



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

OPEN GYM GYMNASTICS

Open Gym Gymnastics runs every
1st & 3rd Friday of the Month (Aug-May).

Detailed program information with dates
on the back.



(812) 401-YMCA

Call the YMCA Sports Department or go online to www.ymcaswin.org for additional information.

Our Mission: The YMCA of Southwestern Indiana, Inc. following the example of Jesus Christ, responds to the community needs by serving all people, especially youth, through relationships and activities that promote healthy spirit, mind and body.

YMCA OPEN GYM GYMNASTICS INFORMATION

Stop by for additional floor and apparatus time. Instructors on-site to assist and spot while you work on skills and develop greater confidence with your gymnastics skills. This program runs 5:00-6:30 p.m. every first and third Friday of the month (Aug-May).

Location: Dunigan YMCA (Program Center)

Age: 5+ Year Olds

Fee: \$10 (YM) | \$15 (NM) Daily drop in rate

Time: 5:00-6:30 p.m.

Dates: 1st & 3rd Friday of Month (Aug-May)

Please register and pay at the Dunigan YMCA front desk prior to heading to the Program Center for Open Gym Gymnastics.

OPEN GYMNASTICS DATES:

August 5, 19

September 2, 16

October 7, 21

November 4, 18

December 2, 16

January 6, 20

February 3, 17

March 3, 17

April 7, 21

May 5, 19



Go online to www.ymcaswin.org/gymnastics for additional information.