

# The Bell Ringer



September  
2017

## Old Donation Episcopal Church

*Old Donation Episcopal Church is a family: Welcoming All ✝ Growing in God's love ✝  
Joyfully worshiping Jesus Christ ✝ Serving in the power of the Spirit*



**Sunday, 3 September**

**Blessing of the Backpacks, our Students & our Teachers**

• **Sunday, 10 September** •

**Our Annual Ministry Fair**



**Christian Formation & Sunday School Begin**

9:30am-10:15am - for all ages!

**EYC Begins Again!**

4:30pm - 6:00pm Middle School

5:30pm supper for all ages

6:00pm - 7:30pm High School

**Parish  
Picnic!**



**When:**

Fri, 29 Sept, 5:30pm

**Where:**

Bayville Rec Center park

**Details:** Please bring a side or dessert to share, and any yard games you may have! We'll wrap up as the sun goes down!

**September  
Sunday  
Specials**

**Sept 3: Blessing of the Backpacks**

**Sept 10: Ministry Fair & Sunday School**

**Sept 17: Rabbi Zoberman in Power Hour**

**Sept 24: Social Media Sunday**

## *From our Rector*

### **It all begins again!**

Today, parents are walking our halls for the children's orientation for the Day School year. I love the cheery faces and little voices. This is Labor Day weekend, which means we soon start Sunday School, youth group (EYC), full choir, regular Wednesday night programs, and all the normal routines anew. Formation has established a theme of "Knowing our Roots" which captures our plans to connect with our past so to build a better future. Sunday mornings will be full of God's finest. You can't get much more life-giving and vibrant than worship and study at Old Donation as we kick off another year.

If you wonder about how to return some life to God, we have a way to learn about some options. September 10 will start all our classes and also have our annual Ministry Fair. Our various commissions will have tables set up in the parking lot after the 10:30 services. If you look around, you'll find food and desserts. More beneficial will be the opportunities they can describe for you to find a way to be more involved in ministry that will feed your soul. Plan for a little extra time on that day, and you will enjoy getting to know more of your community and more of what your community does. You will be blessed.

### **Rain and Pain**

"Rain, rain, go away... come again some other day (in smaller doses)." This week has been full of stormy weather. Thankfully, we have not had the most extreme like Texas. We have had enough wind and rain, but we are still standing. That means we are more able to send support their way. C.S. Lewis once said that pain becomes "God's megaphone to rouse a dead world." His point was that we sometimes ignore pleasure, but pain demands a response. When we get busy doing service for others, we discover God already there. We know that in the past others have come to our aid and will again. ODEC will receive financial offerings (mark "ERD" for Episcopal Relief and Development on the memo line of your check or use online giving with your credit or debit card). Everything will be earmarked specifically for the current flood relief and recovery.

There are many different kinds of pain. In a parish our size, every week some of us are struggling or get bad news about some diagnosis or a family member or friend. I am thankful for such a strong parish filled with compassionate folks who reach out and help. Our Stephen Ministry partners, trained to be spiritual companions through times of darkness are essential, as are our hospital visitors and prayer ministry team. Remember to reach out and ask for help when you could use a hand.

Ashley+ and I spent most of a day at a diocesan workshop on addictions to alcohol and drugs. It was eye-opening to

hear the stats and understand the depths of this growing problem. We came back more prepared to know how to help identify and refer people to important resources for recovery. Fortunately, we have very active 12-Step programs associated with ODEC. Again, if we can be helpful, let's talk.

### **Softball and Community**

One of the new pleasures of our life together is the ODEC softball team. It is our first year for the "Bell Ringers" and the team and fans are having a blast. We have a great balance of ages and experience. The team plays a doubleheader most Friday nights between now and the end of October. It is a fun evening to come and cheer them on. My thanks to Jon and Heather Floyd for organizing this 'new thing' and for Jon, Bill Waide and Gabby Perkins for coaching. Come and join us - times and locations are posted in the Chimes each week when we have games.

### **Wednesday nights - Forming Saints!**

We just finished our August "*Faith in Film*" series on Summer Wednesdays. The three weeks were very well attended with 55-70 adults, plus a dozen or more children each week for supper, movie and discussion. I plan to continue with a movie night about monthly. Getting practiced at recognizing and interpreting pop culture themes and images theologically is an important skill for Christians. It makes our entertainment MORE entertaining and more EDIFYING when we start to see more deeply.

