

Seeking Health Sale: Save 50%

CLEARANCE prices aren't available online.
CALL 1-800-215-4682 to order.
SALE will not be repeated.
ALL sales are final.
OVER-\$40 orders ship FREE.

Active B-12 1000-mg - \$5

Methylcobalamin and adenosylcobalamin lozenge.

60 count list \$9.95

Active B-12 5000-mg - \$12.50

Methylcobalamin and adenosylcobalamin in a high-potency lozenge form.

60 count list \$24.95

Pro-Digestion - \$13.50

Comprehensive vegetarian digestive enzyme supplement carbohydrates, fats and proteins.

120 count list \$26.95

Pro-Digestion Intensive - \$12.50

Broad spectrum of digestive enzymes derived from vegetarian sources to support optimal digestion and normal nutrient absorption.

Chewable tablet. 180 count list \$24.95

Saccharomyces Boulardii - \$10

Contains 5 billion beneficial organisms that help support bowel regularity and provide relief from occasional diarrhea.

60 count list \$19.95

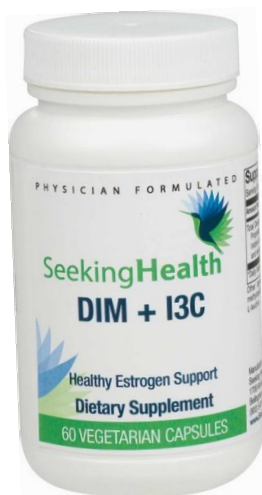
Thiamine - \$10.50

Provides 50 mg per vegetarian capsule. May support nervous system, healthy brain function, positive mental state energy levels, healthy stress response.

120 count. \$10.95

L-5 MTHF Lozenge - \$15.95

1,000 mcg of non-racemic L-methylfolate. L-5-



methylfolate (L-5-MTHF) is the preferred choice for those with absorption or metabolic defects. L-5- is the only folate that can cross the blood-brain barrier.

60 count list \$15.95

Alpha-Ketoglutarate - \$6.50

Organic acid important for metabolism of all essential amino acids. It is a precursor to glutamic acid which may play a role in supporting healthy blood glucose levels. In combination with L-glutamate, alpha-ketoglutarate helps maintain normal levels of ammonia in the brain,

muscles and kidneys. **60 count list \$12.95**

Optimal Adrenal - \$15

Provides 14 nutrients including vitamin c, zinc, pantothenic acid (vitamin B5 and a variety of plant extracts to help maintain healthy stress levels and healthy nervous system function.

90 count list \$29.95

L-Arginine - \$9

Important in cell division, healing wounds, removing ammonia from the body, immune function, and the release of hormones.

100 count list \$17.95

Optimal Multivitamin - \$27.50

A complete daily multivitamin and mineral supplement containing more than 50 nutritional ingredients in a special base of green superfoods plus a fruits and vegetable blend.

Seeking Health vegetarian-friendly supplements contain NO dairy, egg, fish, shellfish, tree nuts, peanuts, wheat or soy

240 count list \$54.95

Folinic Acid - \$5.50

Provides 800 mcg of folate as folinic acid calcium salt per vegetarian capsule.

60 count list \$10.95

Optimal Multivitamin Plus - \$35

A complete natural daily multivitamin and mineral supplement with active B vitamins and L-5-MTHF. Optimal Multivitamin Plus has been carefully developed to contain the right proportions of vitamins, minerals, trace elements, and other nutrients along with proprietary blends to optimize cognitive, liver and vision function.

240 count list \$69.95

Histamine Block 60 - \$32.50

DAO IS BACK! Patented enzyme formula providing 10,000 HDU of diamine oxidase (DAO) - the main enzyme responsible for the degradation of histamine - per capsule.

60 count list \$64.95



Optimal Multivitamin w/Iron - \$15

A well-rounded daily multivitamin and mineral supplement with high-potency gentle iron and active B vitamins including L-5-MTHF.

120 count list \$29.95

HistaminX - \$22.50

A combination of herbal and plant-derived compounds that may work together to support seasonal comfort and a healthy inflammatory response.

60 count list \$44.95

Kids Optimal Multivitamin - \$15

Kids Optimal Multivitamin is a comprehensive multivitamin and mineral supplement to support the nutritional needs of children.

180 count list \$29.95

5-HTP Extended Release - \$6

Provides L-5-hydroxytryptophan (5-HTP) extracted from the seeds of the Griffonia plant. 5-HTP is a precursor to neurotransmitters which are important for emotional well-being.

