



**DeKalb County School District**  
**Smart Bites Health & Wellness**  
**Elementary School Lunch Menu**  
**August 2017**



**Joyce R. Wimberly, School Nutrition, Executive Director DeKalb County School District**

MON	TUE	WED	THU	FRI
<p>7 Choice Of One Entrée: Galaxy Pepperoni Pizza Galaxy Cheese Pizza V Philly Steak Pinwheel Choice of two-three sides: Mixed Green Salad Whole Kernel Corn Chilled Peaches Fresh Apples Wedges Grab N Go: Charbroiled Chicken Salad</p>	<p>8 Choice Of One Entrée: Mini Cheese Ravioli /Breadstick v BBQ Grilled Chicken Nuggets/ Breadstick Choice of one-four sides: Tossed Salad Steamed Carrots Cinnamon Applesauce Fresh Pears Grab N Go: Chicken Strip Chef Salad</p>	<p>9 Choice Of One Entrée: Beef &amp; Cheese Nachos Cheese Nachos V Grilled Chicken Sandwich Choice of one-four sides: Shredded Lettuce &amp; Tomato Broccoli Fruit Cocktail Fresh Bananas Grab N Go: Charbroiled Chicken Salad</p>	<p>10 Choice Of One Entrée: Chicken Drumstick/Garlic Knot Mozzarella Sticks/ Italian Dipping Sauce v Choice of one-four sides: Lima Beans Collard Greens Chilled Pears Fresh Orange Wedges Grab N Go: Charbroiled Chicken Salad</p>	<p>11 Your Way Friday Chicken A la Orange Or Teriyaki Chicken Served over choice of Asian Yakisoba Noodles or Brown Rice Choice of one-four sides: Oriental Vegetable Blend Green Beans Mandarin Oranges Assorted Fresh Fruit Grab N Go: Asian Chicken Chef Salad</p>
<p>14 Choice Of One Entrée: Breaded Chicken Sandwich Chicken Chili Crispito/Cheese Choice of one-four sides: Shredded Lettuce &amp; Tomato Mexican Pinto Beans Chilled Peaches Fresh Apple Wedges Grab N Go: Charbroiled Chicken Salad</p>	<p>15 Choice Of One Entrée: Wild Mike's Pepperoni Pizza Wild Mike's Cheese Pizza V BBQ Chicken Nuggets/Roll Choice of one-four sides: Mixed Green Salad Glazed Sweet Potatoes Applesauce Fresh Pears Grab N Go: Chicken Strip Chef Salad</p>	<p>16 Choice Of One Entrée: Hamburger Cheesburger Hot Dog Choice of one-four sides: Curly Seasoned Fries Sliced Carrots Fruit Cocktail Fresh banana Grab N Go: Chargrilled Chicken Chef Salad v</p>	<p>17 Choice Of One Entrée: BBQ Poultry/Bun Cheese Dippers/Salsa v Choice of one-four sides: Broccoli Loaded Mashed Potatoes Chilled Pears Fresh Orange Wedges Grab N Go: Chicken Caesar Wrap V</p>	<p>18 Your Way Friday Italian Meat Sauce Or Alfredo Sauce v Served over choice of pasta Choice of one-four sides: Mixed Green Salad Italian Blend Vegetables Mandarin Oranges Assorted Fresh Fruit Served with: Garlic Breadstick</p>
<p>21 Choice Of One Entrée: Asian Chicken Bites/WG Roll Mini Cheese Calzone/Italian Sauce/Garlic Breadstick V Choice of one-four sides: Steamed Broccoli Mixed Green Salad Chilled Pineapple Fresh Apple Wedges Grab N Go: Charbroiled Chicken Salad</p>	<p>22 Choice Of One Entrée: Chicken Tenders/Breadstick French Bread Cheese Boat V Choice of one-four sides: Garden Salad Green Beans Chilled Peaches Fresh Pears Grab N Go: Fajita Chicken Chef Salad</p>	<p>23 Choice Of One Entrée: Wild Mike's Pepperoni Pizza Wild Mike's Cheese Pizza V Chicken Corndog Choice of one-four sides: Steamed Carrots Black-eyed Peas Applesauce Fresh Watermelon Grab N Go: Charbroiled Chicken Salad</p>	<p>24 Choice Of One Entrée: BBQ Chicken/Roll Fish Sandwich V Choice of one-four sides: Carrots &amp; Celery Sticks with Ranch Dressing Fresh Sweet Potato Fruit Cocktail Fresh Pear Mixed Green Salad Grab N Go: Chicken Strip Chef Salad</p>	<p>25 You Way Friday—Tacos! Mexican Chicken Classic Mexican Beef Served with choice of Crispy Taco Shell or Soft Tortilla Choice of one-four sides: Shredded Lettuce/Tomatoes Mexicali Corn Mandarin Oranges Assorted Fresh Fruit With: Mexican Rice Grab N Go: Yogurt &amp; Cheese Fruit Plate</p>
<p>28 Choice Of One Entrée: Galaxy Pepperoni Pizza Galaxy Cheese Pizza V Philly Steak Pinwheel Choice of two-three sides: Mixed Green Salad Whole Kernel Corn Chilled Peaches Fresh Apples Wedges Grab N Go: Charbroiled Chicken Salad</p>	<p>29 Choice Of One Entrée: Mini Cheese Ravioli /Breadstick v BBQ Grilled Chicken Nuggets/ Breadstick Choice of one-four sides: Tossed Salad Steamed Carrots Cinnamon Applesauce Fresh Pears Grab N Go: Fajita Chicken Chef Salad</p>	<p>30 Choice Of One Entrée: Beef &amp; Cheese Nachos Cheese Nachos V Grilled Chicken Sandwich Choice of one-four sides: Shredded Lettuce &amp; Tomato Broccoli Fruit Cocktail Fresh Banana Grab N Go: Charbroiled Chicken Salad</p>	<p>31 Choice Of One Entrée: Chicken Drumstick/Garlic Knot Mozzarella Sticks/ Italian Dipping Sauce v Choice of one-four sides: Lima Beans Collard Greens Chilled Pears Fresh Orange Wedges Grab N Go: Charbroiled Chicken Salad</p>	<p>1 Your Way Friday Chicken A la Orange Or Teriyaki Chicken Served over choice of: Asian Yakisoba Noodles or Brown Rice Choice of one-four sides: Oriental Vegetable Blend Green Beans Mandarin Oranges Assorted Fresh Fruit Grab N Go: Mixed Cheese Chef Salad</p>

2017-2018 Elementary Meal Prices	
Full Paid Breakfast	\$1.40
Reduced Breakfast	\$0.30
Full Paid Lunch	\$2.50
Reduced Lunch	\$0.40
Adult Breakfast	\$1.90
Adult Lunch	\$3.50
Milk	\$0.80

Choice of Milk is available with every meal

**Farm to School—Watermelon**

**Did You Know:**

Watermelon is the Summer's most popular vegetable.

Watermelon is actually a vegetable related to squash, pumpkins and cucumbers.

1 C watermelon = 46 Calories



**schoolcafé**

Please visit [SchoolCafe.com](http://SchoolCafe.com) to manage your child's School Nutrition meal account.

Please help your student learn their 7 digit account number.

This institution is an equal opportunity provider

**V = Vegetarian Item**

**WG = Whole Grain**