

SHOFAR

SEPTEMBER - OCTOBER 2016 ▪ ELUL 5776 | TISHREI - CHESHVAN 5777

SABBATICAL

By Rabbi Carolyn Braun

*And God blessed the seventh day and declared it holy, because on it,
God rested from all the work that God created to do.*

~ Genesis 2:3



And thus Shabbat was created; the seventh day of creation... where only rest was created. What an incredible concept: the creation of a day dedicated to not creating! Not only is the concept of the day extraordinary, but the concept that even God rests, is amazing! Even if we understand that God's rest is not like human rest, one might expect that without God's full attention, the world would spin out of control! More important to my own lifestyle, I wonder how God could possibly have "finished" work at the end of the sixth day? I imagine there was (and still is) a lot of work that still needed to be done. Was God one of those creators who, at 5 o'clock, shuts down her computer and leaves without a care?

Maybe this is as much a story about us as it is about God and creation. I look at the story of creation (among other things) as a way to teach us how to be holy and human. Holy, like God, and human like...well, us. Several rabbinic texts view God as our role model and teach that we are meant to imitate God's actions. For example, the Midrash teaches us that just as God clothed Adam and Eve when they discovered that they needed clothes, so too we should 'clothe the naked.' Just as God (in the form of angels) visited Abraham as he recovered from his *bris* (circumcision), so too we should visit the sick, and just as God blessed Isaac after Abraham's death, the rabbis suggest that we too should comfort mourners. Just as God ceased to work on creation on the seventh day, so too we should cease our work on the seventh day. While 'finished' and 'rest' are still confusing terms, through the creation of Shabbat, God's actions (or non-actions!), teach the value of finishing and resting on one day of the week. While the concept is ancient, as contemporary Jews and as post early twentieth century workers, these values are still relevant and practiced. Interestingly enough, the first American factory to establish a five day work week was a cotton mill in New England. The mill employed Jews who suggested that they work on Sundays, but not on Saturdays. Apparently the mill owners felt that it would be an insult for work to occur on Sunday, so they created the weekend! The hours were long, I'm sure, but the workers received two days off. Shabbat has had a very powerful influence on the world's economy. If we can and if we want, we have absolute permission to observe a day that was precisely created to cease creation. Cool!

How on earth did God 'finish' at sundown of the sixth day? The universe is a big place with many small details. 'Finish?' That's very difficult to believe. I don't know about you, but I rarely feel 'finished.' My mind is racing to the next task, the next phone call, the next... 'Finished' is hardly the word that comes to my mind regarding Creation, or my work week. Even when I try to imitate God on this one, I can't. When Friday sundown arrives, I do my best to feel finished, knowing that Sunday morning, I will be at it again. Actually, at least for me, it takes work to rest. I have to change my mood; I have to work at slowing down and letting the week go. That is what Kabbalat Shabbat does for me. It brings me into a Shabbat place. Still, like moving through time zones, just as I get used to one zone, I'm changing to the next; Friday night and Saturday night both have their stressors. Still, if I miss Shabbat, I feel it for the rest of the week...

Judaism extends the Shabbat concept to land and produce and even to the release of servants! In order to be productive, in order to break a pattern of over use, and in order to replenish, we have been given the concept of shabbat (ceasing work for the day), of shmita (ceasing farming the land in the seventh year of the agricultural cycle), and of sabbatical (ceasing work for a period of time longer than a day). Shabbat is truly a gift, but also a healthy way of resting and replenishing; and an amazingly forward thinking concept.

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TEMPLE BETH EL'S MISSION

Our vision is to be an embracing, supportive and vibrant community which observes Judaism in the Conservative tradition and which is devoted to the perpetuation of Jewish values and culture. Temple Beth El honors the diversity of its members and is committed to their spiritual growth.



TEMPLE BETH EL

SCHEDULE OF SERVICES

All are welcome.

Monday through Friday	6:50 am
Friday evening Kabbalat Shabbat service	5:30 pm
Shabbat (Saturday) and Jewish holidays	9:30 am
Sunday	9:00 am
Secular U.S. holidays	8:30 am

OFFICE HOURS

Monday	Closed
Tuesday - Thursday	9 am - 5 pm
Friday	9 am - 3 pm

EXECUTIVE COMMITTEE 2016-2017

Joan Levy, President
Jodi Freedman, Vice President
Irwin Gratz, Treasurer/Vice President
Jon Gelchinsky, Secretary
Norm Wilson

Ex officio:
Rabbi Carolyn Braun

TEMPLE BETH EL 2016-2017 BOARD OF DIRECTORS

Sharon Craig	Mandy Levine
Patricia Finkelstein	Paul Muscat
Carolyn Turcio-Gilman	Vilean Taggersell
Sandra Kornblum	Elliott Wincele
Joy Krinsky	

Rabbi Carolyn Braun
Kate Shalvoy, *Congregational Director*
Abby Halpern, *Director of Kadima Beth El Religious School Program*
Sherri Quint, *Bookkeeper & Cemetery Director*
Alice Alexander, *Administrative Assistant*
Deena Schoenfeld, *Communications Director*
Bob Bradbury & Chris Thoits - *Custodians*

Rabbi Emeritus - Harry Z. Sky, D.D.
Cantor Emeritus - Kurt Messerschmidt

Shofar Design & Production - Deena Schoenfeld



THE RABBINICAL
ASSEMBLY

Shana Tova! Please join us for HIGH HOLIDAY SERVICES

with Rabbi Carolyn Braun
and special guest Cantor Rebecca Blumenfeld

No tickets necessary ♦ Open seating ♦ All are welcome!

See the High Holiday Schedule of Services for details.
Donations to TBE's Annual Appeal Campaign are greatly appreciated.

Welcome back VISITING CANTOR REBECCA BLUMENFELD



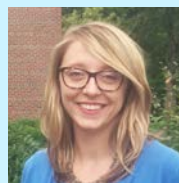
Cantor Rebecca "Bex" Blumenfeld will once again lead our High Holiday services, alongside Rabbi Braun. She lives in Arlington, MA with her husband Jeff and their young son Saul. Cantor Bex is originally from 'across the pond', born and bred in Oxford, where she was a full time preschool teacher. She has a Masters in Jewish Studies and was ordained as a Cantor from the

Hebrew College Cantor Educator program.

Cantor Bex comes to us with more than 11 years of experience as High Holiday *chazzan* (cantor) for congregations in MA, NY, PA and the UK. She has led Shabbat and holiday services since 2007, and has been an active educator for children and adults. Please join us in welcoming Cantor Blumenfeld back to TBE this year! ■

IN DEFENSE OF PEOPLE PLEASING

By Kate Shalvoy, Congregational Director



People who always say 'yes' and will move mountains to avoid disappointing others have low self esteem and define their worth based on the value others assign to them. Right? I say it's not that simple.

As a newcomer to the director position and to the Temple Beth El community, I see that this congregation is filled with people pleasers and I absolutely love it. Dan, will you stop by and check that leak in the ceiling? Carolyn, we are down a receptionist this week, will you fill in a day here or there? Joan, there is no director at the moment, will you come in a couple days a week to fill in the gaps? Rabbi Braun is out of town this weekend, who can lead services?

This entire newsletter and more could be filled with examples of people giving their precious free time so that this community will continue to be, and be beautifully. On July 6th, I proudly joined the ranks of these say yes'ers and it has added a richness to my life that I didn't fully expect.

To introduce myself briefly, I have made a career and life of trying to connect with as much as of the world as possible. I worked for the Portland-based Council on International Educational Exchange for seven years across Portland, Tibet, Germany, Poland, India, and Israel. I wanted to stretch myself as far and as wide as possible in an effort to know and understand people who were not like me. It is on the backdrop of this experience that I contextualize the feeling of joining a very specific community in a very specific corner of the world: Temple Beth El in Portland, Maine. Coming in to this position, I didn't know what to expect - would I be accepted as a non-Jewish person who has decided to choose Judaism? As a native New Yorker, could I really expect to find a Jewish community in Maine? Do I have what it takes to run a synagogue?

The answer to all of these questions has been yes, and I couldn't be more pleased. As we enter this new year, my wish for all of you is to have more 'yes' in your life, and that together we will continue to strengthen and grow this amazing community. Thank you for the privilege of sharing this new year with you, and *Shana Tova!* ■



NEW MEMBERS

Fred & Ellen Barlow

Josh & Lucia Filler
and their children Isabella and Gabriella

Merril Abramson & Rebecca Thompson Greaves and their children Hannah, Hazel, Jay, William and Charles

Nachum & Sally Bitan Marshall Mack

Allan Labos & Stephanie Madore
and their children Saffron and Violet

WELCOME CONGREGATION SHAAREY TPHILOH

Congregation Shaarey Tphiloh's new home will be in the TBE school wing, Room 4A. This will be a beautiful dedicated service space, with separate administration, phone, and email contacts.

Susan Cummings Lawrence continues as Shaarey Tphiloh's Administrative Director. Administrative functions will take place at an office on Warren Avenue. Shaarey Tphiloh can be contacted at email maineshul@gmail.com and tel. (207) 773-0693.

We look forward to many shared Kiddush and holiday events with our new neighbors!

