



Creativity & Spirituality

First Saturday of every month, June 2 through Nov 3, 2018
from 2:00-4:00 pm in the Bloom Room

Enliven your art. Explore the realm of creating all the time. Share how your spiritual life grows in the light of your inner creative self.

Join us any first Saturday and share your journey with others who want to awaken and enliven their creative juices. Our creative clusters meet in the form that we explored earlier by reading "The Artist's Way" by Julia Cameron together. You are encouraged to write journal pages in the morning and take yourself on an artist date as she suggests in that book, and if you're not familiar with those ideas, they will be explained. Each meeting includes check-in, writing for a short burst of time to a word prompt, reflection and sharing, and then a group art exercise. Class limit is 18 people.

Email Denise Mulloy demulloy@gmail.com or Pat Dickson patriciasdickson@yahoo.com for more information and to sign up.