE
Is flood covered for your properties?
- Flood is covered under the CMHO Commercial Insurance Program.
- Water damage has taken over from fire as the leading cause of property damage in Canada.

GERRY OLSTHOORN
B.A., VP, Business Development
golsthoorn@mcleanhallmark.com

T: 416 642 6071 | F: 1 888 404 0000
Dr. Joshua Tepper, MD, MPH, MBA
President and Chief Executive Officer of Health Quality Ontario

Dr. Tepper is a family physician and the President and Chief Executive Officer of Health Quality Ontario (HQO). An arm's length agency of the provincial government, HQO works in partnership with Ontario’s health care system to support a better experience of care and better outcomes for Ontarians. Prior to HQO, Dr. Tepper was the inaugural Vice President of Education at Sunnybrook Health Sciences Centre. As Vice President, he was responsible for Sunnybrook’s educational strategy and programming for learners, physicians and staff, patients and their families and the community. Prior to joining Sunnybrook, Dr. Tepper was Ontario’s first Assistant Deputy Minister (ADM) in the Health Human Resources Strategy Division of the Ministry of Health and Long-Term Care. As the ADM, he led the HealthForceOntario health human resources strategy to ensure that Ontarians have access to the right number and mix of qualified health care providers, now and in the future.

In addition to his involvement in health policy and research at the provincial level, Dr. Tepper has also been active on a national scale as the senior medical officer for Health Canada, an adjunct scientist at the Institute for Clinical Evaluative Sciences (ICES), and a research consultant for the Canadian Institute of Health Information (CIHI). He has received several provincial and national awards for his leadership in these positions.

Dr. Tepper has always remained in active practice serving marginalized populations and taking on clinical leadership roles. Previously, he served as the Medical Director for the Inner City Health Associates, President of the Inner City Family Health Team and as Vice-President of the Society of Rural Physicians. Currently, Dr. Tepper practices in the St. Michael’s Hospital Family Health Team and in the Emergency Department at North York General Hospital.

Dr. Tepper holds a degree in Public Policy from Duke University, a medical degree from McMaster University, a Master of Public Health from Harvard, and his executive Master of Business Administration at the Richard Ivey School of Business. He completed residency at the University of Toronto.

Leading the way in Children’s Mental Health

Join us, and the many Children’s Mental Health agencies across the Province that are part of the EMHware Family!

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Dr. Charlotte Waddell  
Canada Research Chair in Children’s Health Policy, Professor, Faculty of Health Sciences at Simon Fraser University and Director of the Children’s Health Policy Centre

Charlotte is a child and adolescent psychiatrist with longstanding interests in health policy and population and public health. She holds the Canada Research Chair in Children’s Health Policy and is Professor in the Faculty of Health Sciences at Simon Fraser University (SFU), where she is also Director of the Children’s Health Policy Centre. After her basic training at UBC, Charlotte worked with First Nations communities across BC before going on to complete her MD followed by residencies and research training at McMaster University. She held faculty appointments at McMaster and UBC before joining SFU in 2006. Charlotte’s research focuses on improving social and emotional wellbeing for all children, and on the public policies needed to reach this goal. With academic and policy partners, she co-leads the BC Health Connections Project – a randomized controlled trial assessing the effectiveness of the Nurse-Family Partnership program, which aims to improve child mental health and developmental outcomes starting very early in the lifespan. She also leads the Children’s Mental Health Research Quarterly project – an ongoing series of systematic reviews on effective prevention and treatment interventions for children, aimed at informing policy and practice. In addition to her research, Charlotte teaches at SFU and consults with policymakers at the regional, provincial and federal levels. She also continues to work as a psychiatrist with disadvantaged children and youth – who inspire and inform every aspect of her research and teaching.
Nancy Matthews
Deputy Minister of Children and Youth Services

Nancy Matthews was appointed Deputy Minister of Children and Youth Services in October of 2016.

Nancy began her public service career at the Municipality of Metropolitan Toronto and City of Toronto, where she held senior positions in human services planning, policy development and delivery particularly related to serving children, youth and families.

