



CCC LENT EXPERIENCE

Journaling During Lent

Welcome as we journey together through the CCC Lent Experience!

Lent is a time to be intentional. Lent offers us all a very special opportunity to grow in our relationship with our Lord & Savior Jesus Christ and to deepen our commitment to the Christian way of life.

The Bible is God's "love letter" to us, telling us not only that He loves us, but showing us what He has done to demonstrate His love. It also tells us how we should live, because God knows what is best for us and He wants us to experience it. The Bible is God's Word, given to us so we can know and follow Him.

Each week during Lent, take the time to use the journal as a spiritual practice for looking into the wonder you embody.

Week Two: Love

Refocus Questions This Week for Personal Growth and Reflection

- What does it mean to me to love sacrificially?
- How do I give Love?
- In what ways can I show more love to my family, friends, neighbors, and co-workers? To my enemies? To the world?

Thank you Lord. Let the love of Christ dwell in richly.

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. John 3:16 (NIV)