MAZEL TOV מזל טוב

SEPTEMBER ANNIVERSARIES

- 1 Lawrence Mohr and Carla Marcus
- 2 Robert and Jean Aranson
- 2 David Small and Betty Bricker Small
- 3 Ray and JoAnn Oransky
- 5 Justin and Samantha Lerman
- 6 Bernie and Phyllis Givertz
- 7 Jeffrey and Susie Saffer
- 18 Jeffrey and Joan Barkin
- 23 Lenny and Patti Drapeau
- 29 David and KC Stone

OCTOBER ANNIVERSARIES

- 5 Ken and Susan Silver
- 7 Ben and Judy Bertram
- 10 Stephen and Melissa Finberg
- 10 Colin and Kate Foye
- 10 Paul and Julie Greene
- 10 Mark Kelly and Emma Schiffman Kelly
- 23 Abe and Tama Fineberg
- 23 Gregg and Pattie Garson
- 23 Verne and Tracey Weisberg
- 25 Stuart and Laura Piltch
- 25 Stephen and Susan Schwartz

THE LIBRARY COMMITTEE NEEDS YOUR HELP!

By **Sandrea Kornblum**, Chair

Calling all bibliophiles! Library committee members and volunteers needed! We will be establishing library lending policies and cataloguing procedures, and using software to set up the library. Please contact Sandrea at lovetolearn11@icloud.com if you are interested in getting involved.

KADIMA BETH EL

WELCOME KBE FAMILIES

By **Abby Halpern**, Director of Kadima Beth El
Religious School Program



Dear Families,

Welcome to the 5777 (2016-2017) school year! I want to congratulate you on your commitment to ongoing Jewish education and community involvement. As you know, going to religious school is about so much more than learning the *aleph-bet* or getting ready for a bar/bat mitzvah. It's about giving your kids the tools they need to feel pride in their Jewish identity, develop a connection to other Jews, and foster the lifelong habit of showing up at Jewish events.

The vast majority of families have already registered. Thank you! If you are not one of them, please complete your online registration for next year. You can access the link from our website at www.TBEmaine.org/kadima-beth-el.

The first day of school is Sunday, September 11th for all students. We will begin with a welcome assembly and celebratory *tefillot* (prayers) in the Sanctuary. Hebrew High begins that day as well, immediately after *tefillot*.

Please join us to kick off the year with *Shabbat Halaila* (literally, "Shabbat Tonight") on September 16. *Shabbat Halaila* is our family Kabbalat Shabbat service with the rest of the TBE community, followed by a delicious dinner. Be sure not to miss this social gathering—the next one is not until May, when the kids will be leading the service and showing off the skills they have learned. We need volunteer help for shopping, cooking and cleaning – if you're interested, please email me at education@TBEmaine.org.

This year we will also be having a family *Havdalah* program during the winter months. *Havdalah* is a candlelit goodbye to Shabbat, which will be followed by a family program.

Be sure to download the school calendar from our website at www.TBEmaine.org for the full schedule of our programs for all ages.

I'd like to take this time to share with you how excited I am about our new teachers this year, and I believe our school is moving in a great direction -- "*Kadima*" means forward, after all! Our 3rd-6th grade *Tanakh* (Bible) teacher will be Morah Jodi Satin. Jodi was a religious school teacher in Baltimore for many years before moving with her family to Portland. Our 3rd-6th grade Hebrew teacher will be Morah Chana Wilansky. Some of you know her from Chabad of Maine or as a previous teacher in our school. Another new addition to our staff is Michal Frank, who will be leading the Kol Yeladim program once a month at the new time of 9:30 am. (At the time of this writing, we are still looking for someone to teach our Pre K - K class.) All of our new teachers are caring, experienced, knowledgeable individuals who are committed to Jewish education. On the first day, you will have the opportunity to get to know our teachers and welcome them to the community. We also welcome back Lisa Berman, our 3rd-6th grade *Tefillot* teacher, who is beginning her tenth year of teaching, and Debbie Kanter who begins her 23rd year with us, teaching first and second grade.

I look forward to a productive and enjoyable year of learning and making new Jewish connections with each other!

Sincerely,
Abby Halpern
Director, Kadima Beth El Religious School ■



Earl S. Prolman CLU, ChFC and
The Law Office of Gary M. Prolman
present
**BOB MARLEY
COMEDY NIGHT**
& SILENT AUCTION
Proceeds benefit Kadima Beth El Religious School
Monday evening, September 12th
at Temple Beth El

Please join us on Monday, Sept. 12th

- 6:00 - 7:00 pm - Silent Auction & Hors D'oeuvres
- 7:30 pm - Bob Marley Comedy Show begins

"New England's King of Comedy" Bob Marley makes a special live appearance at TBE! Show is appropriate for age 16+. Light hors d'oeuvres will be served and we'll have a cash bar. Come bid on amazing Silent Auction items before the show!

All proceeds benefit Kadima Beth El Religious School

RSVP + payment deadline is Tuesday, Sept. 6th.

Tickets: \$35 per person • \$350 for a reserved table of 10
\$280 for a reserved table of 8

To purchase tickets, visit www.TBEmaine.org, or contact the office at office@tbemaine.org or (207) 774-2649.

Seating is limited and event is likely to sell out.

SHABBAT HALAILA

You're invited!



Join us for our

FAMILY KABBALAT SHABBAT SERVICE & COMMUNITY DINNERS

TBE's religious school program, Kadima Beth El, invites the entire congregation to our special Family Shabbat Service and Community Dinners. Please join us for this wonderful opportunity to celebrate Shabbat together with old friends and new over a joyous Shabbat meal prepared by our amazing volunteers! To help out, please contact the TBE office at 774-2649.

FRIDAY EVENINGS: September 16 • May 12
Services at 5:30 pm • Dinner at approx. 6:30 pm

Teen BEIT MIDRASH

Sunday mornings,
twice a month

Starts September 18th

A TBE learning group
for 8th - 12th graders

Contact Abby Halpern
at education@tbemaine.org
for more information

KOL YELADIM

**TBE'S Early Childhood Education
Program for children ages 2-4 years**

Sunday mornings, 9:30 - 10:15 am

STORIES * CRAFTS * MUSIC

Monthly Kol Yeladim events:

Sept. 25 Rosh Hashana & Yom Kippur
October 16 Sukkot & Simchat Torah
Nov. 20 Shabbat • **Dec. 18** Chanukah
January 22 Tikkun Olam
Feb. 12 Tu B'shvat • **March 12** Purim
April 2 Pesach • **April 23** Israel
May 14 Shavuot



Kol Yeladim (Hebrew for "voice of the children"), TBE's early childhood program, is a positive, fun and educational introduction to the joys of Judaism, Hebrew, Shabbat and Jewish holidays, for children 2-4 years old and their families.

Free • Open to the community • All are welcome!
Questions/RSVP: Michal at kolyeladim@tbemaine.org

COMMITTEE NEWS

TIKKUN OLAM COMMITTEE

By Carolyn Turcio-Gilman and Tara Gingerich, co-chairs

High Holiday Food Drive

The Tikkun Olam committee will conduct a food drive during the High Holidays again this year. We will be resuming a previous TBE practice: we will hand out empty grocery bags at Rosh Hashanah and ask that members fill them with non-perishable food to be donated, and return the bags by Yom Kippur. Monetary donations are also welcome. Pre-addressed envelopes will be available at the Temple during the holidays. Please make checks payable to "Temple Beth El" with "Food Drive" in the memo, and either drop it off at the Temple office, or mail it to TBE.

Join the Tikkun Olam (social action) Committee!

If you have found that making a positive difference in someone's life makes you feel good, then let us help you feel good! We meet once a month for an hour, and share our ideas via email throughout the month. Our next meeting will be meeting Sunday, September 11th at 10:30 am in the Youth Lounge. Contact Tara Gingerich (taragingerich@yahoo.com) or Carolyn Turcio-Gilman (cturciogilman@yahoo.com) for more information.

Focus on New Immigrants

The immigrant community along with other low-income persons in the Portland area have been subjected to no-cause evictions in which persons were evicted from their rentals for no reason other than the landlord wished to upgrade the apartments so the rent could be raised. The Tikkun Olam committee attended the June 6 rally to protest these no-cause evictions.

The Tikkun Olam Committee also has been active in helping new-to-Maine asylum seekers get settled into life in greater Portland. Ron Kreisman, a committee member, is one of the founders of Welcoming the Stranger (WTS), a program that matches volunteer mentors with new immigrants who need mentoring in learning the ropes of a new city and a new-to-them culture. Mentors conduct one-on-one tutoring in English, provide help in filling out job applications, and often simply listen to the stories of hardship that the new Mainers have experienced. There are currently over 20 WTS mentors from the greater Portland Jewish community, including mentors from TBE. There are many more new immigrants to be matched, however. Anyone interested in joining the program should contact WTS coordinator Jill Epstein at jill.epstein4@gmail.com.

On July 14th there was another Interfaith Dinner, sponsored by the JCA and the Compassionate Cafe, that was attended by a representative from the Tikkun Olam Committee. The guest speaker was Yehuda Yaakov, Consul General of Israel to New England. His talk and the following question and answer session concerned how Israel is resettling refugees. This discussion was pertinent to some of the issues that we have here in the Portland area. ■

HOUSE COMMITTEE UPDATE

By Dan Gatchell, Chair

The House committee has conducted repairs or overseen the following projects around the building:

- The outside faucet to the garden was installed.
- A new lock was installed in the left entry door in upper foyer.
- A strip of molding was repaired in Main Sanctuary.
- The heating boiler for the Main Sanctuary was shut down at the end of the heating season.
- Contacted electrician to replace burned out security light bulbs in court yard and replace photo cell controlling security lighting in parking lot.
- Arranged for plumbers to clean kitchen grease trap (semi-annual) as required by City of Portland.

