



**Hot Lunch Menu**  
**Fox Meadow Scarsdale Elementary School**  
**October 3-26, 2016**

Register your child for Lunch 2 days a week on <http://scfm.lunchinhand.net>

Monday	Tuesday	Wednesday	Thursday	Friday
3 No School Rosh Hashanah	4 No School Rosh Hashanah	5 Pasta Bar- Selection of: Pasta with Marinara sauce, Pasta shells plain and Tortellini Alfredo served with Whole Wheat Bread and Broccoli	6 No Lunch In Hand	7 No Lunch In Hand
10 NO SCHOOL Columbus Day	11 Meatballs with Curly Pasta with or without Red Sauce, served with Whole Wheat Bread & Caesar Salad	12 No School Yom Kippur	13 No Lunch In Hand	14 No Lunch In Hand
17 No Lunch In Hand	18 Taco Tuesday Bar: choice of <b>Beef, Chicken or Vegetarian bean</b> tacos served with cheese and Spanish rice, sour cream	19 Italian Chicken Parm served with curly pasta; garlic bread and mixed vegetables  K & 1 <sup>st</sup> Grade: Chicken Tenders (fingers)	20 No Lunch In Hand	21 No Lunch In Hand
24 No Lunch In Hand	25 Chicken Patties served on Whole wheat rolls with tater tots and Garden Salad	26 Chicken & cheese Quesadillas (or Cheese only) served with Spanish Rice, Mild Salsa and Sour Cream	27 No Lunch In Hand	28 <b>Lunch In Hand reserves the right to occasionally modify items on the menu without notice.</b>
31 Happy Halloween 			Any questions regarding the menu or online ordering call 914- 380-5084 or email <a href="mailto:lunchinhand@gmail.com">lunchinhand@gmail.com</a> More information <a href="http://www.lunchinhand.com">www.lunchinhand.com</a>	

If you have a Food Allergy, please speak to the owner of Lunch In Hand, manager or chef.

Fruit: sliced Pineapple, Watermelon or Cantaloupe, Berries, Apples, Oranges wedges; Yogurt and fruit

You can ask for an alternative lunch on any day – we must know at least 24 hours in advance. Alternative meal is roast chicken and plain pasta (marinara on the side)

**Our Chicken is Anti-biotic & hormone free. None of our food is fried or artificial we do not buy anything with preservatives.**

**Local Farmers market Apples. Bread products from a shop that is Nut – Free**