

# 11th Annual Symposium



*Putting the Pieces Together Strategies for Suicide Prevention*



Tuesday, December 11, 2018  
8:00 AM - 3:30 PM  
The Melville Marriott Hotel  
1350 Old Walt Whitman Road  
LIE North Service Road, Melville, NY

Sponsored by:



**American Foundation for Suicide Prevention**

New York Long Island



**Office of Mental Health**

## Keynote Speaker **Dr. Christine Moutier**



*Chief Medical Officer for the American Foundation for Suicide Prevention*

### Suicide Prevention and Social Media: What we Know and What We Don't

Dr. Christine Moutier, will help us make sense of the current body of data regarding risk of suicide among our youth and young adults, the rise in the rate of teen and young adult death due to suicide, and specifically, how we can use what is known about the impact of social media in our work to identify, address and reduce risk. What are the conversations that we should be having with youth and young adults and how do we frame those conversations? In addition, Dr. Moutier will discuss cyberbullying and risk of suicide.

#### **Who should attend ....**

- ◆ Emergency Responders
- ◆ Medical Professionals
- ◆ Military Personnel and Veterans
- ◆ School Personnel
- ◆ Students
- ◆ Mental Health Professionals
- ◆ Suicide Survivors
- ◆ Clergy
- ◆ Anyone interested in the topic of suicide prevention

#### **??Questions??**

#### **Conference Content:**

Meryl Cassidy 631-751-7620

#### **Sponsorship/Vendor Information**

**\*\*Pre-registration for Vendors is required\*\***

Linda Sherlock-Reich: (516) 250-6048  
reich.linda@catholiccharities.cc

#### **Registration/Conference Payment:**

Alexis Rodgers: 631-471-7242 ext. 1315  
arodgers@mhaw.org

#### **Suicide Prevention Coalition of Long Island**

#### **Co-Chairs**

Meryl Cassidy and Philip Schoppmann

#### **Conference Planning**

Dr. Max Banilivy

Michael Stoltz

Michael Hoffman

Jamie Bogenschutz

Alexis Rodgers

Linda Sherlock-Reich

Edward Paley

Philip Schoppmann

Rachel Priest

#### **Committee**

Diane Sweet

Silvia Giliotti

Theresa Buhse

Ann Morrison-Pacella

Valerie Link

David Close

Debra Caputo

Colleen Merlo

# Symposium Schedule

**8:00 - 8:45 Registration & Continental Breakfast**

**8:45- 9:00 Welcome & Introductions**

Meryl Cassidy- SPCLI Co-Chairperson  
Philip Schoppmann SPCLI Co-Chairperson

**9:00 - 10:30 Keynote Speaker**

Dr. Christine Moutier  
Suicide Prevention and Social Media:  
What we Know and What We Don't

**10:45-12:15 Featured Speakers**



Cynthia Kaplan, Ph.D.



Blaise Aguirre, MD

## The Connection Between Childhood Sexual Abuse and Suicide

Although the association between Childhood Sexual Abuse (CSA) and suicidality is well-documented, the mechanisms for this association have historically been poorly understood. In their talks, Drs Kaplan and Aguirre will examine the manner in which CSA history relates to known risk factors for suicidal behavior. Specifically, they will look at the development of psychiatric symptoms in CSA survivors and how the development of psychiatric disorders, in turn, impact the beliefs and behaviors of individuals in a manner that can increase the likelihood of both self-harming and suicidal behaviors.

**12:15 - 1:15 - \*\*LUNCH INCLUDED\*\***

**1:30 - 3:00 Afternoon Workshops:**

### **A) Addressing Grief of Suicide Loss Survivors: Essentials in Prevention and Postvention Efforts**

*Presenters: Diane Sweet, LCSW Psychotherapist/ Consultant and Jamie Bogenschutz LCSW, CASAC, B.C.E.T.S. Executive Director, YES Community Counseling Services*

It has been recognized that suicide loss survivors are at greater risk of complicated grief reactions, increased mental health disturbances and/or future risk of suicide as they struggle to come to terms with their loss. This workshop will look at grief as it manifests itself in the aftermath of suicide loss. Presenters will focus on the importance of addressing grief in prevention and postvention work, identifying how grief reactions differ when working with adults and children, and examining how complicated grief reactions manifest with suicide loss survivors.

### **B) Lethality Assessment and Safety Planning from a Crisis Center Perspective**

*Presenters: Theresa Buhse, MEd, Associate Executive Director Long Island Crisis Center and Lorraine Peragallo, Director of Development Response Crisis Center*

Join this workshop for practical information and hands on application related to assessing the lethality level of a person who may be thinking about suicide. Learn what to do, and what to say during the intervention, and gain knowledge of safety planning as a tool for supporting the person with their immediate and long term safety.

### **C) The Emerging Adult (ages 18-26): Their Unique Mental Health Needs and Risk Factors for Suicide.**

*Panel Facilitator: Linda Sherlock-Reich, LMFT Assessment & Advocacy Specialist Catholic Charities Housing Department*

In this facilitated panel discussion we will explore the newly developing awareness of the 'Emerging Adult' as a distinct developmental stage with unique characteristics and needs. Our panel will represent a diverse group of professionals who serve this population and get their perspectives on effective strategies, treatments and approaches.

### **D) The Lethality of Loneliness**

*Presenters: Meryl Cassidy, Executive Director, Response Crisis Center and David Close, PsyD. Deputy Director LIFO OMH*

This workshop will explore the social science and neuroscience of chronic loneliness and how it impacts crisis work, including ways it links to suicide risk. We will also look at the vital role we as helpers play in connecting with those most isolated among us.

### **E) Comprehensive Risk Assessment and Management for Youth**

*Presenter: Max Banilivy, Ph.D. WellLife Network*

Given that for every youth who kills himself/herself there are 10-15 attempts, learning the basic components of risk assessment and management is essential. Participants will explore the following:

- Who is at risk
- Warning and risk factors
- Proximal and distal variables
- Essential elements of collaborative work with youth
- Importance of team approach to managing risk

## REGISTRATION

**Vendor** \$100 (include table and lunch for one)

**\*\*Pre-registration required for all Vendors**

**Student Fee:**\$50 (College Photo ID Required)

**Conference Fee:** \$75 (Lunch Included)

**At-The-Door:** \$85(workshop availability may be limited)

**\*\*All Registration must be completed online\*\***

**\*\*Registration will close Tuesday 12/4/18\*\***

**Register online at:**

**<https://conta.cc/2PTvTcS>**

**Please choose ONE Afternoon Workshop:**

**A) Addressing Grief of Suicide Loss Survivors: Essentials in Prevention and Postvention Efforts**

**B) Lethality Assessment and Safety Planning from a Crisis Center Perspective**

**C) The Emerging Adult (ages 18-25): Their unique mental health needs and risk factors for suicide.**

**D) The Lethality of Loneliness**

**E) Comprehensive Risk Assessment and Management for Youth**

**5 Continuing Education Hours  
LMSW/LCSW/LMHC/LMFT/LCAT**

*Association for Mental Health and Wellness is recognized by the New York State Education Department's State Board as an approved provider of continuing education for licensed social workers. (Provider #0156), licensed mental health counselors. (Provider #MHC-0014), licensed marriage and family therapists. (Provider #MFT-0010), and licensed creative arts therapists. (Provider #CAT-0004).*

*\*New York State Office of the Professions (NYSED) regulations requires that participants attend the entire approved educational activity in order to receive continuing education credits, from 9:00am-3:00pm.*