

Executive Function at School and Home: What is it and why does it matter?

This year Hilltop will be offering a special presentation, "**Executive Function at School and Home: What is it and Why does it matter?**" with speaker **Debbie Tracht**, *a Learning Specialist with expertise in Literacy, ADHD and the emerging field of Mind, Brain and Education*.

This topic has been in the news more and more frequently as a discussion around the critical skills necessary for success not only in the classroom but ultimately in the complex world that lies ahead for our children. Dr. Maria Montessori was acutely aware of the importance of these skills and specifically referred to the child's experience in the classroom as a time of "normalization", a shift from disorder, impulsivity, and inattention to self-discipline, independence, orderliness, and peacefulness. We hope this talk will further our understanding of how we can teach our children what executive function skills are and how they can practice these skills in school and at home.

Here is an [article](#) that speaks specifically about the importance of developing executive function at early age.

We hope you will join us on **Thursday, November 15 at 6:30pm** .

The presentation will cover topics such as:

- What is Executive Function and how does it relate to ADHD
- Many factors that can impact Executive Functions
- Recognize Executive Function strengths and weaknesses at home and school
- Strategies to build and support Executive Functions

Cost: by donation

Location: Arts Barn at Hilltop Montessori School

Space is limited, RSVP at info@hilltopmontessori.org or call 802-257-0500