30 count list \$11.45

Optimal Sleep - \$12.50

A broad-spectrum blend of vitamin B6, calming magnesium, ashwagandha and 5-HTP promoting restful sleep without leaving you groggy.

90 count list \$24.95

Homocystex - \$12

Supplies bioactive forms of four essential B-vitamins to synergistically support methylation processes and normal homocysteine metabolism. Unlike our popular HomocysteX Plus product, HomocysteX does not contain betaine (TMG).

60 count list \$23.95

L-Tyrosine - \$8.50

Provides 500 mg of L-tyrosine per vegetarian capsule. It is involved in the normal production of neurotransmitters in the brain that help regulate stress responses, mood and fatigue.

100 count list \$16.95

Magnesium Malate

Powder - \$10

Provides 500 mg of magnesium (as dimagnesium malate) per serving.

8.8-oz list \$19.95

Niacin - \$6

Provides 50 mg of niacin a nutrient may help support healthy circulation, healthy carbohydrate and fat metabolism, and healthy skin.

100 count list \$11.95

SAME - \$16

Involved in the synthesis and regulation of

Susan says, "Quantities are limited and our clearance sale ends when the last bottles are sold. Why the clearance? Seeking Health and Allergy Research Group product lines overlap and that's confusing for you – and wreaks havoc with our inventory control. Because Allergy Research Group offers over 500 state of the art nutraceuticals, Derek and I have decided to simplify matters and offer Allergy Research exclusively."

chemicals in the brain. SAME is also important for normal production of glutathione, cysteine and taurine and may therefore be implicated in maintaining healthy liver function. SAME also supports bone and joint health.

30 count list \$31.95

Pre-Gestion

Contains 600 mg of betaine hydrochloride to support the function of hydrochloric acid in the stomach which is necessary for breakdown of foods, digestion of proteins and absorption of essential vitamins and minerals.

100 count list \$14.95

Optimal Electrolyte - \$14

Berry Flavor. Provides key nutrients in an easy-to-use powder form to support peak physical performance. With no artificial flavors or colors, offers a healthy alternative to high-sugar sports drinks. Electrolytes play a key role in maintaining cell membrane stability, enabling proper muscle function. With added creatine, D-ribose and niacin, Optimal Electrolyte supports cellular maintenance and energy production.

8-oz. list \$27.95

Optimal Protein 15 servings

Optimal Protein 30 Servings

Sugar-free, sweetener-free, gluten-free, soy-free source of unadulterated vegetable protein from pea protein isolate and rice protein concentrate, delivering 17 grams of high-quality protein in every scoop.

11-oz list \$20.95. 22-oz list \$37.95

DIM + 13C - \$17.50

400 mg of dietary indoles, naturally occurring components of cruciferous vegetables that supports healthy estrogen metabolism.

60 count list \$34.95

Lithium Orotate - \$10

May support neurological health.

100 count list \$19.95



Optimal Liposomal Glutathione

Tropical Flavor. Provides 500 mg of reduced glutathione per serving. Glutathione is an important antioxidant providing protection from free.

4-oz. list \$69.95

Liver Nutrients - \$10

The liver is the body's central detoxification organ, responsible for deactivating environmental toxins as well as those generated in the body.

60 count list \$19.95

L-Theanine - \$10

Supports a healthy cognitive function and a sense of relaxation without drowsiness.

60 count list \$19.95

B-Minus (B Complex) - \$12.50

B-Minus is a pure vitamin B complex formula that provides thiamin, riboflavin, niacin, vitamin B6, pantothenic acid, and biotin. It is free of B12 and folate that many people prefer to take separately. Niacin assists in the normal functioning of the digestive system, skin, and nerves and is important for the conversion of food to energy. Thiamine, also known as vitamin B1, plays a crucial role in metabolic reactions such as forming adenosine triphosphate (ATP), which every cell of the body uses for energy. Riboflavin is essential for healthy energy levels, supporting healthy immune system function, and maintaining healthy hair, skin, and mucous membranes. P-5-P, or pyridoxal 5'-phosphate, is known as the active "coenzyme" form of vitamin B6. In fact, vitamin B6 and P-5-P are needed for more than 100 enzymes - mostly related to protein metabolism. Pantothenic acid, or vitamin B5, assists the other B vitamins in converting food into usable energy. Biotin supports healthy carbohydrate metabolism and healthy hair, skin and nail growth.

100 count list \$24.95

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