For September we will have three interesting sessions. For two weeks, we will discuss "*Faith in the Public Square*." (September 13 and 20). Biblically and traditionally, churches have found different approaches to speaking God's truth to the world. With today's volatile and contentious mix of public discourse and policies, I want us to be equipped to think theologically. We will talk about what it means to be faithful. What does it mean to be a witness to our faith? Why are some convinced that standing apart is best and others jump in the middle? When are we called to be prophet and when to be comforter? If you are passionate about the world, let's talk!

September 27 will be a parish wide review of the status of our **Building Design Concept**. As you have noticed (if you read the Bell Ringer monthly) much work with our architects is producing some new and improved ways to assure we accomplish as many of our highest priority goals as possible. This Wednesday evening will be devoted to a close examination of current plans. God willing, we will have a pretty well developed redo of the Master Plan and be very close to the next step of getting architects doing construction drawings. PROGRESS!

Looking forward to a wonderful year with you!



## From our Assistant Rector

And so we begin another Fall season together!

We have had quite an end to summer this year, between the riots in Charlottesville and the immense devastation and flooding caused by Hurricane Harvey, in Texas of all places. One tragedy just down the street, and another too far away for us to feel we can make a difference.

I'm reminded of Shiprah and Puah, the two midwives from our Hebrew Scriptures reading on 27 August. Two women with no power, no real place in a patriarchal society and who were slaves to boot, suddenly find themselves the agents of change. They did what they could with what they had, and thus enabled the entire people of Israel to survive.

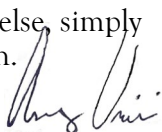
As individuals, we may not have much. We may not be able to rid the world of extremists, of people who believe in the extermination of a human race (much like Pharaoh did). We may not be able to make the flood waters dissipate or rescue those stranded in their homes with our boats. But that doesn't make us helpless. Like Shiprah and Puah, we can do what we can with what we have.

If you have financial resources, make a donation to [Episcopal Relief and Development](#), as Bishop Holly encouraged, or another trusted agency that needs support. It often feels insufficient to just give money, but right now, particularly with our geographic restrictions, that is the best thing we can do.

If you don't have financial means and still want to do something, consider donating blood. The Red Cross and other blood centers are calling for donations - it's impossible to see into the future to determine what the needs might be, but in any sort of disaster the need is going to go up. There are also fewer donations being made right now within the areas impacted by Hurricane Harvey, which threatens to significantly deplete the supply for those in need, either because of an emergency or routine medical care.

There is a blood drive center located at 4554 Virginia Beach Blvd that is open every day, and there will also be a blood drive on Sept 1 from 12-4pm at the Kroger on Shore Drive.

And remember, when you can do nothing else, simply pray with all your heart, mind, and strength.



**Have you moved?** Please notify the [Parish Office](#) of your new mailing address! Save us from being charged for returned postage for your Bell Ringer\Giving Statements.

## From our Youth Minister

Hello EYC!

I can hardly believe it is the end of August already. I always look forward to the fall because of the cooler weather and the overall feeling of change in the air. Summer is nice because of time off, but after a while the heat and humidity overstay their welcome and it's time for a change of season.

This year, however, I am looking forward to more than just a change in the weather. A brand-new year of EYC is upon us already, if you can believe it! As I get adjusted and am figuring out all the logistics of being the youth minister, I am grateful for encouraging and supportive parents, a caring and intentional staff, and youth that are passionate and hilarious. All of these things make me feel very hopeful for the new year. My long-term goal for the youth of this parish is that every year they will walk closer and closer with God, and grow into intentional, caring and passionate Christians with a heart for service.

One of the things I'd like to try to incorporate more into EYC are service projects and outreach opportunities that are locally based. Our Eastern Shore connection is one example of this. I hope we can spend 3 - 4 days or weekends this year developing relationships with the immigrant community there, and really show what it means to be the hands and feet of Christ. I have no doubt that our youth are the right people for the job - they have so many gifts and passions and they are eager to share them.

Be sure that you look up our website, [www.odeceyc.org](http://www.odeceyc.org), for up-to-date information about EYC, Sunday School, and Diocesan Youth Events! I'll also be posting regularly on social media. Feel free to reach out to me if you have any questions, big or small! I look forward to seeing everyone and getting to know this EYC family better. Enjoy the last few days of your summer vacation, and I'll see you soon!

