

# AURORA IN OUR COMMUNITIES



Aurora Health Care®

Your monthly calendar of classes, support and special events.

## June – July 2017 Newsletter

Aurora Health Care offers and partners with community groups to provide a wide variety of classes and community events aimed at promoting health and wellness. We also offer support groups for people to meet together and share their experiences, ideas and provide emotional support for one another.

Please see below and attachments for June and July upcoming schedule.

To register, click on the link to take you to the registration page or call 1-800-499-5736.

Special Events = pink, Screenings = blue, Classes/Seminar = yellow, Support Group = green

Class/Support/Event	Location + Date + Time	City	Registration/Hyper link
Cancer Carnival Event	Cancer Carnival Event Aurora Cancer Care - Southern Lakes 10 a.m. to 12:30 p.m. ~ Carnival Games 12:45 p.m. ~ Survivor Parade 1 p.m. ~ Memorial Balloon Release May 6, 2017 Integrity Fund Services 262-514-4600	Burlington	Come enjoy the festivities. Tickets (cash only) for fun events available day of event.
Walk to Tackle Cancer	Edgewater Park, Williams Bay 8:00 a.m. June 17, 2017 Aurora Cancer Care and Vince Lombardi Cancer Foundation- benefit local Aurora Cancer Care programs.	Williams Bay	<a href="#">Click here to register or call 767-8290</a>
Stroke Month-	Stroke month - Free educational materials and BP screenings are offered at both hospitals. Look for us in the lobby.	Burlington /Elkhorn	Not required
Free Blood Pressure Screening	Aurora Burlington Clinic 2nd Floor lobby 1 <sup>st</sup> & 3 <sup>rd</sup> Wednesdays 8:30-9:30am	Burlington	Not required
Free Blood Pressure Screening	Central Racine Co. Health Dept. 10005 Northwestern Ave US Bank Building, 2 <sup>nd</sup> Floor Franksville	Franksville	Call 262-898-4460, press 2
Free Blood Pressure Screening	Walworth Co. Health Dept. W4051 County Rd NN, Elkhorn	Elkhorn	Call 262-741-3140

AARP Smart Driver Course	Aurora Wellness Center Classroom C at Noon- 4pm May 22, June 15, July 20, August 14, September 11, October 9, November 20	Burlington	<a href="#">\$20 Click here to register and for more information</a>
AARP Smart Driver Course	Aurora Lakeland Medical Center Classroom D 12:30-4:30 May 16 & October 23	Elkhorn	<a href="#">\$20 Click her to register and for more information</a>
Baby Care Class	Aurora Lakeland Medical Center Classroom C & D June 11 & Oct. 7, noon-3pm Aug. 5 & Dec. 2, 9am-noon,	Elkhorn	<a href="#">\$25 per person/Click here to Register</a>
Babysitting Basics Class	Aurora Lakeland Medical Center Next class: July 22 8 am- noon	Elkhorn	<a href="#">No cost/Click here to register</a>
Babysitting Basics Class 9 y/o or older	Aurora Wellness Center Saturday August 16, October 14 8 am- noon	Burlington	<a href="#">No Cost/Click here to register</a>
Breastfeeding Basics	Aurora Lakeland Medical Center Classroom C & D May 8, 6:30pm-9pm June 4, 1pm-3:30pm	Elkhorn	<a href="#">\$20 per person/Click here to Register</a>
Community Heartsaver CPR/AED for Adults	Aurora Wellness Center May 13, June 10, August 12, September 9, October 14, 9am- Noon	Burlington	<a href="#">\$38 per person/Click here to Register</a>
Growing up in the 2000's - 2017	Aurora Wellness Center Classroom C Oct. 13, 6:00pm-8:00pm	Burlington	<a href="#">\$15 per person/Click here for more Information</a>
Infant CPR & Safety for Family & Friends	Aurora Wellness Center Classroom C June 7, July 5, Aug. 2, Sept. 6, Oct. 4, Nov. 1 & Dec. 6 at 6:00pm-7:30pm	Burlington	<a href="#">\$20 per person/click here to register</a>
Look Good Feel Better	Aurora Health Center- Southern Lakes Vince Lombardi Cancer Clinic July 18, July 18, October 17 5:30pm- 7:30pm	Burlington	<a href="#">No cost/ Click here for more information</a>
On-line Breast feeding	A Free Online Breastfeeding Program from Aurora Lakeland Medical Center	Elkhorn	<a href="#">No Registration needed/Click here for more Information</a>
Powerful Tools	Aurora Wellness Center Classroom B or C Classes Start September 2017 2:00p.m. - 3:30p.m.	Burlington	<a href="#">\$10 per person/click here for more information</a>