Since 2009, Nancy has been an Assistant Deputy Minister with the Ontario government. She began her Ontario Public Service (OPS) career in the Ministry of Children and Youth Services Service Delivery Division. In 2013, she moved to the Ministry of Environment and Climate Change as Assistant Deputy Minister of Operations. In October of 2015, Nancy joined the Ministry of Education as Assistant Deputy Minister of the Early Years Division and served as interim Deputy Minister of Education from June to October of 2016.

Nancy holds a master of science in human ecology from the University of Manitoba.

Dr. Marla B. Sokolowski
PhD, FRSC
University Professor

Dr. Marla Sokolowski is a University Professor in the Department of Ecology and Evolutionary Biology at the University of Toronto. Her research is esteemed worldwide as a clear, integrative mechanistic paragon of the manner in which genes interact with the environment to impact behaviour. She trail-blazed the development of a branch of Behaviour Genetics that addresses the genetic and molecular bases of natural individual differences in behaviour and is best known for her discovery of the foraging gene. She has over 140 publications, given 250 invited lectures and multiple international distinguished visiting professorships. She was awarded a Fellow of the Royal Society of Canada (RSC) in 1998 for her pioneering work in the field of Behavioural Genetics and held a Tier 1 Canada Research Chair in Genetics and Behavioural Neurology from 2001-2015.

Dr. Sokolowski’s awards include: the Genetics Society of Canada’s Award of Excellence (2007), University Professorship (2010), Senior Fellow of the Canadian Institute for Advanced Research (CIFAR) and the Queen Elizabeth II Diamond Jubilee Medal both in 2013 and the Distinguished Investigator Award from the International Behaviour and Neurogenetics Society (2014). She directed the Life Sciences Division of the Academy of Sciences of the RSC from 2009-2012 and she currently co-directs the Child and Brain Development Programme of CFAR where she is the Weston Fellow.
Jean M Clinton
BMus MD FRCP(C)
Clinical Professor McMaster University, Department of Psychiatry and Behavioural Neurosciences

Dr. Jean Clinton is a Clinical Professor in the Department of Psychiatry and Behavioural Neurosciences at McMaster University (division of Child Psychiatry). She is on staff at McMaster Children's Hospital with cross appointments in Pediatrics and Family Medicine, and an Associate in the Department of Child Psychiatry, University of Toronto and Sick Children's Hospital. She is also a senior scientist at the INCH (INfant Child Health) Lab at McMaster University. In addition she is a Fellow of the Child Trauma Academy. She has been a consultant to children and youth mental health programs, child welfare, and primary care for almost 30 years. Dr Clinton was recently appointed as an education advisor to the Premier of Ontario and the Minister of Education.

Dr. Clinton is renowned locally, provincially, nationally, and more recently internationally as an advocate for children's issues. Her special interest lies in brain development, and the crucial role relationships and connectedness play therein. Jean champions the development of a national, comprehensive child well-being strategy including a system of early learning and care for all young children and their families. She is equally committed to ensuring that children's and youths' needs and voices are heard and respected.

Todd Leader
Registered Psychology and Social Worker, Professor in the Faculty of Science at St. Mary's University

Todd Leader is a Registered Psychologist, a Registered Social Worker and a professor in the Faculty of Science at St. Mary's University. He was appointed by the Nova Scotia Minister of Health and Wellness to the Ministerial Advisory Panel on Innovation in Mental Health and Addictions. He has been the President of the Public Health Association of Nova Scotia, and a member of the Board of Directors of the Canadian Public Health Association. He is also the President of the Association of Psychologists of Nova Scotia, and the Vice President of the Nova Scotia College of Social Workers.

For the last 27 years Todd has been an advocate for client-centered health services and evidence-based healthy public policy in mental health, addictions, and primary health care. Most recently Todd has written a book called "It's Not About Us; The Secret to Transforming the Mental Health and Addiction System in Canada". He currently works as a consultant and speaker helping to lead client-centered system improvements.