Our upcoming projects include:

- Refinishing the entry doors in the upper and lower foyers.
- Obtaining estimates for TBE and Levey Day School window replacements.
- Obtaining estimates for the repair or replacement of the exterior concrete steps leading into the lower foyer.
- Refinishing the Conference Room table.

Special thanks to **Elliott Wincele** for his help installing the garden water supply, to **Tom Berman** - through his tenacity, he obtained a new A/C unit for the IT room at no cost, and to **Gregg Garson** for his help with the repair of the meat refrigerator.

VOLUNTEERS NEEDED! The House Committee could always use a few more sets of handy hands! Want to help out? Please contact Dan Gatchell at daniel.gatchell@gmail.com. ■

YAD L'YAD - TBE'S CARING COMMITTEE

By Committee members Judy Wilson and Patricia Finkelstein

Yad L'Yad has been Temple Beth El's Caring Committee since 1998. With the guidance and support of Rabbi Carolyn Braun, committee members have reached out to other congregants in time of need. Calls and visits are made to people who are homebound or in need of a friendly visitor. Volunteers run errands and help members with transportation to medical appointments. Meals are provided for those who are seriously ill or are returning from the hospital.

Susan Most sends cards on behalf of Yad L'Yad to members who have been ill or lost loved ones and to those who have had a new baby.

Under Patricia Finklestein, Yad L'Yad has continued to deliver meals to families with new babies, as well as Shabbat shiva meals to those who have experienced the loss of a loved one. These meals are provided by the Wilson Family Fund.

Temple Beth El is looking to expand Yad L'Yad in the upcoming year, so that more people can participate and continue to offer loving gestures toward their fellow Temple Beth El members. With greater volunteer support, we will continue to perform the mitzvah of *g'milut chasadim*, acts of loving kindness.

If you have any questions or are interested in participating, please contact Judy Wilson at jwwilson45@icloud.com. ■

ADULT JEWISH LEARNING COMMITTEE

By Judy Gatchell, Chair

The Adult Jewish Learning Committee (AJL) has been working throughout the summer to plan programs for the upcoming year. We will begin before Rosh Hashanah this year with an opportunity to familiarize ourselves with our new High Holiday machzor (prayerbook). **For two Sundays sessions, September 18th and 25th, from 10:00 - 11:30 am, Rabbi Braun will teach “An Open Heart: Creating Personal Space During Services - An exploration of our new Machzor, Lev Shalem.”**

On Sunday morning, October 30th, the AJL Committee will sponsor a political round table in anticipation of the upcoming election. Panel members will include Maine based academic political experts Sandy Maisel of Colby College, Michael Franz from Bowdoin and Ron Schmidt of USM, and will be moderated by our own Irwin Gratz of MPBN news. Given the vagaries of this year's election process, the discussion should be informative and interesting.

On Sunday, November 20th, we will welcome Israeli poet, translator, and professor of literature Rachel Tzvia Back. Her most recent translation collection, *In the Illuminated Dark: Selected Poems of Tuvia Ruebner*, was a finalist for both the Jewish Book Award and the National Translation Award in Poetry (2015). Her own poetry collections include: *A Messenger Comes (Elegies)*, *On Ruins & Return*, *Azimuth* and the forthcoming *What Use is Poetry, the Poet is Asking*. Watch for more information on this wonderful program.

Those of you who had the opportunity to attend any of the sessions on Sholem Aleichem taught by **Steve Simons** last spring know what an engaging teacher he is. We are pleased that he **will return next spring to teach: “Text Study of Four Hasidic Masters: Levy Yitschak of Berditchev, Yehudah Leib Alter of Ger, Shneur Zalman of Liadi and Kalonymous Kalman Shapira, the Rebbe of the Warsaw Ghetto.”**

This is a sampling of our newest TBE opportunities for adult learning. We are still working to finalize several other programs that you will hear about over the coming months. Our committee looks forward to learning with you over the next year and beyond. ■

KIDDUSH KREW UPDATE

By Sara Kahn-Troster, Chair

The Kiddush Krew is a wonderful team of people who take charge of our weekly kiddushes for Friday night and Saturday morning, doing the chopping, cooking, arranging, shopping, and anything else that needs to happen. We are small but mighty, and we can always use more volunteers. If you aren't a regular at services, don't worry – the work of the Kiddush Krew usually happens on Thursdays and Fridays. An hour or two of your time, once or twice a month, is all that is needed. If you're interested, contact me at skahntroster@yahoo.com.

As always, I am incredibly grateful to the members of the Kiddush Krew for their hard work and dedication, especially: Stephanie Cummings, Barbara Dichter, Patricia Finkelstein, Judy Gatchell, Abby Halpern, Margaret Hathaway, Sandra >>

KIDDUSH KREW *continued*

>> Kornblum, Jodi Freedman, and Lisa Schiffman. Jon Freedman and David Freidenreich are not “official” members of the Krew but also participate in Kiddush prep regularly, and Sherri Quint has gone shopping for us, and I am thankful for their assistance. I wanted to also thank Bob Bradbury for his support – filling in on weekends when we are all unavailable and coming in once during the winter to handle Kiddush prep during a snowstorm when the office was closed!

Please consider sponsoring a Kiddush for Friday night or Shabbat morning, to commemorate a relative who has passed or to honor a special occasion. I enjoy working with people to come up with a great line-up for each sponsored Kiddush, and hope that there will be more of them in the year ahead.

The Kiddush Krew will be preparing light lunches to eat in the TBE sukkah during Sukkot – we are looking for people to help out, and of course we hope you will join us to eat.

Kiddush is a key element of community building at Temple Beth El – it's where people come together to schmooze and share and get to know each other. I hope to see you there! ■

TBE MEMORIAL PARK COMMITTEE

Rick Finberg, Chair

The TBE Memorial Park Committee and staff have worked hard over the past year to maintain the grounds, make improvements at the cemetery, and optimize cemetery operations. We will continue making additional improvements over the next year.

We have begun repairs to the access road between two of the sections to help resolve some water issues. The repairs include narrowing the road and ensuring that the water is directed to the drainage system as the current drainage was affecting markers near that road.

Our TBE Memorial Park Director, Sherri Quint continues to provide excellent oversight of all aspects of the cemetery, including both day to day operations and longer term repairs and improvements, as well as providing invaluable assistance to families dealing with the loss of a family member. Sherri also continues to work with families on choosing plots as well as markers.

As always, we are pleased to continue to work with our caretaker, John Tanguay. He is doing a superb job handling the daily maintenance, openings and closings of graves, and repairs and improvements to Memorial Park.

We encourage you to contact the Temple office for information on TBE Memorial Park, its guidelines, services and costs. It is often easier to think about these plans before they are needed. **Sherri is available to meet with you and answer any questions; she can be reached at 774-2649 or cemetery@tbemaine.org.** We also welcome comments and suggestions from TBE members regarding cemetery operations and issues relating to any needed maintenance and/or improvements. ■

Join the
TBE SISTERHOOD

Temple Beth El's Sisterhood supports special initiatives for our congregation such as providing funding for weekly Shabbat kiddushes and underwriting our annual Roll of Remembrance booklet. Please join us!

ANNUAL DUES 2016-2017

Annual Dues \$18.00
Senior Citizens \$12.00
(age 62 or over)

Please check the appropriate boxes below and mail, along with your check to:

Temple Beth El
400 Deering Avenue
Portland, ME 04103

**Checks should be made payable to
Temple Beth El Sisterhood.**

- ☐ I am currently a member of Sisterhood. Enclosed is my check for \$18.00. (\$12.00 for Senior Citizens age 62 or over)
- ☐ I am a Life Member of Sisterhood; and/or
- ☐ I would like to make an additional contribution.
- ☐ I would like to join Temple Beth El Sisterhood. Enclosed is my check for \$18.00. (\$12.00 for Senior Citizens age 62 or over)
- ☐ I would like to make a voluntary contribution to Sisterhood with my enclosed check.
- ☐ I would like to become actively involved in Sisterhood activities.

Name: _____

Address: _____

Phone: _____

**Thank you for supporting
the TBE Sisterhood!**

A MESSAGE FROM OUR BOARD PRESIDENT

By Joan Levy, Temple Beth El Board President



I was just talking to my mother-in-law who was surprised that so many things are happening in the synagogue when this should be the "slow" time of year. In fact, the past few months have been a whirlwind of activity at Beth El. It's true that various things, like Kadima Beth El Religious School (KBE), are on break, but for those of us who are volunteers and for our paid staff the shul has been a hive of activity.

As far as our leadership team, we are in a strong position to work hard and set congregational objectives that will lead us forward. We have gone back to a more traditional model with one person (yours truly) serving as President, Jodi Freedman as Vice President and Irwin Gratz as Treasurer. In addition, Jon Gelchinsky and Norm Wilson round out our Executive Committee and will bring a renewed focus on Governance as a key role in supporting our committees and their important work.

