



**DeKalb County School District
Smart Bites Health & Wellness
November 2016
Elementary Breakfast Menu**

Joyce R. Wimberly, School Nutrition, Executive Director DeKalb County School District

MON	TUE	WED	THU	FRI
31 Choice of Entrée: Whole Grain Maple Chicken Sausage Pancake Sandwich Honey Nut Cheerios with WG Toast Fruit Selections: Apple Juice Fruit Cocktail	Nov 1 Choice of Entrée: Chicken Sausage Bites Cinnamon Chex with Toast Fruit Selections: Strawberry Kiwi Banana	2 Choice of Entrée: WG Cheese Toast V Apple Cinnamon Cheerios with WG Toast Fruit Selections: White Grape Juice Apple Wedges	3 Choice of Entrée: Turkey Sausage Biscuit Frosted Mini Wheats with WG Biscuit Fruit Selections: Tangerine Juice Applesauce	4 Choice of Entrée: Pancake N' Links/Syrup Strawberry Yogurt with Blueberry Muffin Top Fruit Selections: Assorted Juice Mandarin Oranges
7 Choice of Entrée: French Toast Sticks/Syrup V Honey Nut Cheerios with WG Toast Fruit Selections: Apple Juice Fruit Cocktail	 Election Day No School	9 Choice of Entrée: Whole Grain Beef Biscuit Apple Cinnamon Cheerios with WG Biscuit V Fruit Selections: White Grape Juice Apple Wedges	10 Choice of Entrée: Chicken & Waffles Frosted Mini Wheats with WG Toast V Fruit Selections: Tangerine Juice Applesauce	11 Choice of Entrée: WG Cinnamon Mini Waffles V Peach Yogurt with Granola V Fruit Selections: Assorted Juice Mandarin Oranges
14 Choice of Entrée: Breakfast Pizza Honey Nut Cheerios with Toast V Fruit Selections: Apple Juice Fruit Cocktail	15 Choice of Entrée: Sausage Biscuit Cinnamon Chex with Biscuit V Fruit Selections: Strawberry Kiwi Juice Banana	16 Choice of Entrée: Scrambled Egg/Toast Apple Cinnamon Cheerios with WG Toast V Fruit Selections: White Grape Juice Apple Wedges	17 Choice of Entrée: Turkey Sausage Breakfast Bagel Frosted Mini-Wheats with WG Toast V Fruit Selections: Tangerine Juice Applesauce	18 Choice of Entrée: Chicken Whole Grain Biscuit Cheese Omelet/Biscuit Fruit Selections: Assorted Juice Mandarin Oranges
 Thanksgiving Break				
 School Closed November 21 -25				
28 Choice of Entrée: Whole Grain Maple Chicken Sausage Pancake Sandwich Honey Nut Cheerios with WG Toast Fruit Selections: Apple Juice Fruit Cocktail	29 Choice of Entrée: Chicken Sausage Bites Cinnamon Chex with Toast Fruit Selections: Strawberry Kiwi Banana	30 Choice of Entrée: WG Cheese Toast V Apple Cinnamon Cheerios with WG Toast Fruit Selections: White Grape Juice Apple Wedges	Dec 1 Choice of Entrée: Chicken Whole Grain Biscuit Frosted Mini Wheats with WG Biscuit Fruit Selections: Tangerine Juice Applesauce	2 Choice of Entrée: Pancake N' Links/Syrup Strawberry Yogurt with Blueberry Muffin Top Fruit Selections: Assorted Juice Mandarin Oranges

2016- 2017 Elementary Meal Prices

Full Paid Breakfast	\$1.40
Reduced Breakfast	\$0.30
Full Paid Lunch	\$2.50
Reduced Lunch	\$0.40
Adult Breakfast	\$1.90
Adult Lunch	\$3.50
Milk	\$0.80

Choice of Milk is available with every meal



This institution is an equal opportunity provider and employer.

V = Vegetarian Item
WG = Whole Grain