Todd has earned two international best practise awards for his work in health services, a leadership award for excellence in women's health, and the Overall Excellence in Teaching Award from Saint Mary's University Student Association.
Pre-Conference Session: Developing Effective Governance Capacity
Developing effective governance capacity is a key priority for child and youth mental health agencies, particularly during a time of sector transformation. CMHO members and community sector leaders are working on interesting board governance capacity-building projects and will share advice from their work, along with practical tips and tools, to build and strengthen the skills of board members and community agencies.

Sponsored by

Keynote Presenter: Ian Brunskill, Consulting Partner, MNP
Ian Brunskill, MBA, is a Management Consulting Partner with MNP in Toronto. Ian works with health and social service organizations to successfully plan and implement major strategic initiatives and organizational transformations. With more than 25 years of consulting and leadership experience, Ian has a proven track record of delivering results while building client organizational capacity. Ian’s recent engagements have been focused upon helping clients in Canada and internationally successfully plan and implement significant change and service delivery redesign initiatives, organizational transformations and service integration. He asks his clients to challenge their assumptions, and pushes them to thinking in creative and innovative ways to better meet the needs of the clients, patients and communities they serve. Ian earned his MBA in Health Services Management at McMaster University. He is a Certified Health Executive and a Certified Management Consultant.

Keynote Address: How Boards in the Child and Youth Sector Can Cultivate Learning Through Strategy
• How is transformation reshaping our field and our organizations?
• How can we instill trust in our stakeholders and keep their best interests at the forefront?
• How can we ensure our organizations are ready to meet future challenges and opportunities?

Learn how the most effective boards use the strategic planning process as an opportunity for continuous learning, rather than an exercise in process planning.

Pre-Conference Workshops on Governance – Session 1

Legal Overview for Board Members
Presenter: Nick Pasquino, Partner, Borden Ladner Gervais
An overview for new board members, or a refresher for longer-term members, this workshop will present legal liabilities and responsibilities related to due diligence for all Board Members in the context of system transformation.

Risk Management
Presenter: Cathy Paul, CEO, Kinark Child and Family Services
Develop your Board’s appetite for risk by discussing the upsides and downsides of calculated risk. Consider the nature of risks currently facing organizations, including brand and reputation risk, innovation risk, strategy and business model risk and more. Learn how your board can identify and monitor the most significant risks facing your organization.

Generative Governance (Note: This session is also offered after the break to accommodate demand)
Presenter: Michelle Hurtubise, Executive Director, The Ontario Centre of Excellence for Child and Youth Mental Health
Adopting a generative governance model can help your board navigate complex issues in fast-moving times. This workshop will provide insight into how generative governance can help your board to build resiliency in periods of uncertainty.
Boards as Advocates – Part 1 of 2  
**Presenter: Robbin Tourangeau, Executive Director, Leadership Council on Digital Infrastructure**  
Demystify how public policy decisions get made with this Advocacy 101 workshop. Learn about how public policy is developed and the key processes of government that provide opportunities for influence. Learn how to be a more strategic influencer and how boards can best position themselves to participate in the political process. **Part I of II Sessions**

**BREAK**

Pre-Conference Workshops on Governance – Session 2  
**Quality Management**  
**Presenter: Paula Blackstien-Hirsh, Institute of Health Policy, Management and Evaluation, University of Toronto**  
Boards are responsible for providing service quality oversight, however, many board members do not know how to do this at a strategic level, without getting into operational management. This workshop will explore how boards can develop an oversight framework to oversee and manage quality within their organization.

**Generative Governance (Note: This session is also offered before the break to accommodate demand)**  
**Presenter: Michelle Hurtubise, Executive Director, The Ontario Centre of Excellence for Child and Youth Mental Health**  
Adopting a generative governance model can help your board navigate complex issues in fast-moving times. This workshop will provide insight into how generative governance can help your board to build resiliency in periods of uncertainty.

**Health Equity Impact Assessment Tools**  
**Presenter: Dharshi Lacey, Director, Diversity & Governance, Pillar Nonprofit Network**  
As more organizations move towards ensuring that they are reflective of the communities that they serve, Boards are reflecting on their own equity assessments. This session will examine how boards can look at their own processes for equity bias and develop strategies to address them.