Our Board of Directors has been invigorated and we are pleased to welcome new members Mandy Levine and Sharon Craig and to welcome back Paul Muscat and Vilean Taggersell.

In July, Kate Shalvoy joined our staff as our Congregational Director. Kate brings a wide range of experience in office and program administration, and fresh ideas to TBE, and has already been an invaluable manager in helping coordinate Temple business. Also in July, Abby Halpern joined as our KBE Director. Abby served as a teacher at KBE and has had extensive experience in teaching both children and adults and is developing exciting curricula and programming that will stimulate and attract younger families.

With the addition of these two important positions I am optimistic about the coming year. In August we welcomed the Shaarey Tphiloh congregation to our building and they will make their new home in our school wing. We look forward to sharing Shabbat and holiday celebrations and developing meaningful relationships with our new neighbors.

This year, we are pleased to give Rabbi Braun a much-needed sabbatical to rest, rejuvenate and learn. (Read more about this from Rabbi Braun earlier in this Shofar.) While this period (November – February) will be invaluable for our Rabbi, this time will also have benefits for us. We see this as an opportunity for growth and are proud that many of our members will be able to step in with leading services and davening. We will feature at least one visiting Rabbi and some special programming just to keep things interesting! We will also have consistent coverage for lifecycle events and other Rabbinic support from area shuls. Be assured that our leadership, staff, and volunteers will do our very best to maintain our high standards and member care.

Temple Beth El is embarking on a vibrant new year. We will offer a full calendar of learning opportunities, spiritual and religious worship, and connections to our Jewish values and traditions. Please join us as we continue to be a strong foundation of Portland's Jewish life.

I am looking forward to greeting each of you throughout the holidays, and I wish you all a sweet new year. ■

INTRODUCING YOUR 2016-2017 BOARD OF DIRECTORS



Joan Levy, President and Executive Committee

Temple Beth El was Joan's childhood synagogue, and she has served on the Board for over 10 years. She is a visionary leader who is passionate about food and cooking and lives in Falmouth with her family and two

Goldendoodles, Sadie and Oscar. Joan began her tenure as Board President in June 2016 after serving as Co-President.



Jodi Freedman, Vice President and Executive Committee

Jodi is a registered nurse, wife and mother of three, and an active member of the Temple Beth El community all the way from her naming as an infant to her stint as a Hebrew School teacher to her current leadership role

on the Board as current Vice President and past Co-President. To decompress from her busy life, Jodi's guilty pleasure is watching *Gray's Anatomy*.



Irwin Gratz, Treasurer and Executive Committee

Many Mainer's know Irwin as the voice and producer of *Morning Edition* on MPBN, but may not know that he has been a member of Temple Beth El for over 30 years. He is a past President who has been active on the Board since 2009, and currently serves as Treasurer. Irwin indulges

his interest in astronomy by presenting occasional programs at USM's Wadsworth Planetarium.



Jon Gelchinsky, Chair, Governance Committee, and Executive Committee

Jon is a transplant from Boston and trademark lawyer who just completed his first year on the Board. He is now the chair of the governance committee and has two children enrolled at Kadima Beth El.



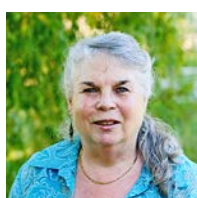
Norm Wilson, Executive Committee

Norm is a retired anesthesiologist who, with his wife, Judy, has been an engaged member for over 30 years. He served as President from 1990 to 1992 and has been back on this Board since 2015. When not involved in Beth El matters Norm can be found enjoying his grandchildren, training his dog, Tenny, and exploring Maine.



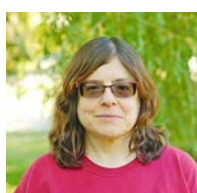
Patricia Finkelstein

Patricia moved from New York City to Maine eight years ago with her husband Martin Finkelstein. She has been a member of Temple Beth El for seven years, on the Board for three years, and she serves an active role on the *Yad L'Yad* committee and *Kiddush Krew*.



Carolyn Turcio-Gilman, Co-chair, Tikkun Olam Committee

Originally from California, Carolyn has been a member at Temple Beth El for 13 years. She is a retired computer systems analyst and project manager, an avid quilter, and she co-chairs TBE's *Tikkun Olam* committee.



Sandra Kornblum, Chair, Library Committee

Sandra has been a member at Temple Beth El for 10 years and has served on the Board for one and a half years. She is a former Librarian and Speech Pathologist by profession, and loves dogs, cats, and quilting.



Paul Muscat

Paul is a neurologist who first joined the Board of Temple Beth El over 15 years ago and is back for a second time. He is the proud father of three daughters who all graduated from Kadima Beth El. In his free time Paul is an avid reader, gardener, and mountaineer.



Mandy Levine

Mandy is new to the Board this year, but has been a member at Temple Beth El for three years when she returned to Maine "from away." Mandy works in Employee Relations at Maine Medical Center has two adorable little girls, both enrolled at Kadima Beth El.



Vilean Taggersell

Vilean has been a member at Temple Beth El for almost 25 years and has returned to the Board this year after a nine year break. An attorney by profession, she is an active mother of two, both of whom became Bar and Bat Mitzvah at Temple Beth El.



Elliott Wincele

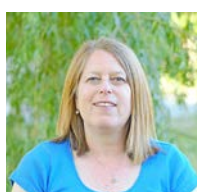
Elliot is a retired social worker, sometimes contractor, and outdoor enthusiast who was married at Temple Beth El and whose daughter became Bat Mitzvah here. Elliot serves on the House committee and this is his second year on the Board.



Joy Krinsky, Chair, Ritual Committee

Joy has served on the Board from 2008 to 2012, and again since 2015. Her two children are students in KBE's Hebrew High and Teen Beit Midrash. Joy is the Production Manager at a software company and a composer, and still manages to find time to regularly chant

Haftorah and chair the Ritual Committee.



Sharon Craig

Sharon is new to the Board this year, but has been an active member at Temple Beth El for 10 years and past co-chair of the School Committee. She is a criminal defense attorney by profession, and has one son who attended Kadima Beth El and currently serves as a

madrich (aid), and another son who looks forward to having his Bar Mitzvah at Temple Beth El. ■

HIGH HOLIDAY MESSAGE FROM TBE'S RITUAL COMMITTEE

September 2016 / Elul 5776

Dear Temple Beth El Family and Friends,

Prayer \prer\; 1. a (1) : an address (as a petition) to God or a god in word or thought (2) : a set order of words used in praying b : an earnest request or wish. 2: the act or practice of praying to God or a god. 3: a religious service consisting chiefly of prayers. 4: something prayed for. 5: a slight chance

Jewish prayer takes many forms. Prayers for forgiveness and prayers of thanks. Prayers of confession and prayers of supplication. Prayers in silence and prayers in song. Prayers in Hebrew or English. Praying alone, prayer in family, and prayer in *minyan* or congregation. Our prayer is silent, it is spoken, it is chanted, and it is sung. At times our eyes are closed and at others wide open. We bow, we stand erect, we rock, we prostrate, we beat our chests. We pray coming and going, standing and sitting. When we go to sleep and when we rise up.

Temple Beth El welcomes and honors all of our congregants and friends and family and visitors these High Holidays. Whether silent, in harmony, or in a great cacophany, all prayers are welcome at TBE.

During these holy days, TBE asks that you observe the following in recognition of the sanctity of these days and of this place:

- 1. Electronic devices.** Rosh Hashanah and Yom Kippur are *yontifs* (*yom tov* - a holiday with special restrictions). While on TBE premises, please turn off pagers, cell phones, and all other electronic devices in observance of these special days.
- 2. Kippot.** Every male should wear a *kippah* (*yarmulke*). All females are welcome to wear *kippot* or head coverings as well.
- 3. Exiting services.** When the Ark is open and when the Torah is read, it would be disrespectful to exit the services. Ushers will advise when it is appropriate to enter or exit services.
- 4. Honors.** If you have an honor, please check in with an usher when you arrive. We ask that all those receiving an honor wear a *kippah* (or headcovering). For honors involving the Torah - *aliyot* (blessings), *hagbah* (lifting the Torah), *gelilah* (dressing the Torah) — we also ask that you wear a *tallit* (prayer shawl). For honors on the *bimah*, please come up to the *bimah* on the Cantor's side and exit the *bimah* on the Rabbi's side.
- 5. Kavod (Respect).** Please be mindful of those around you and try to refrain from disrupting the worship of others.
- 6. Seating.** All are welcome and encouraged to sit in the Sanctuary seats. Early *daveners* (worshippers) may hold seats for family and friends until 9:30 am.
- 7. Accessibility.** It is our goal that there be no barrier for anyone wishing to participate in services at Temple Beth El. If you or someone you know has accessibility needs, please contact our Congregational Director, Kate Shalvoy, at 774-2649.

Many thanks to the Ritual Committee for their hard work and dedication over the summer and throughout the year; to our dedicated TBE office staff; and to Rabbi Braun for her spiritual leadership, guidance and teaching, and tireless work in preparation of this season and throughout the year.

