



## CenteringPregnancy

### What is CenteringPregnancy?

CenteringPregnancy brings together pregnant women with similar due dates for group prenatal care. This type of care has three main components: health assessments, education and support.

### What does CenteringPregnancy in Butler County look like?



- Each pregnant woman enrolled in Centering is assigned to a group of 8-12 pregnant women who are due around the same time
- Centering moms-to-be participate in a “circle up” with providers and staff in a comfortable setting after leaving the exam room. This is led by a trained facilitator and allows pregnant women to share their experiences and learn from other pregnant women who are going through similar experiences

- Experts are brought in to speak on important topics
- Partners or significant others are always welcome at Centering appointments
- Snacks and drinks are served
- Centering facilities in Butler County provide on-site daycare and transportation to and from their sites
- Clients have 10 scheduled prenatal visits with each visit lasting 90 minutes to two hours (as opposed to 10-15 minutes in traditional prenatal care)
- Pregnant women receiving CenteringPregnancy care have confidential health assessments i.e. one-on-one consultation with their health provider
- A community health worker is assigned to each client to support them throughout their pregnancy until the baby is one year old.

### **What are the benefits of CenteringPregnancy?**

- CenteringPregnancy improves birth outcomes: published research studies show that women enrolled in Centering have healthier babies and Centering addresses the racial disparity in infant mortality
- Centering empowers pregnant women by allowing them to participate in their care
- Moms enrolled in Centering are more self-confident and better prepared for labor, delivery and the care of their infants
- Pregnant women enrolled in Centering spend 10x more time with their provider than they would with other types of prenatal care
- Pregnant women enrolled in Centering report higher satisfaction with their prenatal care, and this makes them more likely to keep their prenatal care appointments

- Centering provides social support to pregnant women and enables them to build relationships with other women who are going through similar experiences

**Where can you find CenteringPregnancy in Butler County?**



**513-974-5235**



**513-454-1111**

- Atrium Medical Center in Middletown
- Primary Health Solutions in Hamilton

**What can you do?**

- Enroll in CenteringPregnancy if you are pregnant and encourage other pregnant women to enroll
- Learn more about CenteringPregnancy in Butler County
- Tell others about CenteringPregnancy in Butler County

**For more information about CenteringPregnancy, contact:  
The Butler County Partnership to Reduce Infant Mortality (PRIM)**

**Phone: 513-887-5251**

**Email: [BOH@butlercountyohio.org](mailto:BOH@butlercountyohio.org)**