Blessings, Marta

### Valuing our Blessings

Total Pledge and Plate Received	\$399,214
Total Pledge and Plate Budget (YTD)	363,000
Budget / Received Difference	36,214
Number of Pledging Units To General Fund	214
Building Fund	295,029
Mission of the Holy Spirit	6,106
Outreach (all other)	1,943
Clergy Discretionary Fund	4,800
Worship	2,620
Julia Tucker Scholarship Fund (Day School)	3,587



## Knowing Our Roots

September - November

### All that's Cool in Sunday School

Beginning 10 September, 9:30-10:15am

Let's put WorkshopCycles into action!

Here are our Stupendous Shepherds:

**PreK-K:** Melissa Miller, Renee Skiles, and Michelle Mollica

**1st-3rd:** Angela and Mike Lindsey, Julie Sterzing, and Marisa Walpert

**4th-5th:** Lisa Teeling, Holly Waide, John Michael Payne, Jen Hefty

#### September Cycles

**Drama Workshop:** Experience a Scavenger Hunt with Brennon Pope

**Art Workshop:** Create stained glass windows with Melanie Waggoner

**Tory with History Workshop:** Hear about our church's unique history with our costumed team Rev. Don Wilson, and Megan Wilson

### The WiredWORD

An Adult Curriculum

Remember the days of the Under The Hill

group? Looking to apply what's going on in the world today to your faith?

Check out this new discussion group using The Wired Word curriculum, designed to create community and stimulate conversation around current news headlines and how they apply to scripture and faith. Facilitated by Debbie Quam, Kelli Hoover, and Matt Jackson in the Music Room Sundays in September, 9:30-10:15.

### The Old Testament Scriptures

Jump into the historical context and literary import of the first books of the bible, a foundational document of Western thought and Christian and Jewish faith. Videos presented by Prof. Amy-Jill Levine from Vanderbilt University. Discussion facilitated by Mary Poteet and Marti Jones in the library on Sunday mornings 9:30-10:15.

### Power Hour

(Adult Forum) 9:30-10:15 in the Parish Hall

### The Day the World Changed

There have been many days throughout history that have altered time. Join us for this three week series of "Knowing Our Roots" as we journey through time and explore days that changed the world.

#### Sept 10: For Us

Journey through a "museum" of images representing pivotal moments in recent memory when the world changed, share the stories that surround the images, and explore how these moments in history influence the narrative of our faith.

#### Sept 17: For the Israelites

The ever-popular Rabbi Zoberman joins us to talk about the day that changed the lives of the Israelites forever: the Exodus. Hear the story of that day and the days and years that followed, and how lives were changed forever.

#### Sept 24: For "Christianity"

Christ has died. Christ is risen. Christ will come again. What does it mean to proclaim Christ crucified? Why did it have to happen? What does the resurrection mean for us? Fr. Bob leads us through a discussion on these incredible days that changed the course of faith and religion.

### Youth Sunday School

Beginning 10 September, 9:30-10:15am in Alfriend House

It's a wonderful time of preparing our youth as they grow into adulthood and into a deeper relationship with God. They learn, develop relationships, and have some fun as well!

Classes and Mentors:

#### Rite 13 (Grades 6 & 7)

Mentors: Tony Putzig, Jenn Putzig, Zach Neumann and Janet Neumann

#### J2A (Grades 8 & 9)

Mentors: Tom Gerace, Carolyn Gerace, Mairin Genova, Michelle Vasquez

#### J2A-C (Grades 10 & 11)

Mentors: Anna Sas, Jim Bulleit and David Beach

*\*Seniors are encouraged to help in children's classes, attend Adult offerings, worship at 9:15, or join a new ministry\**



## Wednesday Nights in September

### September 13 & 20

"Faith in the Public Square" - What voice and role is right for the Church and for individual Christians on the issues of public policy and politics of the day? Fr. Bob will explore the relationship between Church and State. History, Holy Scripture, theology, and practice will be developed on our whirlwind tour of Augustine, Roger Williams, the Niebuhrs, and contemporary theologians. Our world needs the Church. Let's look at ways the Church is faithful to its call.