On behalf of all the members of the Ritual Committee, we hope there is far more than a “slight chance” (see definition 5 above) for a good and sweet new year. *Shana Tovah U’metukah!*

Joy Krinsky, Ritual Committee Chair ■

HIGH HOLIDAYS NOTES & NEWS

SERVICES (See High Holiday Schedule of Services for specific times)

- Morning Services in the Main Sanctuary begin at 8:30 am
- Family Services with Rabbi Braun for families with children ages 4-12 will be held from 9:30 - 10:30 am on both days of Rosh Hashana and on Yom Kippur.
- Minyan Katan, our Holiday Service for families with young children ages 1-4 years old will be held from 11:00 - 11:45 am on the first day of Rosh Hashana and on Yom Kippur.

CHILD CARE

Babysitting for small children will be available from 9:30am to 11am on the first day of Rosh Hashana and on Yom Kippur, and from 5:30pm to end of services on Erev Yom Kippur. A supervised game corner with snacks for kids ages 5+ will be available from 10:30 am to 12:30 pm on the first day of Rosh Hashana and on Yom Kippur. Childcare on the second day of Rosh Hashana is available upon request from 9:30 am to 12:30 pm by emailing director@tbemaine.org or calling 774-2649 no later than Sept. 26.

PARKING

- When parking on the street, please help us to maintain good relationships with our neighbors by noting that parking within five feet of a driveway, hydrant, or crosswalk is prohibited. Please observe all No Parking signs.
- During the High Holidays, parking is permitted on both sides of Devonshire St., the Temple side only of Deering Avenue and on the Temple side only of Wadsworth Street.
- Those needing assistance entering the building may be dropped off in the back driveway and access the building up the ramp and through the courtyard doors. A wheelchair is available in the building if additional assistance is required.

The Portland Center for Assisted Living on Devonshire Street is available to us again this year for limited parking:

- Parking will be available only for members who are age 70+ or disabled, and in only the 25 perimeter spaces. *Please note that this excludes the spaces that are along the edge of the parking lot closest to their building.
- In order to maintain this arrangement we must use only those spaces offered to us. When using the parking spaces at the Center, please only park in the marked spaces; do not park on the grass or in areas of the lot that are not designated for parking, as this can inhibit ambulance access.

ANNUAL APPEAL 5777

Your Annual Appeal pledge card will be available for you to pick up at services. Every donation makes a difference. Your generous support enables us to offer open, welcoming services and programming, and is sincerely appreciated!

HIGH HOLIDAY SPONSORS NEEDED

TBE's High Holiday services are accessible, secure and enjoyable thanks to donations from our High Holiday sponsors. These generous members provide essential underwriting which allows us to observe the holidays in comfort and ease. Thank you to those who have already agreed to sponsor various aspects of the holiday services. If you are interested in becoming a High Holiday sponsor at any level, please contact the TBE office at 774-2649, or email director@tbemaine.org.

WELCOMING GUESTS FOR THE HOLIDAYS

Each year we receive requests from community members looking for a host family for a High Holiday meal. If you and your family have room at your High Holiday table for an extra guest, or if you or someone you know would like to join a host family for a meal, please let the office know as soon as possible so that we may match people to homes by calling 774-2649.

HIGH HOLIDAY SEATING

All are welcome to sit in the Sanctuary or Social Hall on a first-come, first served basis. Please note the Sanctuary seats that have been reserved for those who have chosen to support the Temple with a High Holiday seating donation. A seating chart will be displayed in the lower lobby. ■



THANK YOU TO OUR 2015-2016 ANNUAL APPEAL SUPPORTERS

•• TORAH CIRCLE - \$2,500+ ••

Lisa & Adam Arens • Francine & Stephen Blattner
Ellen & Jonathan Handelman • Bonnie & James Klein

•• JERUSALEM CIRCLE - \$1,000 - 2,499 ••

Judy & Ben Bertram • Barbara & Gil Dichter • Karen & Fred Farber
Susan & Jerome Goldberg • Karen Stray-Gundersen • Tracey Hall & Bill Burge
Wendy & Larry Kane • Lesley & Glen Niemy • Elaine Rosen

•• MITZVAH CIRCLE - \$540 - 999 ••

Anita Bernhardt & Ben Marcus • Joan & Larry Levy
Miriam Remar-Millman & Harold Millman • Vilean Taggersell & Robert Levine

•• CHAI CIRCLE - \$180 - 539 ••

Cheryl & Allan Alterman • David Arghavani • Marjorie & Tom Berman
Pamela Bokar & Eric Dinnerstein • Nancy & David Brenerman • Amy & Jonathan Brier
Barbara Carlin & Ira Shapiro • Gene R. Cohen Charitable Foundation
Becky & Joe Delois • Emma Doud & Aaron Burg •
Ginny Squires-Eklund & Wayne Eklund • Rick Finberg • Judy & Dan Gatchell
Jerome Gillis • Tara Gingerich & Jonathan Gelchinsky • Dana Robbins & Stephen Gleit
Lynn & Matt Goldfarb • Walter Goldfarb • Bonny Rodden & Irwin Gratz
Rabbi Joel Klein • Ethel Koocher • Elaine & David Lewis
Rachelle Mack & Armand Lucier • Cantor Kurt Messerschmidt • Ellie & Charlie Miller
Carol Nemeroff & William Harrison • Barbara & Michael Peisner • Laura & Stuart Piltch
Pat Davidson Reef • Bruce Ruben • Lisa & Stephen Schiffman
Daniela & Andre Skalina • Dan Skwire • Kathy & Harvey Silverman
Janine & Greg Smestad • Olivia Solodar & Elliott Wincele • Fran & Melvin Stone
Gail & Douglas Volk • Toby & Ernie Wallach • Judy & Norman Wilson

•• RABBI'S CIRCLE - \$72 - 179 ••

Lynn & David Abramson • Anne Bertram • Dauna Binder • Rabbi Carolyn Braun
Sandi Goodman-Brown & Larry Brown • Mark Crasnick • Mildred Drees
Phyllis & Dan Dunitz • Patricia & Martin Finkelstein • Jodi & Jonathan Freedman
Sheryl & Mickey Haas • Jamie Harris • Margaret Hathaway & Karl Schatz
Leticia & Loretta Huttman • Linda Jacobs & Joseph Manning
Franziska Fritzsche-Jensen • Alvin Jolovitz • Elaine Kahaner • Orly & Natan Kahn
Debbie Kanter • Alise & Scott Koocher • Chichi & Stephen Levine
Stephanie Madore & Allan Labos • Rafela & Jerold Malina • Bette & Sam Novick
Sabrina & Andrew Novick • JoAnn & Ray Oransky • Peggy & Harold Osher
Robin & Daniel Pearl • Stephanie & Howard Pruzansky • Sherri Quint • Lori & Barry Saltz
Harriet & Edward Schultz • Peggy & Steve Shapiro • Susan & Ken Silver
Betty & David Small • Judith & Linwood Small • Susan & Paul Trusiani
Carolyn Turcio-Gilman & John Riley • Jeffrey Wasserman
Nadine & Richard Weinberg • Anita Weiner

•• CHAVERIM CIRCLE - \$1 - 71 ••

Deborah & John Barlock • Barbara Berkovich • Ilene & Myron Berman • Lillian Blotner
Gerri & Peter Bridgman • Sharon Bresler • Shelley & Mark Chorney • Michael Clenott
Sharon & Stephen Craig • Stephanie Cummings • Sarah & Tommy Darhower Jr
Sara Kahn-Troster & Rabbi David Freidenreich • Charlotte Farber • Abby & Jeff Halpern
Rebecca & Jeffrey Howes • Helen Isenman & Susan Isenman
Isabelle Cohen Johnson & Adam Johnson • Brad Kaplan • Sandra Kornblum
Joy Krinsky & David Kemmerer • Barbara Kriger • Cynthia & Stephen Lerman
Elizabeth & Phil Levinsky • Robert Margiloff • Rose Novick • Susan Peisner
Recia & Carl Richman • Judy & Robert Rosen • Shirley Rosen
Susan & Stephen Schwartz • Marilyn & Gerald Sherry • Caroline & Jack Simensky
Elizabeth Spector • Susan & Sidney Steinkeler • Elise & Jay Ungar • Jodi & Terry Veysey
Leiba Cohen Webber & Walter Webber • Rita Weisberg

ANNUAL APPEAL

HIGH HOLIDAY ANNUAL APPEAL 5777 2016

Temple Beth El's High Holiday Annual Appeal directly supports our mission to be a welcoming and vibrant community committed to perpetuating Jewish values, culture and tradition, through:

- ◆ Weekday, Shabbat & Holiday services
- ◆ Family programming
- ◆ Jewish educational opportunities for all ages
- ◆ Community celebrations
- ◆ Social action initiatives
- ◆ Outreach & Yad L'Yad - member care
- ◆ Providing visits, comfort and support to those who are sick or in mourning

Your support makes all of this possible. Every donation makes a difference; each gift touches lives and strengthens our congregation.

Please join our Circles of Giving. Thank you for your generous support.

Wishing you and your family a Shana Tova - a joyous and sweet New Year.



Paul Greene

2016 Annual Appeal Chairperson

TEMPLE BETH EL GIFT SHOP *Judaica & Gifts*

Choose from our great selection of unique items - we've got perfect gifts for the holidays and other simchas!

- Hand-crafted Judaica
- Elegant honey dishes and candlesticks
- Beautiful embroidered Challah covers
- Gorgeous Kiddush cups, Menorahs, Mezuzahs and more by Israeli artisan Yair Emanuel

The TBE Gift Shop is open during regular business hours:
Tuesday - Thursday 9 am - 5 pm | Friday 9 am - 3 pm

The TBE Gift Shop is generously endowed by the Lerman Family.





