

# Itinerary

Meal codes for when included: **B**-breakfast, **L**-lunch, **D**-dinner

## **DAY 1 – Sunday – November 5 – USA to Quito**

Hosteria San Carlos de Tababela

Depart from Albuquerque with connections through your airline's hubs to fly on to Quito. Upon arrival to Quito a chartered van will be waiting to transfer you to the Hostería San Carlos de Tababela. You will have a light dinner before retiring. **(D)**

## **DAY 2 – Monday – November 6 – Quito to Cuenca**

Hotel Crespo

Morning departure for a short flight to Cuenca. The Hostería van will transport you to the airport. Upon arrival in Cuenca airport our team leaders will meet you and direct you to our chartered bus to be transferred to our hotel.

Santa Ana de los Cuatro Ríos de Cuenca is the capital of Azuay Province and the home of many “ex-pat” Americans. A UNESCO World Heritage Trust site, Cuenca is a beautiful city with its 16<sup>th</sup> and 17<sup>th</sup> century era Spanish architecture set in a valley with four rivers surrounded by mountains on all sides. The city was originally a Cañari Indigenous settlement dating to around 500 AD. After a fierce resistance the Incas occupied the town and built a new city, “the second Cuzco” that they named Tomebamba, later called Pumapungo. The rumored splendor of the city became an attraction to the Spanish conquerors but before they could arrive the Natives abandoned and destroyed the town. This gave rise for it to be considered one of the mythical cities of gold that the Spanish called “El Dorado.”



Cuenca, Ecuador

In 1557, Cuenca became the fourth major Spanish settlement of what is today Ecuador that through most of its history was part of Perú. Cuenca's metro area has a population of around 700,000 inhabitants and sits at an elevation that averages around eight thousand feet above sea level.

We will have a welcoming reception and orientation in the hotel with presentations given by our hosts Ana Loja of the University of Cuenca, Adrián Aguirre who is the cultural affairs officer of Oña, and the Mayor of Oña, Lic. Germania Ullauri Vallejo. Beer and wine will be provided. After the reception and orientation we will sit down for a dinner (purchase your own alcohol for dinner). **(D)**

### **DAY 3 – Tuesday – November 7 – overnight in Cuenca**

Hotel Crespo

After breakfast we will depart at 9 am for a guided walking tour of downtown Cuenca. Our guide will speak English. Lunch will be on your own before returning to our hotel. Our project leaders will provide a list of restaurants. After a brief rest we will walk to the University of Cuenca where we will listen to two presentations.

Dr. Mateo Estrella, from the University of Cuenca will talk about "community tourism" and Dr. Verónica Cristina Heras Barros of the Architectural Department will give a talk on the preservation of Cuenca's patrimony. Dinner will be on your own. **(B)**

### **DAY 4 – Wednesday – November 8 – overnight in Cuenca**

Hotel Crespo

After breakfast we will take an excursion on a chartered bus to the town of Saraguro, which primarily is a community of an ethnically indigenous Andean people known as Saraguros. We will be hosted by Lauro Guaimas, a native of Saraguro who operates a cultural institution there. Saraguro has a population of 4,031 (as of 2010) and is at an elevation of 8,921 feet. The Saraguros are ethnically distinctive whose ancestry is most likely mixed. Some evidence points to their origins descended from *mitimaes* (a population transferred by the Incas) from southern Perú or Bolivia. Other sources indicate ancestry from Cañari and other highland ethnic groups of what is now Ecuador. We will have lunch in Shamuico Resturarnt in Saraguro.

