




Hot Lunch Menu Fox Meadow Scarsdale Elementary School October 3-26, 2016

Register your child for Lunch 2 days a week on <http://scfm.lunchinhand.net>

Monday	Tuesday	Wednesday	Thursday	Friday
<div>3</div> <p>No School</p> <p>Rosh Hashanah</p>	<div>4</div> <p>No School</p> <p>Rosh Hashanah</p>	<div>5</div> <p>Pasta Bar- Selection of: Pasta with Marinara sauce, Pasta shells plain and Tortellini Alfredo served with Whole Wheat Bread and Broccoli</p>	<div>6</div> <p>No Lunch In Hand</p>	<div>7</div> <p>No Lunch In Hand</p>
<div>10</div> <p>NO SCHOOL</p> <p>Columbus Day</p>	<div>11</div> <p>Meatballs with Curly Pasta with or without Red Sauce, served with Whole Wheat Bread & Caesar Salad</p>	<div>12</div> <p>No School</p> <p>Yom Kippur</p>	<div>13</div> <p>No Lunch In Hand</p>	<div>14</div> <p>No Lunch In Hand</p>
<div>17</div> <p>No Lunch In Hand</p>	<div>18</div> <p>Taco Tuesday Bar: choice of Beef, Chicken or Vegetarian bean tacos served with cheese and Spanish rice, sour cream</p>	<div>19</div> <p>Italian Chicken Parm served with curly pasta; garlic bread and mixed vegetables</p> <p>K & 1st Grade: Chicken Tenders (fingers)</p>	<div>20</div> <p>No Lunch In Hand</p>	<div>21</div> <p>No Lunch In Hand</p>
<div>24</div> <p>No Lunch In Hand</p>	<div>25</div> <p>Chicken Patties served on Whole wheat rolls with tater tots and Garden Salad</p>	<div>26</div> <p>Chicken & cheese Quesadillas (or Cheese only) served with Spanish Rice, Mild Salsa and Sour Cream</p>	<div>27</div> <p>No Lunch In Hand</p>	<div>28</div> <p>Lunch In Hand reserves the right to occasionally modify items on the menu without notice.</p>
<div>31</div> <p>Happy Halloween </p>			<p>Any questions regarding the menu or online ordering call 914- 380-5084 or email lunchinhand@gmail.com More information www.lunchinhand.com</p>	

If you have a Food Allergy, please speak to the owner of Lunch In Hand, manager or chef.

Fruit: sliced Pineapple, Watermelon or Cantaloupe, Berries, Apples, Oranges wedges; Yogurt and fruit

You can ask for an alternative lunch on any day – we must know at least 24 hours in advance. Alternative meal is roast chicken and plain pasta (marinara on the side)

Our Chicken is Anti-biotic & hormone free. None of our food is fried or artificial we do not buy anything with preservatives.

Local Farmers market Apples. Bread products from a shop that is Nut – Free