Boards as Advocates – Part 2 of 2  
**Presenter: Robbin Tourangeau, Executive Director, Leadership Council on Digital Infrastructure**  
Learn how to apply your learning from Part 1 (delivered before the break) to advocate for investments in children’s mental health at the political level. Learn how and when to approach your MPP, the role of the media and social media, and how to make the most of important opportunities in your community.
Workshop Information

**MA1** Influencing Public Policy: Election 2018 – CMHO Members Only – Part I of II Sessions (TA1)
  *John Duffy*, Owner, StrategyCorp

**MA2** The Intersection of FASD and Infant Mental Health: Applying a Trauma-Informed Lens for Children in the Child Welfare System
  *Mary Motz*, Clinical Psychologist, Early Intervention Department, Mothercraft
  *Margaret Leslie*, Director, Child and Family Services, Mothercraft

**MA3** Management and Organizational Leadership in Cultivating Sustainable Youth Engagement
  *Caralyn Quan*, Senior Program Manager, The New Mentality
  *Mary-Anne Leahy*, Network Coordinator, The New Mentality

**MA4** Peer-on-Peer Violence: Increasing Understanding to Enhance Intervention
  *Glenys Currie*, Director of Quality and Risk Management, Banyan Community Services
  *Patrick McCowell*, Director of Residential Services, Banyan Community Services

**MA5** Digital Strategy to Support Clinical Practice Excellence
  *Karim Ramji*, Chief Information Officer, Kinark Child and Family Services
  *Laurel Johnson*, Clinical Director of Community Mental Health, Kinark Child and Family Services

**MA6** Implementation of a Clinical Navigation: Holding and Supporting Families Through Their Service Journeys
  *Stacey MacNeil*, Clinical Manager – Community Clinical, Blue Hills Child and Family Centre
  *Simone Shindler*, Clinical Supervisor – Community Clinical, Blue Hills Child and Family Centre
  *Lisa Chotowetz*, Community Clinical, Blue Hills Child and Family Centre
  *Samantha Cohen*, Community Clinical, Blue Hills Child and Family Centre

**MA7** STEP in the Right Direction: Support, Treatment and Education for Preschoolers Residing in a Women’s Shelter
  *Dr. Paula Barata*, Associate Professor, University of Guelph
  *Raghida Mazzawi*, Supervisor of Community Counselling, Nova Vita Domestic Violence Prevention Services
MP1 Beyond Collaboration – Consortiums and Mergers as New Models to Achieve Higher Impact and Coherence in Human Services – Part I of II Sessions (MP9)

*Lydia Sai-Chew*, Co-CEO, Skylark Children Youth and Families
*Marg Campbell*, Co-CEO, Skylark Children Youth and Families
*Tony Diniz*, CEO, Child Development Institute
*Dr. Peter Szatmari*, Chief of the Child and Youth Mental Health Collaborative, Hospital for Sick Children

MP2 The Profound Impact of Trauma and Early Childhood Experiences on Developmental Outcomes in the Young Parent and Child Dyad

*Tonya Verburg*, Executive Director, Monica Place
*Patti Pikett*, Manager of Residential and Community Support, Monica Place
*Eva Lukacsovics*, Counsellor, Monica Place

MP3 Mapping Community Infant and Early Mental Health Services in Ontario

*Dr. Chaya Kulkarni*, Director of Infant Mental Health Promotion (IMHP), The Hospital for Sick Children

MP4 Beyond List-Giving: Exploring the Need for Youth and Family Mental Health and Addiction Navigation Services in Ontario and How it Can be Done

*Staci Weingust*, Administrative Director, Family Navigation Project at Sunnybrook

MP5 The Road Ahead: Developing an Ideal Future State of Youth Mental Health and Addictions

*Gail Czukar*, CEO, Addictions and Mental Health Ontario
*Olga Amza*, Senior Policy Advisor, Ministry of Children and Youth Services

