

Six Day Centering Prayer Retreat: *Intensive & Post-Intensive*

*Sponsored by Contemplative Outreach
of Maryland and Washington, D.C.*

**Claggett Retreat Center
Adamstown, Maryland
October 21-26, 2018**



The Retreat

The *Intensive* Retreat is for those who have not previously attended a Centering Prayer retreat. The retreat includes several hours of group Centering Prayer daily. The prayer is supported by videos and discussion of teachings of Fr. Thomas Keating. Six months of Centering Prayer experience is helpful background. / The *Post-Intensive* Retreat includes more extended silence and Centering Prayer. Previous participation in a Centering Prayer retreat is recommended. / Overall, the retreat provides an opportunity to deepen one's practice of Centering Prayer in an atmosphere of profound silence and community support. All participants observe silence from the opening to the closing of the retreat. Soul-friending with the staff can be scheduled.

The Setting

The retreat will be held at the Claggett Retreat Center in Adamston, MD. The Center is nestled in the rolling hills of Frederick County on 268 wooded acres with a working farm and fantastic views, yet only an hour's drive from three international airports. Lodging will be in the Christiane Inn; a range of dietary needs can be accommodated. (For details and directions, visit: <https://www.claggettcenter.org/>)

Retreat Leaders

Mary Dwyer is a long-time student of Fr. Thomas Keating and has been practicing Centering Prayer for almost 30 years. She has served as Chairperson of the Contemplative Outreach, Ltd. Governing Board; a member of the Contemplative Outreach Faculty; and Living Flame program Coordinator. Mary now devotes her time to giving retreats and workshops on behalf of Contemplative Outreach throughout the US and internationally. She is passionate about nature, animals, children, honesty, recovery, and present-moment awareness.

Ron Barnett, a psychologist by education, has practiced Centering Prayer for several decades and is a commissioned presenter of the practice. He served as Coordinator of Contemplative Outreach of MD/DC for six years and on the Board and as a Trustee of Contemplative Outreach, Ltd. for 10 years. More recently Ron underwent multi-year training in seeing the visual world contemplatively and expressing it photographically. He works in medical research at the National Institutes of Health and lives in Germantown, MD where he has co-facilitated a Centering Prayer group for many years.

Schedule and Cost

The retreat begins with dinner on Sunday, October 21, 2018 and closes Friday after lunch, October 26, 2018. The fee of \$665 includes the retreat, meals and overnight accommodations in a single room with full bath. Some double rooms are available for \$600.

Space is limited and reservations will be taken in the order in which they are received. A \$125.00 non-refundable deposit is required with registration. Full retreat fee payment is due September 1, 2018. A limited number of partial scholarships are available.

For more information, contact Suzi Kindervatter at: skindervatter@gmail.com

As of January 23, 2018