Dinner is on your own in Cuenca. **(B, L)**

## **DAY 5 – Thursday – November 9 – overnight in Cuenca**

### **Hotel Crespo**

After breakfast and a leisurely walk to the university we will hear a lecture by Adrián Aguirre about Oña, what it has done and what it plans for the future. After lunch on our own, we will visit and tour the ruins and museum of Pumapungo. At 7 p.m. Verónica Cabrera Arias, a native of Oña will give us a presentation of Ecuadorian arts and crafts and how that can apply to Oña. Dinner will be on your own. **(B)**



**The main plaza of Oña**

## **DAY 6 – Friday – November 10 – Cuenca to Oña**

### **Quinta Galinda Hotel**

After breakfast we will take our chartered bus to Oña. On the way we will stop to see the colonial town and church of Susudel, named a “Patrimony of Ecuador.” The colonial church will remind many of the workshop participants of the churches in New Mexico. The town sits on the opposite side of a deep canyon from Oña. The canyon is the habitat of condors and is at the continental divide.

Upon our mid-day arrival in Oña we will check into our hotel and then be transported to a Welcome Reception organized by Oña whose community leaders will receive us. Snacks and appetizers will be served. We will be transferred back to the hotel where lunch will be served in a rustic restaurant across the street.

Our guide Adrián will lead us on a late-afternoon walking tour of Oña, after which dinner will be served at the same rustic restaurant (as will all the breakfasts, lunches, and dinners while in Oña). **(B, L, D)**



The historic barrio de San Francisco in Oña

**DAY 7 – Saturday – November 11 – overnight in Oña**

Quinta Galinda Hotel

Our first organizational workshop will be held in the morning. After lunch we will continue and, perhaps, organize into teams. We will meet at the Bella de París. **(B, L, D)**

**DAY 8 – Sunday – November 12 – overnight in Oña**

Quinta Galinda Hotel

This will be a free day to enjoy and visit the *Mercado*. Perhaps some of the group members will want to meet casually to discuss what has been seen and learned so far. **(B, L, D)**

**DAY 9 – Monday – November 13 – overnight in Oña**

Quinta Galinda Hotel

This day is set aside for local excursions and/or team meetings/or workshop. **(B, L, D)**

**DAY 10 – Tuesday – November 14 – overnight in Oña**

Quinta Galinda Hotel

This day is set aside for local excursions and/or team meetings/or workshop. **(B, L, D)**

**DAY 11 – Wednesday – November 15 – overnight in Oña**

Quinta Galinda Hotel

A morning meeting with all workshop members will be held to compare impressions. If needed, the meeting will continue after lunch. After

dinner the workshop members will meet with community members for a discussion and exchange of ideas. Translation will be provided. (This could be moved up in the schedule) **(B, L, D)**



Courtyard of La Bella de París in the barrio de San Francisco, Oña

### **DAY 12 – Thursday – November 16 – overnight in Oña**

Quinta Galinda Hotel

During the morning the workshop groups will work on rough drafts of their reports that will be brought to the group as a whole. This may continue after lunch. The community leaders of Oña will host a late afternoon *Fiesta de Despedida* for us. **(B, L, D)**

### **DAY 13 – Friday – November 17 – Oña to Cuenca**

Hotel Crespo

After breakfast, at 10 am the Workshop members will give an oral presentation of their reports to solicit feedback. This discussion will

take place with Oña's community leaders. After lunch we will board our chartered bus for a return trip to Cuenca. Dinner will be on your own. **(B, L)**

**DAY 14 - Saturday - November 18 - overnight in Cuenca**

Hotel Crespo

This will be a free day for resting, touring, and shopping. Enjoy yourselves. Lunch and dinner are on your own. **(B)**



**Cathedral of Cuenca, Ecuador**

**DAY 15 - Sunday - November 19 - Departure - Cuenca to Quito and beyond**

This is the official day of departure and end of the workshop. For those who wish, after breakfast we will be taken to the airport in time to board our flights. Please be aware that depending on where you are going, you will most likely make a connection in Quito (a good place to spend some time) with a possible overnight wait. If so, you might want to make a reservation at your expense with the Hostería San Carlos de

Tababela while we are there for our first night when traveling to Ecuador. The good people there will transport you from and to the airport on your schedule and it is conveniently located. Quito itself is a good forty-five minutes to an hour-and-a-quarter away.