Sunday, October 2 - Erev Rosh Hashana

6:00 pm Candle lighting
7:30 pm Ma'ariv Evening Service

Monday, October 3 - Rosh Hashana - First Day

TBE office closed
8:30-9:30 am Shacharit
9:30-10:40 am Torah Service
10:40 am Shofar Blowing
10:45 am Birkat Yeladim - Blessing of the Children
11:10 am Sermon
11:40 am-12:50 pm Musaf

Families:

9:30-11:00 am Childcare (No RSVP required)
9:30-10:35 am Family service with Rabbi Braun
[Meet in the Sanctuary for taking out the Torah]
10:30 am-12:30 pm Children's Activities for kids age 5+
11:00-11:45 am Minyan Katan - Holiday Service for
Young Children (ages 1-4)
5:00 pm Tashlich service at Jewell Falls, Portland

Tuesday, October 4 - Rosh Hashana - Second Day

TBE office closed
8:30-9:30 am Shacharit
9:30-10:30 am Torah Service
10:40 am Shofar Blowing
11:00 am Sermon
11:30 am-12:40 pm Musaf

Families:

9:30 am-12:30 pm Childcare* *RSVP required by 9/26
9:30-10:30 am Family service with Rabbi Braun - Nature
Walk [Meet in the Sanctuary for taking out the Torah]
6:56 pm Havdalah time

Sunday, October 9 - Kever Avot Cemetery Visits

10:00 am Mt. Sinai Cemetery - Warren Ave. entrance
11:30 am TBE Memorial Park

Tuesday, October 11 - Erev Yom Kippur

TBE office closes at 12:00 noon
5:30-8:00 pm Childcare (No RSVP required)
5:44 pm Candle lighting
5:45 pm Kol Nidre Service

Wednesday, October 12 - Yom Kippur

TBE office closed
8:30-9:30 am Shacharit
9:30-10:45 am Torah Service
11:00 am Sermon
11:30 am-1:30 pm Musaf

Families:

9:30-11:00 am Childcare (No RSVP required)

Wednesday, October 12 - Yom Kippur

9:30-10:30 am Family service with Rabbi Braun
[Meet in the Sanctuary for taking out the Torah]
10:30 am-12:30 pm Children's Activities for kids age 5+
11:00-11:45 am Minyan Katan - Holiday Service for
Young Children (ages 1-4)
3:00-3:45 pm Limmud (Study) with Cantor Blumenfeld
4:00-4:30 pm Yizkor
4:30-5:30 pm Mincha
5:30-6:30 pm Ne'ila
6:30-6:45 pm Ma'ariv
6:45 pm Shofar Blowing, End of fast

Sunday, October 16 - Erev Sukkot

9:00 am Morning Minyan
9:00 am Kadima Beth El
5:36 pm Candle lighting time

Monday, October 17 - Sukkot - First Day

TBE office closed
9:30 am Holiday Services
followed by lunch in the Sukkah
6:34 pm Candle lighting time

Tuesday, October 18 - Sukkot - Second Day

9:30 am Holiday Services
6:33 pm Havdalah time

Friday, October 21 - Chol Hamoed Sukkot

6:50 am Morning Minyan
5:28 pm Candle lighting time
5:30 pm Shabbat Service

Saturday, October 22 - Shabbat Chol Hamoed Sukkot

9:30 am Shabbat services
6:26 pm Havdalah time

Sunday, October 23 - Chol Hamoed Sukkot

9:00 am Morning Minyan
9:00 am Kadima Beth El
12:00 pm Pizza in the Hut with KBE
5:25 pm Candle lighting time

Monday, October 24 - Shemini Atzeret

TBE office closed
9:30 am Shacharit (Morning Services)
11:30 am (approx.) Yizkor
6:23 pm Candle lighting time
6:30 pm Simchat Torah Service & Celebration

Tuesday, October 25 - Simchat Torah

TBE office closed
9:30 am Shacharit (Morning Services)
6:22 pm Havdalah time

SEPTEMBER 2016

ELUL 5776

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Subject to change.</i></p> <p>Please see our weekly announcements or visit our website calendar at www.TBEmaine.org for the latest information.</p>						
4 Rosh Chodesh Elul 9:00 am Morning Minyan	5 Labor Day TBE office closed 8:30 am Morning Minyan	6 6:50 am Morning Minyan	7 6:50 am Morning Minyan	8 6:50 am Morning Minyan	9 6:50 am Morning Minyan 5:30 pm Kabbalat Shabbat Services 6:42 pm Candle Lighting	3 Rosh Chodesh Elul 9:30 am Shabbat Services 7:53 pm Havdalah Time
11 9:00 am Morning Minyan & Shmooze and Shmear 9:00 am Kadima Beth El Opening Day 9:00 am Hebrew High 10:30 am Tikkun Olam Committee Meeting	12 TBE office closed 6:50 am Morning Minyan 6:00 pm Bob Marley Comedy Night & Silent Auction at TBE	13 6:50 am Morning Minyan	14 6:50 am Morning Minyan 3:30 pm Kadima Beth El	15 6:50 am Morning Minyan	16 6:50 am Morning Minyan 5:30 pm Kabbalat Shabbat Services & Shabbat Halaila Family Program & Dinner 6:29 pm Candle Lighting	17 9:30 am Shabbat Services 7:28 pm Havdalah Time
18 9:00 am Morning Minyan & Shmooze and Shmear 9:00 am Kadima Beth El 10 am Teen Beit Midrash 10 am An Open Heart: Machezor Study with Rabbi Braun	19 TBE office closed 6:50 am Morning Minyan	20 6:50 am Morning Minyan 5:30 pm Executive Committee Meeting 6:30 pm TBE Board Meeting	21 6:50 am Morning Minyan 3:30 pm Kadima Beth El	22 6:50 am Minyan	23 6:50 am Morning Minyan 5:30 pm Kabbalat Shabbat Services 6:17 pm Candle Lighting	24 Leil Selichot 9:30 am Shabbat Services 7:15 pm Havdalah Time
25 9:00 am Minyan & Shmooze and Shmear 9:00 am Kadima Beth El 9:30 am Kol Yeladim 10 am Teen Beit Midrash	26 TBE office closed 6:50 am Morning Minyan	27 6:50 am Morning Minyan	28 6:50 am Morning Minyan 3:30 pm Kadima Beth El	29 6:50 am Morning Minyan	30 6:50 am Morning Minyan 5:30 pm Kabbalat Shabbat Services 6:04 pm Candle Lighting	

OCTOBER 2016

TISHREI - CHESHVAN 5777

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:30 am Shabbat Services 7:02 pm Havdalah time
2 Erev Rosh Hashana 9:00 am Minyan & Shmooze and Shmear 9:00 am Kadima Beth El 6:00 pm Candle lighting 7:30 pm Ma'ariv Service	3 Rosh Hashana I 8:30 am Shacharit 9:30 am Torah Service 9:30 am Family Service 10:40 am Shofar Blowing 10:45 Birkat Yeladim 11:10 am Sermon	4 Rosh Hashana II 8:30 am Shacharit 9:30 am Torah Service 9:30 am Family Service 10:40 am Shofar 11:00 am Sermon 11:30 am Musaf	5 Fast of Gedalia 6:50 Morning Minyan 3:30 pm Kadima Beth El	6 6:50 Morning Minyan	7 6:50 am Morning Minyan 5:30 pm Kabbalat Shabbat Services 5:51 pm Candle Lighting	8 Shabbat Shuvah 9:30 am Shabbat Services 6:50 pm Havdalah time
9 9:00 am Minyan Kever Avot Cemetery Visits: 10 am Mt. Sinai Cemetery 11:30 am TBE Memorial Park	10 Columbus Day TBE office closed 6:50 Morning Minyan	11 Erev Yom Kippur TBE office closes at 12 6:50 Morning Minyan 5:44 pm Candle lighting 5:45 pm Kol Nidre	12 Yom Kippur 8:30 am Shacharit 9:30 am Torah Service 11:00 am Sermon 11:30 am Musaf 4:00 pm Yizkor Service 5:30 Nei'la • 6:45 Fast Ends	13 6:50 Morning Minyan	14 6:50 am Morning Minyan 5:30 pm Kabbalat Shabbat Services 5:39 pm Candle Lighting	15 9:30 am Shabbat Services 6:38 pm Havdalah time
16 Erev Sukkot 9:00 am Minyan & Shmooze and Shmear 9:00 am Kadima Beth El 9:00 am Hebrew High 9:30 am Kol Yeladim 5:36 pm Candle lighting	17 Sukkot I TBE office closed 9:30 am Holiday Services 6:34 pm Candle lighting	18 Sukkot II TBE office closed 9:30 am Holiday Services 6:33 pm Havdalah time	19 Sukkot - Intermediate Day 6:50 Morning Minyan 3:30 pm Kadima Beth El	20 Sukkot - Intermediate Day 6:50 Morning Minyan 5:30 pm Executive Committee Meeting 6:30 pm Board Meeting	21 Sukkot - Intermediate Day 6:50 Morning Minyan 5:28 pm Candle Lighting 5:30 pm Kabbalat Shabbat Service	22 Sukkot - Intermediate Day 9:30 am Shabbat Services 6:27 pm Havdalah time
23 Sukkot - Intermediate Day 9:00 am Minyan & Shmooze and Shmear 9:00 am Kadima Beth El 10 Teen Beit Midrash 12 pm Pizza in the Hut 5:25 pm Candle lighting	24 Shemini Atzeret TBE office closed 9:30 am Holiday Services 6:24 pm Candle lighting	25 Simchat Torah TBE office closed 9:30 am Holiday Services 6:22 pm Havdalah time	26 6:50 Morning Minyan 3:30 pm Kadima Beth El	27 6:50 Morning Minyan	28 6:50 Morning Minyan 5:18 pm Candle Lighting 5:30 pm Kabbalat Shabbat Service	29 9:30 am Shabbat Services 6:16 pm Havdalah Time
30 9:00 am Minyan & Shmooze and Shmear 9:00 am Kadima Beth El	31 TBE office closed 6:50 Morning Minyan				<i>Subject to change.</i> Please see our weekly announcements or visit our website calendar at www.TBEmaine.org for the latest information. See our High Holiday Schedule of Services for the complete schedule.	

