

YCMB TRANSITION SCHEDULE MARCH 2018

AT REVAMP TRAINING CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					10 9AM ALL LEVELS FLOW MARIA 10:30AM GENTLE MASHELLE	11 9AM HATHA MICHAEL
12 9AM HATHA TIM 10:30AM GENTLE JEN 1:30PM RESTORATIVE JEN 5:30PM YIN/HATHA ANGELA	13 6:15-8AM SUNRISE YOGA +OPEN STUDIO MASH 9AM ALL LEVELS FLOW RACHEL 1:30AM CHAIR JEN 5:30PM SUNSET HATHA JEN	14 9AM HATHA TIM 10:30AM YIN ANGELA 5:30PM YIN/NIDRA ANAHATA	15 6:15-8AM SUNRISE YOGA +OPEN STUDIO MASH 9AM ALL LEVELS FLOW KELLEY 10:30AM YIN ANAHATA 5:30PM ALL LEVELS FLOW RACHEL	16 9AM HATHA TIM 10:30AM GENTLE MASHELLE 1:30PM RESTORATIVE MASHELLE	17 9AM ALL LEVELS FLOW MARIA 10:30AM GENTLE MASHELLE	18 9AM HATHA MICHAEL
19 9AM HATHA TIM 10:30AM GENTLE JEN 1:30PM RESTORATIVE JEN 5:30PM YIN/HATHA ANGELA	20 6:15-8AM SUNRISE YOGA +OPEN STUDIO MASH 9AM ALL LEVELS FLOW RACHEL 1:30AM CHAIR JEN 5:30PM SUNSET HATHA JEN	21 9AM HATHA TIM 10:30AM YIN ANGELA 5:30PM YIN/NIDRA ANAHATA	22 6:15-8AM SUNRISE YOGA +OPEN STUDIO MASH 9AM ALL LEVELS FLOW KELLEY 10:30AM YIN ANAHATA 5:30PM ALL LEVELS FLOW RACHEL	23 9AM HATHA JEN 10:30AM GENTLE JEN 1:30PM RESTORATIVE MASHELLE	24 9AM ALL LEVELS FLOW MARIA Teacher Trainees Free Yoga Classes	25 Teacher Trainees Free Yoga Classes
26 9AM HATHA TIM 10:30AM GENTLE JEN 1:30PM RESTORATIVE JEN 5:30PM YIN/HATHA ANGELA	27 6:15-8AM SUNRISE YOGA +OPEN STUDIO MASH 9AM ALL LEVELS FLOW RACHEL 1:30AM CHAIR JEN 5:30PM SUNSET HATHA JEN	28 9AM HATHA TIM 10:30AM YIN ANGELA 5:30PM YIN/NIDRA ANAHATA	29 6:15-8AM SUNRISE YOGA +OPEN STUDIO MASH 9AM ALL LEVELS FLOW KELLEY 10:30AM YIN ANAHATA 5:30PM ALL LEVELS FLOW RACHEL	30 9AM HATHA JEN 10:30AM GENTLE JEN 1:30PM RESTORATIVE JEN	31 9AM ALL LEVELS FLOW MARIA 10:30AM GENTLE MASHELLE	1 9AM HATHA MICHAEL

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