

STM TAEKWONDO PROGRAM



For Boys and Girls in Grades K-8

You will learn:

Mental Focus
Discipline
Confidence
Courtesy
Integrity
Perseverance
Self Control
Indomitable Spirit
Conditioning
Personal Fitness

Great for children who cannot attend team sports

Wednesdays in the STM auditorium from

3:15-4:15 p.m.

Session: 6 classes Belted Program ~ January 18– February 22, 2017

Cost: \$100 made out to Spirit Tae Kwon Do
Uniforms included
10% of all enrollment will go to STM

To reserve a space:

Please call Ms. Agnes: 651-428-6172 or Master Joe: 651-428-6170