

BLUE RIDGE SCHOOL

FOOTBALL CAMP
August 20, 2018

Football Camp Packing List:

- Athletic clothes for football practices and workouts - 3 to 4 practices/workouts a day
- Football cleats and athletic shoes (tennis shoes) to wear for indoor/outdoor workouts and practices
- Comfortable clothes/shoes to wear at the hotel and on outings such as movies
- Toiletries such as deodorant, soap, shampoo, shaving cream, razor
- Towels and wash cloths if they do not want to use hotel supplies
- Sunblock and/or bug spray if needed
- Phones or other electronic devices to use when applicable
- Any medications they may need to take (these should go to the nurse at Registration).