



**DeKalb County School District**  
**Smart Bites Health & Wellness**  
**November 2016**  
**Elementary Breakfast Menu**

**Joyce R. Wimberly, School Nutrition, Executive Director DeKalb County School District**

MON	TUE	WED	THU	FRI
31 <b>Choice of Entrée:</b> Whole Grain Maple Chicken Sausage Pancake Sandwich  Honey Nut Cheerios with WG Toast  <b>Fruit Selections:</b> Apple Juice Fruit Cocktail	Nov 1 <b>Choice of Entrée:</b> Chicken Sausage Bites  Cinnamon Chex with Toast  <b>Fruit Selections:</b> Strawberry Kiwi Banana	2 <b>Choice of Entrée:</b> WG Cheese Toast V  Apple Cinnamon Cheerios with WG Toast  <b>Fruit Selections:</b> White Grape Juice Apple Wedges	3 <b>Choice of Entrée:</b> Turkey Sausage Biscuit  Frosted Mini Wheats with WG Biscuit  <b>Fruit Selections:</b> Tangerine Juice Applesauce	4 <b>Choice of Entrée:</b> Pancake N' Links/Syrup  Strawberry Yogurt with Blueberry Muffin Top  <b>Fruit Selections:</b> Assorted Juice Mandarin Oranges
7 <b>Choice of Entrée:</b> French Toast Sticks/Syrup V  Honey Nut Cheerios with WG Toast  <b>Fruit Selections:</b> Apple Juice Fruit Cocktail	8   <b>No School</b>	9 <b>Choice of Entrée:</b> Whole Grain Beef Biscuit  Apple Cinnamon Cheerios with WG Biscuit V  <b>Fruit Selections:</b> White Grape Juice Apple Wedges	10 <b>Choice of Entrée:</b> Chicken & Waffles  Frosted Mini Wheats with WG Toast V  <b>Fruit Selections:</b> Tangerine Juice Applesauce	11 <b>Choice of Entrée:</b> WG Cinnamon Mini Waffles V  Peach Yogurt with Granola V  <b>Fruit Selections:</b> Assorted Juice Mandarin Oranges
14 <b>Choice of Entrée:</b> Breakfast Pizza  Honey Nut Cherrios with Toast V  <b>Fruit Selections:</b> Apple Juice Fruit Cocktail	15 <b>Choice of Entrée:</b> Sausage Biscuit  Cinnamon Chex with Biscuit V  <b>Fruit Selections:</b> Strawberry Kiwi Juice Banana	16 <b>Choice of Entrée:</b> Scrambled Egg/Toast  Apple Cinnamon Cheerios with WG Toast V  <b>Fruit Selections:</b> White Grape Juice Apple Wedges	17 <b>Choice of Entrée:</b> Turkey Sausage Breakfast Bagel  Frosted Mini-Wheats with WG Toast V  <b>Fruit Selections:</b> Tangerine Juice Applesauce	18 <b>Choice of Entrée:</b> Chicken Whole Grain Biscuit  Cheese Omelet/Biscuit  <b>Fruit Selections:</b> Assorted Juice Mandarin Oranges
<b>Thanksgiving Break</b>  <b>School Closed</b> <b>November 21 -25</b>				
28 <b>Choice of Entrée:</b> Whole Grain Maple Chicken Sausage Pancake Sandwich  Honey Nut Cheerios with WG Toast  <b>Fruit Selections:</b> Apple Juice Fruit Cocktail	29 <b>Choice of Entrée:</b> Chicken Sausage Bites  Cinnamon Chex with Toast  <b>Fruit Selections:</b> Strawberry Kiwi Banana	30 <b>Choice of Entrée:</b> WG Cheese Toast V  Apple Cinnamon Cheerios with WG Toast  <b>Fruit Selections:</b> White Grape Juice Apple Wedges	Dec 1 <b>Choice of Entrée:</b> Chicken Whole Grain Biscuit  Frosted Mini Wheats with WG Biscuit  <b>Fruit Selections:</b> Tangerine Juice Applesauce	2 <b>Choice of Entrée:</b> Pancake N' Links/Syrup  Strawberry Yogurt with Blueberry Muffin Top  <b>Fruit Selections:</b> Assorted Juice Mandarin Oranges

**2016-2017 Elementary Meal Prices**

Full Paid Breakfast	\$1.40
Reduced Breakfast	\$0.30
Full Paid Lunch	\$2.50
Reduced Lunch	\$0.40
Adult Breakfast	\$1.90
Adult Lunch	\$3.50
Milk	\$0.80

Choice of Milk is available with every meal



This institution is an equal opportunity provider and employer.

V = Vegetarian Item

WG = Whole Grain