

Winter Sports

“Practical Life” is a classic part of the Montessori curriculum. Students like doing real work that accomplishes something in real life and teaches practical skills. In every program we have lessons and activities in Practical Life - and in Southern Vermont, “Winter Sports” is a part of our Practical Life curriculum. The winter sports program takes place on Thursday afternoons during January and February. During these active afternoons, students are not only getting good exercise and fresh air, they are also learning the very practical skills of:

- a life-long activity of skating, x-country skiing, downhill skiing, and/or snowboarding
- independence with winter gear and self-care, and how to help others with the same
- perseverance through the challenges of learning a new physical skill and dealing with the cold

Kindergarten students have ice skating lessons at Living Memorial Park. Lower Elementary students may choose skating at the park, downhill skiing at Mt. Snow (starting at grade 2), or cross-country skiing at the Brattleboro Outing Club. Upper Elementary and Middle School students also have the additional choice of snowboarding at Mt. Snow. (All costs are covered by the tuition, except for an additional fee for the more expensive option of Mt. Snow.)

December 1, 2017