

Hello,

I'm Jane Stelboun, founder of Sarasvate (Yoga Designed for the Brain), and a member of GROWS.

I'm working alongside the Alzheimer's Research and Prevention Foundation (based in Tucson, Arizona) to offer a training in Washington D.C. in October at the American University Washington College of Law that I believe would be of interest to many of our members. It's called the Brain Longevity®Therapy Training program and it's geared towards anyone who works with seniors, especially nurses, social workers, integrative healthcare providers to teach about integrative yoga therapies that work towards healthy aging and brain health. 20 CEUs will be provided.

The event is October 12-14 but there is an informational webinar on July 16 at 7PM that I'd like to announce. The first early bird pricing is up on July 30th so I thought some people might like to get in early.

For more information you can go here: <http://alzheimersprevention.org/training/>

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