



HAMILTON COUNTY  
**DEVELOPMENTAL DISABILITIES**  
SERVICES

# Supporting the Aging Caregivers

of people with intellectual/developmental disabilities

## Tamar Heller, Ph.D.

Distinguished Professor and Head of the Department of Disability and Human Development at the University of Illinois at Chicago

Tamar Heller's research focuses on health and long-term services and supports for individuals with disabilities and their families. Dr. Heller has written over 200 publications and presented numerous papers at major conferences on family support interventions and policies, self-determination, health promotion, and aging of people with disabilities. She has written or co-edited 5 books and has edited special issues of *Technology and Disability*, *American Journal on Intellectual and Developmental Disabilities*, *Journal of Policy and Practice in Intellectual Disabilities*, and *Family Relations*. She was President of the Association of University Centers on Disabilities (AUCD) board, a delegate to the 2005 White House Conference on Aging, and co-founder of the national Sibling Leadership Network. Her awards include the 2009 Arc of Illinois Autism Ally for Public Policy Award; the 2008 Lifetime Research Achievement Award, International Association for the Scientific Study of Intellectual Disabilities, Interest Group on Aging; the 2009 Community Support Services Community Partner Award, the 2010 College of Applied Health Sciences, UIC Outstanding Researcher Award, and the AUCD 2012 International Award.



**Wednesday, March 29 1:00 - 3:30 p.m.**

**Hamilton County DD Services Queensgate Offices**

801 W 8th Street, 3rd Floor, Cincinnati, Ohio 45203

Join us for an engaging learning session with Tamar Heller as we explore issues facing aging caregivers. This event will provide valuable information for caregivers, family members, and professional support staff.

### Agenda Topics

- Aging caregivers of people with disabilities: Data, research, and trends
- Promoting health, social engagement, and social networks
- Caring for the caregiver
- Culture and ethnicity: What's important to understand
- Integrating and streamlining aging and disability services
- Q&A

This event is free, but please RSVP on Eventbrite at <https://goo.gl/5KZjJG>

For questions contact [Dawn.Freudenberg@hamiltongds.org](mailto:Dawn.Freudenberg@hamiltongds.org)

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