MP6 Factors that Best Identify Risk to Re-Engage in Aggressive Behaviours and the Best Support Treatment Interventions

*Zameena Hussain*, High Risk Therapist, Pathstone Mental Health
*Bill Helmeczi*, Director of Mental Health, Pathstone Mental Health

MP7 Surveillance Indicator Frameworks: Looking at Positive Mental Health and Suicide

*Robin Skinner*, Senior Analyst, PHAC
MP9  **Beyond Collaboration – Consortiums and Mergers as New Models to Achieve Higher Impact and Coherence in Human Services – Part II of II Sessions (MP1)**  
*Lydia Sai-Chew, Co-CEO, Skylark Children Youth and Families*  
*Marg Campbell, Co-CEO, Skylark Children Youth and Families*  
*Tony Diniz, CEO, Child Development Institute*  
*Dr. Peter Szatmari, Chief of the Child and Youth Mental Health Collaborative, Hospital for Sick Children*

MP10  **Intensive Family Services: Working Towards Empowering Parents to Reclaim Their Families**  
*Katherine Bodkin, Intensive Family Support Services, Craigwood Youth Services*  
*Mike Serwatuk, Intensive Family Support Services, Craigwood Youth Services*

MP11  **Innovative and Adaptive Leadership Strategies to Manage Competing Ministry Directives and Continuous Funding Constraints**  
*Dr. Rosemary Vito, MSW, PhD, RSW, Assistant Professor, School of Social Work, Kings University College at Western University*

MP12  **A Multidisciplinary Approach to Embedding the Science of Infant and Early Mental Health**  
*Dr. Chaya Kulkarni, Infant Mental Health Promotion*

MP13  **Not a Unicorn: Bold and Innovative Programming for LGBTQ+ Children, Youth and Their Families**  
*Washington Silk, MSW, RSW, OK2BME Program Coordinator, Public Educator and Therapeutic Counsellor, OK2BME Program*  
*Spencer Small, MSW, RSW, Therapeutic Counsellor and Public Educator, KW Counselling Services – OK2BME Program*

MP14  **Helping Kids Manage Stress: One School Board’s Experience in Building Resiliency Across a School District**  
*Deanna Swift, PhD, C.Psych, Chief Psychologist, Manager Professional Student Services and Mental Health Lead, Kawartha Pine Ridge District School Board*  
*Leslie Walberg-Hegan, RSW, Ed. D, School Board Counsellor, Kawartha Pine Ridge District School Board*  
*Catherine Willinsky, MS, Program Consultant, The Psychology Foundation of Canada*

MP15  **Let Our Voices Be Heard – New Path Evaluation Findings**  
*Lisa Kalfus, Supervisor, New Path Child and Family Services*  
*Sharif Mahdy, Associate Director, The Students Commission of Canada*

MP16  **Aboriginal Children’s Health and Well-Being Measure: Innovative Practices for Individualized Clinical Assessments and Intervention, Locally-Based Community Research and Evidence-Based Community Programming, and Opportunities for Influencing Policy**  
*Morgan Purdy, BA, BSW, Systems Navigator, Ottawa Inuit Children’s Centre*  
*Lynda Brown, BA Hon, Manager of Youth Programs, Ottawa Inuit Children’s Centre*  
*Nancy Young, BSc PT, MSc, PhD, Research Chair in Rural and Northern Children’s Health Professor, Laurentian University*
Engaging the Public, Engaging Government: Execution of an Integrated GR and PR Campaign – “Kids Can’t Wait” – CMHO Members Only – Part II of II Sessions (MA1)

Helping the Baby Walk-In: Including Infant and Caregiver Mental Health in Our Walk-In Settings
Mary Rella, Manager, Community and Counselling Services, Skylark Children, Youth and Families

Research Methods Designed for Residential Treatment Contexts: Ethnographic Elements of Mixed Method Approaches
Dr. Kiara Gharabaghi, Associate Professor, Ryerson University
Dr. Alex Elkader, Director, Research and Outcome Measurement, Kinark Child and Family Services