### September 27

"Building our Future" - an update on the new building plans from our Design Team. Dave Burt, John Sherman, Fr. Bob and the team will review the latest floor plans and the latest cost estimates.

## Young Adults Continues!

We're beginning our second year, and going strong! Come, bring your kids, and join us for some prayer and bible, fun and games, and food. We meet in Alfriend House on Thursday evenings from 6:00pm - 7:30pm. Babysitters are always available. If you're interested, please contact Mother Ashley! Starts again on the 21st!

### **A Flock of Flamingos?**

Beware! These pink beauties may land in your yard! When birds of a feather flock together at ODEC, they are helping to raise funds for the J2A 2018 spiritual pilgrimage to England and France.

### **Flock your Friends!**

Is a friend celebrating a graduation, birthday, or needs a good laugh? Order a flocking frenzy today for only \$40. Don't like birds? You can buy **Insurance for the Prevention of Large Pink Birds** for \$40 dollars.

To order a flocking, or purchase insurance, please contact Carol Gurioli 757-646-3227

## Coming: Fall Kids Exchange

15 October after the 10:30am services, & 16/17 October  
Come receive gently used kids clothing & small toys. All **free!** Donations will be collected beginning October 1st. Items may also be brought on the days of the exchange.

Contact Melanie Waggoner with questions, or to volunteer!

## EYC is Back!

Sunday, September 10th, EYC is back! We'll meet in Alfriend House as usual, and share a group dinner. We'll be meeting at the regularly scheduled times. Middle School is from 4:30-5:30pm, dinner from 5:30-6:00pm, and High School from 6:00-7:30pm.

## EYC Activities Schedule

Saturday, September 2nd - EYC Busch Gardens Trip 2

Drop-off: 8am at church

Pick-up: 7pm at church

Lunch is provided



Sunday, September 10th - Welcome Back EYC!

Middle School: 4:30-5:30pm

Dinner: 5:30-6:00pm

High School: 6:00-7:30pm

Saturday, September 16th - J2A Spaghetti Supper

5-7pm in Parish Hall. This is only for the new J2A class (8th and 9th grade) and their mentors.

Sunday, September 17th - EYC

Middle School: 4:30-5:30pm

Dinner: 5:30-6:00pm

High School: 6:00-7:30pm

Sunday, September 24 - EYC

Middle School: 4:30-5:30pm

Dinner: 5:30-6:00pm

High School: 6:00-7:30pm

## EYC Diocesan Events 2017-2018 Schedule

Pre-Happening Staff Weekend

October 28-29, 2017

Happening #67

November 10-12, 2017. For grades 10-12.

November Weekend

November 17-19, 2017. For grades 6-12.

Youth Delegation to Annual Council

February 8-10, 2018. For grades 9-12.

Pre-Happening Staff Weekend

February 24-25, 2018

Happening #68

March 9-11, 2018. For grades 10-12.

May Weekend

May 18-20, 2018. For grades 6-12.



## Legacy Society of 1637

In June and July, **Jim Bulleit** and **six additional anonymous parishioners** became members of the Legacy Society. They join 54 other Legacy Society members, who are an inspiration in their estate planning in support of Old Donation's Endowment Fund. Together, through future gifts no matter the size, they enable Old Donation to fulfill our mission to serve the community.

The sixth option suggested last year by Mal Higgins and Bill Dullaghan in **Sharing Love in the Future** was:

### **Charitable Bequest: Will or Living Trust** **How it works**

- Interested in helping ODEC with our mission, but feel overwhelmed by the thought of writing another check or giving up your assets today? A simple, flexible and versatile way to ensure that ODEC can continue our work for years to come is a gift in your **Will or Living Trust** – known as a Charitable Bequest.

Sample wording: "I, (insert your name here) of (address, City, State, ZIP) give, devise and bequeath to the trustees of the Old Donation Episcopal Church Endowment Fund, 4449 N. Witchduck Road Virginia Beach Virginia 23455, (written amount or percentage of the estate or description of property) for its unrestricted use and purposes."

For more information, contact Planned Giving member Earl Morris or call 757-464-1062



# GIFT

## *Growing In Faith Together*

In a couple weeks you will start to receive stewardship moments on some aspect of how your gifts affect the mission here at Old Donation Episcopal Church. Everything we do is generated by you, the church body. You provide a portion of the gifts you received from Christ back to this church to do her mission. With that in mind, your stewardship commission wants to emphasize our personal stewardship of god's gifts to each of us in this year's campaign. Therefore we chose "GIFT: Growing In Faith Together" as our theme for this year.