Temple Beth El's Tikkun Olam Committee
invites you to participate in our

High Holiday FOOD DRIVE



We can play an important role in increasing the impact that our congregation can have in eliminating hunger in our community, by donating non-perishable food items or funds which will be distributed to the Jewish Family Services Food Pantry and Project Feed.

We will be handing out empty grocery bags around Rosh Hashanah, and we encourage each family to return a bag to TBE filled with non-perishable food for donation. If you'd prefer to make a monetary donation, pre-addressed return envelopes will be available at the Temple during the holidays. Please make checks payable to "Temple Beth El" with "Food Drive" in the memo, and either drop it off at the Temple office, or mail it to TBE.

Thank you for your generous support of this important mitzvah!



Deluxe
LULAV & ETROG
Set - \$44

Place your order through
the TBE office by
Wednesday, Sept. 21st

Shake things up with a

LULAV & ETROG
set!

Order your Lulav & Etrog set for Sukkot, to fulfill
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Orders and payment due to the TBE office by Weds., Sept. 21st.

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TEMPLE BETH EL 400 Deering Avenue, Portland, ME 04103 ▪ (207) 774-2649 ▪ www.tbemaine.org

CONDOLENCES

*Zichronam I'vracha -
may their memories be for a blessing*

Our sincerest condolences to Phyllis Herman Cohen on the passing of her husband Maurice S. Cohen on Monday, April 25th, in Florida. He was a long time resident of Portland, Maine and Boca Raton, FL. Maurice is survived by his wife Phyllis Herman Cohen of Portland and Boca Raton; his son Neil Cohen and partner Paul Wolfson of Washington DC; daughter Diane Stemple and husband Daniel of Wellesley, MA; and grandchildren Alexander, Sydney and Chase Stemple of Wellesley, MA.

Our sincerest condolences to the family of Nadeen Finberg Liebeskind who passed away in Israel on May 8th, at the age of 86. Nadeen and her family made aliyah from Portland to Israel in 1968. Nadeen was predeceased by her husband, Kalman Liebeskind, a son, Marc Liebeskind, her parents, George and Ida Finberg and her siblings, Marcia Goldfarb and Norman (Buddy) Finberg. She is survived by her children: James in Arizona, Alan, Linda, Dahlia and David in Israel as well as 14 grandchildren and 11 great grandchildren with two on the way. She is also survived by her sister in law, Nancy Finberg and brother in law, Walter Goldfarb and many nieces and nephews.

Our sincerest condolences to Rosie Wohl, our Jewish Community Chaplain, on the passing of her mother Shirley Randal on Sunday, June 5th. *Zichrona I'vracha* - may Shirley's memory be for a blessing.

Our sincerest condolences to Robert and Judy Rosen on the passing of Bob's sister, Janice Brody on Sunday, June 12th, in Toronto. Janice was predeceased by her husband, Milton Brody. She was the loving mother and mother-in-law of Denise Brody and Earl Silver, Stephanie, Lewis and Sherri, and Daniel and Tracy Brody, dear sister and sister-in-law of Robert and Judy Rosen of Portland, cherished grandmother of Sarah and Adam, Jesse, Elyse, Jared and Erika, Aaron, Loren, Samuel, Jordan, Rebecca, Dovid and Sarah, and great-grandmother of Estée, Emma, Skylar and Jax.

Our sincerest condolences to the family of Rubin Laskoff who passed away on Friday, July 15th in Portland at the age of 92. Rubin is survived by his wife; Sally Laskoff and two daughters, Rhona Vosmus and husband Roger Vosmus of Gorham, Susan Laskoff and husband Scott Marantz of Torrance, CA.; and predeceased son Steven Laskoff of Portland; his grandchildren including Hayden and Ella Marantz of Torrance, CA.; William Vosmus and fiancée Kalley Pratt and daughter Ella Magnuson of Raymond, Stephanie Vosmus and husband Johnathan Michaud of Lebanon; his brother George Laskoff and wife Iris Laskoff of Chelsea, MA.; nephew Robert Laskoff and wife Jacqueline Laskoff of Lewiston; great-nephew Michael Laskoff and wife Angela Illusorio of New York, NY.

Our sincerest condolences to Gail and Douglas Volk on the passing of Gail's father Frank Charak on Monday, May 2th, at the age of 95. Frank was predeceased by his parents Joseph and Goldie (Katz) Charak; brother Bernard Charak, and sister Gertrude Stepansky. He is survived by his beloved wife Marilyn (Saltzman) Charak; daughter Gail (and husband Douglas) Volk; son Kenneth (and wife Adrienne) Charak; sister in law Jean Charak; grandchildren Adam and Danielle Illfelder, Jonathan Volk and Alan Le, Rachel and Elliot Carlson, and Jessica Charak; and great grandchildren Ilana, Isabelle, and Benjamin Illfelder, Ana Jane Carlson and Martin Charak Carlson.

Our sincerest condolences to Diana and Ernest Sturman on the passing of Diana's sister Doris (Rubin) Cohen on July 28th, in Foxboro, MA at the age of 89. Doris was the beloved wife of the late Stanley M. Cohen, daughter of the late Bessie (Dane) and Abraham Rubin and devoted mother of Linda Rozelle, Amy & John Spaulding and Steven Cohen; loving sister of Diana Sturman and the late Leonard Rubin and Muriel Grupp; and cherished grandmother of Nicole, Brittany, Courtney and Samantha.

Our sincerest condolences to our cantorial intern Beth Strassler and her husband David, on the passing of Beth's father John Seybold on Sunday, July 10th.

Our sincerest condolences to Adele Aronson and Elaine Lewis on the passing of their sister, Barbara Silverman Blankstein on Monday, July 4th in Nashville, Tennessee. In addition to her sisters, Barbara is also survived by her husband, Roger Blankstein, children, Mark Blankstein and his wife Holly, Ken Blankstein, and grandchildren, Stella and Reed as well as her brother, Michael Silverman.

Our sincerest condolences to Harriet Slivka Hillson and her family on the passing of Miriam Slivka Fargian on Tuesday, July 5th in Karmiel, Israel. Miriam was the daughter of (the late) Jerry and Rochelle Slivka. Miriam is also survived by her husband, Albert Fargian, children, Bar Fargian, Dafna Razon, Naama Fargian, Shai Fargian, and grandchildren, Guy and Roi Razon.

Our sincerest condolences to the family of Shirley Miller Bailin of Needham, who passed away on July 29th, at age 93. Shirley was the beloved wife of the late Samuel Bailin and devoted mother of Nancy Lee Careskey (Dr. Josh Careskey), Susan Steinkeler (Dr. Sidney Steinkeler), and Jayne Bailin (James Kobe); dear grandmother of Katie Tinsley, Dr. Holly Careskey Armbrust (Dr. Kurt Armbrust), Dr. Matthew Careskey (Siobhan Tellez), Dr. Jill Steinkeler (Dr. Jared Silverstein), Dr. Andrew Steinkeler (Christina Steinkeler), Dr. Jennifer Steinkeler, Julia Kobe and Alex Kobe; great-grandmother of Kailah Lee, Tegan Tinsley, Chase Tinsley, Jacob Silverstein, and Sophia Steinkeler; loving sister of the late Bernice Miller and Allen Miller.

TODAH RABAH

Todah rabah to Levey Day School for inviting TBE to participate in the delicious Passover Across America Seder, co-sponsored by National Jewish Outreach Program, and to the amazing volunteers and staff who made the event possible:

Hagai Bernstein, Tommy Darhower, Margaret Hathaway, Karl Schatz, Merril Abramson, Elaine Isajar, Molly Rowles, Julie Greene, Debbie Kanter, Head of School Gerri Chizeck, and Girl Scout Troop 1433, and to Rabbi Braun for leading the Seder.

Todah rabah to Eli and Katie Small for sponsoring the Kiddush luncheon on Saturday, May 7th, in honor of their son Isaac's Bar Mitzvah.

Todah rabah to Matt and Lynn Goldfarb for sponsoring the Oneg Shabbat on Friday night in memory of their parents Frances and Samuel Goldfarb, and Daniel and Evelyn Kasen.