Work Load Overload: The Development and Implementation of a Work Load Review Process that Mitigates Risks Using Collaborative Resolutions
Mark Fraser, Director of System Management and Quality, Child and Family Centre (Sudbury)

Supporting Children and Youth with Developmental Trauma: Assessing Commonly Presenting Symptoms and Identifying Optimal Interventions
Leticia Gracia, Director of the Community Clinic, The George Hull Centre
Dr. Taylor Armstrong, Child and Adolescent Psychiatrist, The George Hull Centre

The Dragon’s Den Challenge: Demonstrating the Effectiveness of Youth Treatment
Dr. Laura Mills, Director, Research & Evaluation, Pine River Institute

Equipping Parents to Support Youth who Self-Injure: Essentials and Recommendations
Alexis E. Arbuthnott, PhD Candidate, University of Guelph

Promoting Mental Health and Well-Being in Schools: Elevating Practice and Influencing Policy Through Research
Kathy Short, Director, School Mental Health ASSIST
Myra Stephen, Education Officer, Policy, Priorities and Engagement Branch, Ministry of Education
Lisa Lumley, Manager, Special Education/Success for All Branch, Ministry of Education

REMOVING BARRIERS TO CARE

Strongest Families Institute (SFI), a charitable organization:
- provides evidence-based services to children, youth and families when and where they need it
- has strong impacts on mental health and well being, school performance and attendance
- strengthens social and family relationships
- cost-effective
- dedicated to measuring and reporting on outcomes

IRIS platform:
- sophisticated staff management interface
- data collection and robust reporting tool
- an interactive intervention, research or education platform

Strongestfamilies.com
Irisplatform.com

Tuesday, November 14, 2017 | 10:30 am – 12:00 pm
TP1 Introducing the Scoring Tool for Assessing Residential Treatment (START): Measuring Critical Success Factors in Mental Health Residential Treatment for Children and Youth

Dr. Claire Baxter, Research and Evaluation Advisor, Kinark Child and Family Services
Dr. Laurel L. Johnson, Clinical Director, Community Mental Health, Chief of Psychology, Kinark Child and Family Services
Larry Shaw, Project Lead, Strategic and Operational Initiatives, Kinark Child and Family Services
Dr. Alex Elkader, Director, Research and Outcome Measurement, Kinark Child and Family Services

TP3 By Youth, For Youth: Principles, Tools, and Strategies for Engaging Young People

Cherrilyn Birchwood, PhD Candidate; Children and Youth in Challenging Contexts Network, Youth Action Committee member
Alicia Raimundo, Children and Youth in Challenging Contexts Network, Youth Action Committee Co-chair

TP4 Primary Care and Mental Health and Addictions in Ontario

Camille Quenneville, CEO, Canadian Mental Health Association – Ontario
Kim Moran, CEO, Children’s Mental Health Ontario
Robin McAndrew, Director, Mental Health and Addictions Services, Sandy Hill Community Health Centre
Dr. Jonathan Bertram, Staff Physician, Addictions Medicine Service, Centre for Addictions and Mental Health

TP5 Adolescent Distress and Safety – A New Approach in the Emergency Department

Dr. Jeremy Butler, Lead Psychiatrist – Emergency Mental Health Services, Halton Healthcare
Lisa-Marie Burka-Daniels, Patient Care Manager – Mental Health, Halton Healthcare

TP6 Innovative Ways of Supporting Young Victims of Human Trafficking

Nicole Biros-Bolton, Manager of Advocacy & Human Trafficking Programs, Boost Child & Youth Advocacy Centre
Emmie Dekort-Henderson, Research Student

TP7 Implementing the Choice and Partnership Approach: How an Innovative Service Delivery Model is Transforming the Delivery of Child and Youth Mental Health Care in Ottawa

Francine Gravelle, Director of Mental Health Services, Youth Services Bureau of Ottawa
David Murphy, Manager Mental Health Outpatient Services and Mental Health Quality Improvement, Children’s Hospital of Eastern Ontario
Michael Hone, Executive Director, Crossroads Children’s Centre
Monica Armstrong, System Planner, Youth Services Bureau of Ottawa