As mentioned above, starting soon and through our in-gathering on Sunday, 5 November, you'll be receiving a short stewardship moment focused on the work of one of our commissions here at ODEC. I've asked the commission leaders to talk to you about how to use your gifts and also to talk about what they could do if they had more resources. We've asked folks to keep them short and on point, so please take the five minutes or so to read through them as you receive them, and learn how you are affecting peoples lives through Christ's work.

Lastly, if any of you were moved by the Holy Spirit to tell your story on how our mission has affected you or someone you know, please write a short synopsis of your story and send it into the parish office.

Yours in Christ,

Sharon Payne, Senior Warden

Jeff Hood, Stewardship

## Developing the Facility Design – Concept Phase

On 17 August the Design Team held their first of at least two In-Process Reviews scheduled in our contract with our architects. This review was associated with the development of the design concept plans and cost estimates, which was very constructive with positive exchange of ideas and information. Your Team is in both telephonic and email communication with the architects as we focus on refining the design plan and construction costs that will point us toward meeting the design priorities and cost parameters directed by the Vestry. Information from these conversations make us confident that we are moving in the right direction. We anticipate the 2<sup>nd</sup> In-Process Review in mid-September, and are confident that we will have design and cost estimates mature enough to enable us to seek Vestry approval to proceed to the next phase: the development of the architectural construction drawings.

The team also worked to select the best contractor for re-pointing the Church brickwork. We narrowed the search to three contractors and presented our recommendation on Tuesday to the Vestry. The firm recommended is the same firm that accomplished the outstanding work on the Adam Thoroughgood House. They also offered the best combination of expertise and price. We will soon negotiate a contract to carry out the work.

### **Meet • Greet • Learn**

The Building and Facilities Planning Commission will have a table at our Ministry Fair on Sunday, 10 September. This is your opportunity to see who we are, what our vision is and mission is for our campus, how we are organized, how we intend to take advantage of the expertise and interests within the congregation to fulfill our mission, and where we are in the execution of our plans. Please stop by and see us.

~John Sherman, Vestry Liaison

## September Celebrations

### Birthdays

- 1 Claudia Rawlings  
Tess Rubsamen  
Paul Downing
- 2 Vaughn Wilson  
Nancy Koch  
Olivia Keller  
Val Byrnside-Casey
- 3 Tom Cantrell
- 4 Jo Lupton
- 5 Ed Butts  
Joe Campbell  
Maryann Miller
- 6 Dillon Browning  
Cameron Brunick  
Megan Warneke
- 7 Audrey Brown  
Ben Garrett  
Patsy Harris
- 8 Elaine Murray
- 9 Ann Hanes  
Sandy Parsons  
Ellie Kreassig  
Ginny Sinclair  
Carrie Gordon  
Stacey Howeth
- 10 Sally Dudley  
Issy Brown
- 11 Barbara Webster  
Emily Holmes
- 12 Sally Gordon  
Lisa Teeling  
Brendan O'Donoghue
- 13 Nita Watterson  
Mal Higgins  
Stefanie Hurley
- 14 Courtney Pope  
Elizabeth Luebbert  
Haley Groce  
Abigail Myers  
Alyssa Smith
- 15 Gretchen Hood  
Winn Tolerton  
Sophia Wubker
- 16 Dick Hanna  
Yvette Ghormley  
Drew Pope  
Megan Wilson  
Blyth Young
- 17 Marguerite Duncan  
Rachel Scott  
Tanzie Moore  
Erol Aydar
- 18 Joe Tucker  
Carleigh Fite

- 19 Justin Eaton
- 20 Cole Aydar
- 21 Betts Werbiskis  
Beth Jones  
Jim Battersby
- 22 Bill Thompson  
Drew Cohen  
Portia Williams  
Philip Purrington  
Rowan McCarty
- 23 Dick Kreassig  
Amber Lovejoy
- 24 Christopher Miller  
Doug Piston  
Brett Dudley  
Lilah Eaton
- 25 Pamela Bowles  
Eve Poteet  
Rachel Higgins
- 27 Leslie Fenter  
Kelly Cintron  
Caroline Ross  
Emmaline Genova  
Connor Shih
- 29 Meredith Guzman  
Melissa Waide  
Brooke Wilkinson

