

Aurora Nurse Case Management Team: Your partners for better health.

Managing your health can be challenging. But now you've got help. Your nurse case management team is here to make sure you have the information and resources you need to maintain your health and live well.

Meet your team

All communication between you and your nurse case management team is completely confidential.

Together, your nurse case management team will help you get the most out of your health care by helping you actively participate in your care in the following ways:

Assist with navigating the health care system

- Work with you to identify and resolve barriers to get the care you need
- Help you find in-network providers, as well as specialty providers
- Assist you in getting appointments and tests in a timely manner
- Connect you with resources to help you understand your health plan and benefits

Provide clinical expertise

- Help you understand your health condition and treatment plan
- Help you prepare for a provider appointment by creating a list of questions and topics to discuss
- Discuss your care choices and help identify when a second opinion may be a good idea
- Coordinate care for chronic disease and at-risk conditions
- Proactive outreach for certain high-risk conditions, such as diabetes, asthma, high cholesterol, hypertension and obesity

Promote wellness and prevention

- Provide wellness coaching to help choose healthier behaviors and assist with setting and reaching your goals
- Encourage and facilitate age-appropriate preventive screenings
- Provide information on community resources, educational classes and support programs