SafeGuards Training Streams
Evidence-Informed | Relevant | Responsive | Practical | Accessible | Affordable
Trauma-Informed Practice
Assessment and Treatment Planning
Trauma Focused Interventions
Crisis Intervention
Treating Trauma Effects
SocioCultural Perspectives
Health & Wellbeing
Respite

Learn about customized in-service training and upcoming sessions. Visit www.safeguards-training.net
TP9  Transforming Our System of Care: The Here 24/7 Experience
Helen Fishburn, Senior Director of Services and System Transformation, Canadian Mental Health Association, Waterloo Wellington
Meredith Gardiner, Director of Here 24/7, Canadian Mental Health Association, Waterloo Wellington

TP11 A Clinical Research Project Evaluating a Newly Structured, 4-Session Treatment Intervention for Anxiety Through a Multi-Site Clinical Trial
Everett McGuinty, Adjunct Professor, University of Western Ontario

TP12 Striving for Clinical Excellence: The Use of Data in Supervision
Marjory Phillips\textsuperscript{Ph.D., C.Psych.}, Director, Program Development, Research & Quality Assurance, Child Development Institute
Elizabeth Ward, Quality Assurance and Information Systems Coordinator, Chatham Kent Children’s Services
Linda Yuval\textsuperscript{Ph.D.}, Director of Performance Measurement and Improvement, Peel Children’s Centre
Michelle Dermenjian, Lead Agency Lead and Senior Manager, Quality, Research, Evaluation, and Psychology, Hands the Family Help Network
Jonathan Golden, Director of Service, Jewish Family & Child
Diane Walker, Executive Director, Children’s Centre Thunder Bay

TP13 Addressing Infant and Early Childhood Mental Health (IECMH) Through Collective Impact in Ottawa
Harpreet Grewal\textsuperscript{R.N.}, Family Health Specialist (A), Ottawa Public Health, Health Promotion Disease Prevention Branch, Family and School Health Division
Benjamin Leikin, Supervisor, Mental Health at Ottawa Public Health
Clarissa Arthur, Communications and Fundraising Manager, Youville Centre

TP14 Co-Designing Prototypes for Improving Transitions from Youth to Adult Mental Health Services in Ontario: Integrating Implementation Science with Experience-Based Co-Design Methods
Gillian Mulvale, Associate Professor, Health Policy and Management, McMaster University
Ashleigh Miatello, Doctoral Candidate, Health Policy, McMaster University
Heather Bullock, Doctoral Candidate, Health Policy, McMaster University
Sam Brandow, Masters Candidate, Epidemiology, Western University

TP15 Transformation Through Standardization and Collaboration: A Model for Continuous Quality Improvement of Services
Shaun Baylis, CEO, Pathstone Mental Health
Bill Helmeczi, Director of Mental Health, Pathstone Mental Health

TP16 Pourquoi Pas? French Language Child and Youth Mental Health Services in Ontario
Raymond Lemay, Principal Consultant, L-R Lemay Consultants
Purnima Sundar, Director, Knowledge Mobilization, The Ontario Centre of Excellence for Child and Youth Mental Health
Laura Kelly, Program Associate, The Ontario Centre of Excellence for Child and Youth Mental Health
Michelle Hurtubise, Executive Director, The Ontario Centre of Excellence for Child and Youth Mental Health
Meet MHACY!

CIHI’s new Mental Health Assessment for Children and Youth (MHACY) Program, based on interRAI’s Child and Youth Mental Health suite of tools, will support the delivery of better mental health care for children and their families. It will provide care providers with timely, evidence-based information for clinical decisions and care planning.

The program will allow agencies to

- Measure outcomes and determine whether a person’s health is improving
- Compare results with those of their peers
- Easily share successful practices
- Assess whether their programs are providing value for money

Any child and youth mental health agency in Ontario that is funded by the Ontario MCYS can participate in the MHACY Program.

Questions?
mhacy@cihi.ca