Preparandose para el parto y nacimiento- Express (Preparing for Labor & Birth: <i>Express Class- in spanish</i> )	Aurora Lakeland Medical Center Classroom C & D Sábado, 10 de Junio June 10, 9:00am-3:00pm	Elkhorn	<a href="#">click here to register</a>
Preparing for Labor & Birth: <i>Three Week Series</i>	Aurora Lakeland Medical Center Classroom C & D June 8,15,22, 6:30pm-8:30pm	Elkhorn	<a href="#">\$ 40 per couple/<a href="#">click here to register</a></a>
Preparing for Labor & Birth: <i>Express Class</i>	Aurora Lakeland Medical Center Classroom C & D July 23 9:00am-3:00pm	Elkhorn	<a href="#">\$ 65 per couple/<a href="#">click here to register</a></a>
Preparing for Labor & Birth: <i>On-line Class</i>	An Online Childbirth Education Program	Elkhorn	<a href="#">\$40 on line class/ <a href="#">click here to register</a></a>
Stepping On	YMCA- Sealed June 7-July 19, at 1pm-3pm	Mt. Pleasant	<a href="#">\$10 per person/<a href="#">click here for more information</a></a>
Straighten Up your facts on Osteoporosis	Aurora Wellness Center May 22, 2017 6:30pm- 7:30pm	Burlington	<a href="#">No cost/<a href="#">click here for more information</a></a>
Strong Women and Men	Strength Training program Aurora Wellness Center Classroom C June 20- August 31, at 10:30am-11:30am	Burlington	<a href="#">\$30 per person/<a href="#">click here for more information</a></a>
Alzheimer's Support Group	Aurora Wellness Center Classroom B June 28, 11:30am-1:00pm	Burlington	<a href="#">No cost/<a href="#">Click here for more information</a></a>
Aphasia Community Group in Burlington	Aurora Wellness Center Dates to be determined	Burlington	Call Susan 971-9300 for more information
HMR Weight Loss Information Session	Aurora Burlington Clinic- lower level Monday, 12:00pm Tuesday, 6:00pm	Burlington	<a href="#">No cost/<a href="#">Click here to register</a></a>
Bariatric Surgery Information Seminar	Aurora Wellness Center Classroom B July 11,Sept. 12 & Nov. 14, 2017 3:00pm-5:00pm	Burlington	<a href="#">No cost/<a href="#">Click here to register</a></a>
Bariatric Surgery Information Seminar	Aurora Lakeland Medical Center Conference Room C June 3, Aug. 8, Oct. 10 & Dec. 12, 2017 3:00pm-5:00pm	Elkhorn	<a href="#">No Cost/<a href="#">Click here to register</a></a>
Chilled: The Adolescent Anxiety Group	Aurora Behavioral Health Center Every Wednesday, 5:30pm-7:00pm	Lake Geneva & Elkhorn	<a href="#">No Registration needed/<a href="#">Click here for more Information</a></a>

Fibromyalgia Support Group	Aurora Wellness Center Classroom B June 19, July 7, 6:00pm-7:30pm	Burlington	<a href="#">No Registration needed/Click here for more Information</a>
Harbor of Hope Grief Support Group	Aurora Health Center Small Conference Room June 6, 3:00pm-4:30pm	Lake Geneva	<a href="#">No Registration needed/Click here for more Information</a>
Managing the Defiant Child-a group for Parents	Aurora Behavioral Health Center Elkhorn Every Wednesday, 5:30pm-7:00pm	Elkhorn	<a href="#">No Registration needed/Click here for more Information</a>
Respiratory Support Group	Aurora Memorial Hospital of Burlington 3 <sup>rd</sup> floor –Administrative Conference Rm June 20, 6:00-7:30 pm	Burlington	<a href="#">No Registration needed/Click here for more Information</a>
Stroke Support Group	Aurora Lakeland Medical Center Classroom C & D June 19, July 17 1:00pm-2:30pm	Elkhorn	<a href="#">No Registration needed/Click here for more information</a>