### Anniversaries

- 2 Neil & Shannon Koprowski
- 6 Mairin & Patrick Genova
- 7 Jennifer & Ricki Schmidt
- 8 Barbara & Frank Schweiger
- 15 Megan & Robert Johnson
- 16 Matthew & Stephanie Rich  
Sonya & Erik Grossgold
- 18 Carolyn & Billy Weems
- 20 Carl & Julie Sterzing
- 21 Marti & Mike Jones
- 26 Sandy & Tim Colvin
- 27 Elizabeth & Jesse Malcom

**We welcome our newest baby!**

William Frank Haynes  
son of Wayles & Jason Haynes

### JOY Dinner Group

Friday, 22 September  
5:30pm at Y Not Pizza  
[David Eckhardt](mailto:David.Eckhardt@y-not.com) 757-340-4811

**Support our Day School while you Shop!**

Click [HERE](#) for information about local shopping.

**KAIROS** means "Gods Special Time". Kairos is an International Prison Ministry in which a team goes inside the prison walls for a four day event - 21-24 September.

We only need 250 dozen cookies, but we will take all we can carry! We bring in about 3200 dozen inside the Prison. The inmates may show up because of your cookies that you bake, but they leave with so much more. They leave with the fact that people outside those walls and fences, that they do not know, actually care enough to do an act of kindness for them. They leave with fact that God does love them and will forgive them for their sins. They leave with HOPE and an understanding that they have an opportunity to change their lives. It is your cookies that start them on that path. I have said this before, but when inmates have an opportunity to talk in front of us at the podium, they talk about YOU, the folks who baked the cookies, the kids who made the place mats, the posters you make, and the prayer chain. It stirs emotions in them they may have not felt for years. This is YOUR impact on the Kairos weekend and we thank you very much for your participation.

Vaughn Wilson has placed some instructions for the cookies in back of the church and in the foyer by the parish hall. They must be home-made cookies. Peanut Butter, chocolate chip, molasses cookies are the norm. If anyone can make diabetic cookies that would be greatly appreciated, but please mark your containers as such. Package them a dozen to a quart zip lock bag. Please place them in the kitchen freezer or the freezer in Alfriend House. The cookies will be picked up on the morning of Wednesday, 20 September.

In addition to the cookies there will be a box of placemats in the foyer for the children to color. Take as many as you like, and just drop them off in the same box when they're ready. There will also be a signup list for the prayer chain in the foyer.

If you have any questions please contact Vaughn Wilson or me. Thanks for your continued support,  
Sincerely, ~Steven Kamperschroer

## WEEKLY WORSHIP SCHEDULE

### Sunday

8:00 a.m. Holy Eucharist, Rite I  
9:15 a.m. Holy Eucharist, Rite II  
9:30-10:15 a.m. Christian Formation  
10:30 a.m. Holy Eucharist, Rite II  
10:30 a.m. The Gathering

### 2nd Sunday of the Month

5:00 p.m. Paws, Prayers & Praise  
Holy Eucharist

### Thursday

10:00 a.m. Holy Eucharist  
11:00 a.m. Bible Study

## OLD DONATION EPISCOPAL CHURCH

Jesus Christ, Head of the Church

The Rt. Rev. Herman Hollerith, IV, *Bishop*

The Rev. Robert J. Randall, Jr., *Rector*

The Rev. Ashley E. Urquidi, *Assistant Rector*

The Rev. Fred Poteet, *Associate Rector*

Marta Cohen, *Youth Minister*

4449 N. Witchduck Road, Virginia Beach, 23455

Phone: 757-497-0563

[odec@olddonation.org](mailto:odec@olddonation.org) | [www.olddonation.org](http://www.olddonation.org)

## OLD DONATION EPISCOPAL DAY SCHOOL

Janet Brown & Jody Baker, Day School Directors

Phone: 757-499-2283

Ages 2, 3, 4 and Kindergarten

Day School Hours: 9:00 am - 12:20 pm

Monday - Friday

Early Drop Off & After School until 2:20 pm

[odeds@olddonation.org](mailto:odeds@olddonation.org)

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Old Donation Episcopal Church  
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Virginia Beach VA 23455

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