Todah rabah to Rabbi David Freidenreich for picking up our new *Siddur Lev Shalem* prayer books.

Todah rabah to former Kadima Beth El Director Mel Weiss for preparing materials and food for the community *Yom Hazikaron* and *Yom Ha'atzmaut* event (in honor of Israeli Memorial Day and Israel Independence Day), to our KBE students for participating in the event, and to Rabbi Braun for leading the *El Malei Rachamim* and *Kaddish* prayers.

Todah rabah to our volunteers Ross Goldberg and Rorie Lee who are stepping down from their ongoing care for the beautiful plants in our Sanctuary and front lobby.

Todah rabah to Debbie Kanter for contacting members about the Annual Meeting and Volunteer Appreciation Breakfast.

Todah rabah to Tom Berman for his expert technical support with the office computer systems.

Todah rabah to Dan Gatchell and Elliott Wincele for installing a water source in the courtyard, so that we now have an efficient way to water TBE's vegetable garden.

Todah rabah to Carolyn Turcio Gilman for her help with office coverage.

Todah rabah to Dan Gatchell for adjusting the ceiling vent in the office.

Todah rabah to Gregg Garson for his help repairing the meat kitchen refrigerator.

Todah rabah to Head of Levey Day School Gerri Chizeck and the Levey students for agreeing to tend to the plants around the building.

Todah rabah to Barbara and Gil Dichter for preparing the delicious refreshments for Kiddush on Saturday, August 20th in honor of their 50th anniversary. Mazel Tov!

Todah rabah to Kate and Colin Foye for sponsoring the Kiddush on Saturday, August 27th in honor of their son Sam's Bar Mitzvah.

MAZEL TOV

Mazel tov to Isaac Small and his family on the occasion of Isaac's Bar Mitzvah on May 6-7.

Mazel tov to Amy Eklund, daughter of Wayne and Ginny Eklund, and Daniel Beauvais, son of Louis and Lisa Beauvais on their marriage on Sunday, June 5th.

Mazel tov to Arielle Blattner, daughter of Stephen and Fran Blattner and Amir Cohn of Tel Aviv, on their marriage on Wednesday, June 8th in Cape Elizabeth.

Mazel tov to Greg Levinsky on being awarded a scholarship from TBE Brotherhood for attending Morning Minyan services at least one morning a week for the past year.

Mazel tov to Ariel and Hagai Bernstein on the birth of their daughter on Friday, June 10th in Portland, who joins big sister Arava. Ariel taught in our Kadima Beth El Religious School program and is the director of Southern Maine Hillel.

Mazel tov to Zach Blattner, son of Stephen and Fran Blattner, and Sarah Ferguson on their marriage on Saturday, May 28th.

Mazel tov to Sidney and Susan Steinkeler on the birth of their granddaughter Sophia Steinkeler on May 6 in Pennsylvania. Sophia is the daughter of Dr. Andrew and Mrs. Christina Steinkeler.

Mazel tov to Sam Foye and his family on the occasion of Sam's Bar Mitzvah the weekend of August 26-27th. ■

ROLL OF REMEMBRANCE *Reminder*

♦ ♦ ♦

If you haven't yet sent in payment for your Roll of Remembrance listings, please do so as soon as possible.

Please send your check payable to "Temple Beth El Sisterhood" for \$4.00 per name (not per line) to:

Carol Gilbert
1 Spruce Lane
The Woodlands
Falmouth, ME 04105

The 2016 / 5777
Roll of Remembrance booklets
will be available at Temple Beth El the last week of September.

Join us for



**Sunday, October 23rd
12:00 noon**

**Sukkah in the TBE Courtyard
400 Deering Avenue, Portland**

Pizza in the Hut is Kadima Beth El's Sukkot event! Like our Shabbat HaLaila family dinners, this event is open to all, and free for KBE families. A small donation is requested of others, to help cover the cost of food.

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In memory of Sidney C. Aronson
Douglas and Gail Volk
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In memory of Harry W. Siegel
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In memory of Frances Berkowitz
In memory of sister, Barbara L. Kalman
In memory of Barbara Z. Millman, beloved wife
In memory of Frieda C. Millman
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In memory of her mother, Lena Binder
In memory of Janice Brody
In memory of Henry "Hank" Gilbert
In memory of Joseph Binder
In memory of Murray Rosen
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In memory of Nan Binder
In memory of Janice Brody
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In memory of Bill Webber
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In honor of Sherri Quint and all her hard work
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In memory of Rebecca Coppersmith
In memory of Abraham Coppersmith
In memory of Anne Coppersmith

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Contributing to the following TBE funds is a wonderful way to honor a loved one, commemorate a yahrzeit or to celebrate a special event. To make a donation, please complete the form below and send it along with your payment to Temple Beth El. Every gift makes a difference - we appreciate your support!

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SABBATICAL By Rabbi Braun *continued from page 1*

From November 1 through March 3, following the end of the holidays, our Board of Directors has given me an enormous opportunity of a four month sabbatical. It has been 12 years since my last sabbatical. At that time we were enhancing our building and operating out of a trailer by the willow trees! When you consider all that has happened here over the last 12 years, it is breathtaking. We have leaders, staffers, and volunteers who are working together to create an environment where prayer, learning, and friendship are strong and valued. While I feel confident that everything will go very smoothly while I am away, I also have that Friday afternoon feeling that will make it difficult to stop even for a short while. Services will be covered by the excellent people who participate now - and maybe a few more of you will realize how much your davening talents are valued and you will step forward (- speak to Joy Krinsky and/or Sandra Kornblum). We have asked Rabbi Joshua Chasan to participate in services and share a *d'var Torah* once a month. Rabbi Chasen, who recently retired from his pulpit in Burlington, VT, is a treasure to have in our community. He and his spouse, Kathy, came to Portland to pursue their art careers and to be closer to their son, a student at MECA. Rabbi Chasen is wise and creative, and a welcome addition to our community. Kadima Beth El Religious School and our B'nai Mitzvah are on course for a great year; and I am booked for a lot of teaching when I return! Finally, and perhaps the hardest part for me, are any illnesses, deaths or funerals that may take place during those four months. I have instructed the staff to make me aware of any deaths, so that I can be in touch with the families. All of my Maine colleagues have made themselves available to help out when needed, so we will make sure that caring and competent clergy will be available should the need arise.

So what will I do during these four months? Well, you may see me around (but don't talk 'shop' with me)! My goals are to travel, to study and to read. I plan to travel to Switzerland to see my nephew, France to see cousins, Italy because I have always wanted to go and, of course, see my friends in Israel. I hope to sneak in a little time in California with my family, as well. I also plan to study with other rabbis for a week in New York City, read a pile of books that are collecting on my shelves, and go cross country skiing. My hope is to fill my soul with wonder, to rest and to replenish. I realize that I am being over ambitious, but even if I do a little bit of all of this, I will have fulfilled my goals.

I hope to see everyone throughout the holidays, and I am so pleased that Cantor Bex will return to partner with me on the bimah for Rosh Hashanah and Yom Kippur.

Life is good.
L'Shanah tovah,
Rabbi Braun ■

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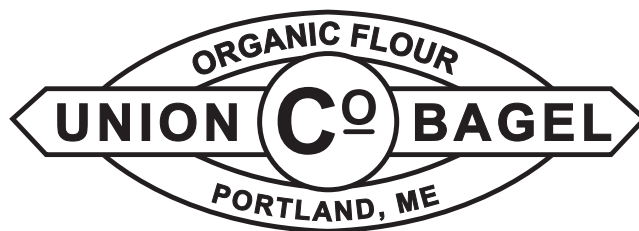
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ARTICLE SUBMISSION DEADLINE for the November/ December 2016 Shofar newsletter: **Monday, October 10th**

Please submit material via e-mail as text in the body of the message or as an attached Microsoft Word document to communications@tbemaine.org. Temple Beth El reserves the right to edit all material.

KEVER AVOT Annual Cemetery Visits

Sunday, October 9th, 2016

10:00 am - Mt. Sinai Cemetery

Hicks St., Portland

Use entrance closest to Warren Avenue,
not the Chapel entrance

11:30 am - TBE Memorial Park

Outer Congress St., Portland

It is customary to visit the graves of parents and other close relatives in the month of Elul. The prayers of the Days of Awe are filled with imagery of who shall live and die, and the hope is that a visit to the cemetery during this period of self examination, to touch base, so to speak, with the lives and influence of those who have gone before us will be enlightening and inspiring. It is also a time to share stories and recall the good qualities and mitzvot (good deeds) of departed family members.

Laura Marr
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Bar and Bat Mitzvah invitations

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SHANA TOVA שנה טובה ומתוקה

*Wishing you
a joyous & sweet new year
5777*



All are welcome at our High Holiday services:

- | | |
|------------------------------|--|
| • EREV ROSH HASHANAH | Sunday, October 2 at 7:30 pm |
| • ROSH HASHANAH | Monday, Oct. 3 & Tuesday, Oct. 4
beginning at 8:30 am |
| • EREV YOM KIPPUR, Kol Nidre | Tuesday, October 11 at 5:45 pm |
| • YOM KIPPUR | Wednesday, Oct. 12, beginning at 8:30 am |

EGALITARIAN • WELCOMING • NO TICKETS REQUIRED

See the High Holiday Schedule of Services for the complete listing of service times,
or visit our website at www.tbemaine.org.



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