

Retreat Checklist: PreConfirmation Retreats!

The Episcopal Diocese of Massachusetts

Office of Youth Ministries

What to BRING:

- Sleeping bag
- Pillow
- Towel
- Toiletries
- Water bottle
- Clearly labeled medications (which will be given to chaperones to dispense)
- WARM CLOTHES
- Jacket, hat, gloves, scarf (depending on forecast—be prepared for the cold!)
- Weather-proof shoes (depending on forecast)
- Flashlight
- Homework or reading (for our 'siesta' and homework time!)
- Filled out registration forms!
- An open heart and a sense of humor!

What NOT to bring:

- Your phones, ipods, video games, smartphones, etc (we will ask you to turn them off and put them away if you bring them!).
- Any medication which is NOT yours, and for which you do NOT have a prescription.
- Anything you would be heartbroken about losing or which is irreplaceable.
- Weapons: this includes army knives, multi-tools, lighters, matches, etc.

Any questions? Unsure? Email H. Mark Smith (hmsmith@diomass.org)!