

## BACKGROUND INFORMATION

**A**lcohol use during pregnancy is a leading, preventable cause of birth defects and developmental disabilities. Despite increased awareness/education, women of childbearing age, including pregnant women, drink and binge drink (>3 standard drinks per occasion) at alarming rates.

Fetal alcohol spectrum disorders (FASD) is the umbrella term used to describe the range of effects that can occur due to prenatal alcohol exposure including physical, cognitive, behavioral, and/or social deficits. Not intended as a clinical diagnosis, the term represents medical conditions associated with prenatal alcohol exposure including fetal alcohol syndrome (FAS), partial FAS, alcohol-related neurodevelopmental disorder (ARND), alcohol-related birth defects, and neurodevelopmental disorder associated with prenatal alcohol exposure.

Many medical, allied health care providers, educators, and others work with individuals affected by prenatal alcohol exposure—diagnosed or undiagnosed—but may lack training to identify, refer, and/or provide effective services. Few agencies offer FASD training to address these important issues. Our highly evaluated TOT training helps address these needs.

*There is no safe time, kind, or known amount of alcohol use during pregnancy.*

FASD Education and Outreach Projects  
Department of Family Medicine and Community Health  
University of Wisconsin School of Medicine and Public Health  
1100 Delaplaine Court  
Madison, WI 53715

## FASD Training of Trainers Certificate Program

February 27 – March 3, 2017

## Fetal Alcohol Spectrum Disorders (FASD) Training of Trainers Certificate Program

Monday-Friday

February 27– March 3rd, 2017

The Pyle Center

702 Langdon St, Madison, WI 53706

University of Wisconsin-Madison Campus



## FASD TOT



DEPARTMENT OF  
**Family Medicine and  
Community Health**  
UNIVERSITY OF WISCONSIN  
SCHOOL OF MEDICINE AND PUBLIC HEALTH

### Conducted by:

FASD Education and Outreach Projects  
Wisconsin FASD Treatment Outreach Project  
University of WI School of Medicine and Public  
Health, Department of Family Medicine and  
Community Health

[www.FASDEducation.org](http://www.FASDEducation.org)

# FASD Training of Trainers (TOT)

## Certificate Program

Feb 27-March 3, 2017 Madison, WI

This program provides evidence-based information on fetal alcohol spectrum disorders (FASD); promotes skills and provides strategies for effective FASD education to a range of health and human services providers and legal and criminal justice professionals; and shares awareness/education materials.

The TOT certificate program supplements other professional training. It doesn't certify participants to provide substance abuse counseling and/or services to individuals affected by FASD. It is designed to prepare and provide relevant information and skills to help prepare and provide FASD-related training/educational programs for a range of audiences.

Upon successful completion of the following training requirements, participants earn the FASD Educator certificate from UW-Madison:

- Full participation in five-day training;
- Completion of pre/post-training evaluations;
- Submission of teach-back outline;
- Small group presentation (teach-back);
- Passing final exam (at least 80% proficiency);
- Conducting and successfully evaluating at least two FASD-related trainings by September 1, 2016.

**Continuing Education Units (CEUs):** Participants receive 3.0 CEUs (30 hours) for completion of the 5-day training.

### TOT Learning Objectives

- ⇒ Compare techniques to prevent FASD
- ⇒ Differentiate diagnostic criteria for the FASD spectrum
- ⇒ Describe prenatal effects, developmental implications and intervention strategies throughout the lifespan
- ⇒ Demonstrate understanding of presentation techniques to reach intended audiences

### General Information

#### Dates/Location:

Mon-Fri, February 27-March 3, 2017

The Pyle Center, 702 Langdon St, Madison, WI 53703

#### Times:

**Registration:** 8:30 am, Monday February 27

**Training:** 9 am - 4:30 pm, M-R; 9 am - 3:00 pm, Friday March 3

#### Fees:

**TOT Certificate Program:** \$399 (includes five days of instruction, materials, breaks each day, 30 hours continuing education, evaluation materials as you earn the certificate, technical assistance for 1 year).

**\*Space is limited to 16. Register early!!**

**Registration:** [CLICK HERE TO REGISTER](#)

#### Accommodations:

DoubleTree by Hilton  
525 West Johnson Street, Madison, WI 53703  
(608)251-5511

To access the special rate of \$139.00, specify Group

Code: TOT, Group ID: 313292

[http://doubletree3.hilton.com/en/hotels/wisconsin/](http://doubletree3.hilton.com/en/hotels/wisconsin/doubletree-by-hilton-hotel-madison-MSNDTDT/index.html)

[doubletree-by-hilton-hotel-madison-MSNDTDT/index.html](http://doubletree-by-hilton-hotel-madison-MSNDTDT/index.html)

#### Faculty:

**David Wargowski, MD**

**Georgiana Wilton, PhD**

**Mary Haralampopoulos, MSW**

**Lindsey Peterson, MS**

**Angelica Salinas, MS**

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## Tentative Agenda

### MONDAY, February 27

Pre-Training Evaluation

Group Activity: Stand and be Counted

Training Expectations and Materials

Screening and Brief Alcohol Intervention: Overview

Clinical Experience 1: Conducting Brief Interventions

Group Discussion

Earning the FASD Educator Certificate

### TUESDAY, February 28

Coffee and Conversation

Day 1 Review

Biological Effects of Alcohol Use on the Developing Fetus

Screening, Diagnosis, and Assessment of Fetal Alcohol Syndrome and Related Conditions

Clinical Experience 2: Approaches to Screening Clients for Diagnostic Referral

Developmental, Cognitive, and Behavioral Implications of FASD

Intervening with Individuals affected by FASDs

### WEDNESDAY, March 1

Coffee and Conversation

Day 2 Review

Clinical Experience 3: Case Study Review

FASD Prevention

Conducting Effective Professional Training

My Baby and Me: A Program to Reduce Drinking

During Pregnancy

### THURSDAY, March 2

Coffee and Conversation

Review Day 3

Legislative Update: Laws affecting FASD Identification and Treatment

Ethical Considerations in FASD Prevention,

Identification and Treatment: Opening Pandora's Box

Project Work Time (3 hour teach-back preparation)

### FRIDAY, March 3

Coffee and Conversation

TOT Certificate Exam

Evaluation Requirements

Individual/Team Teach-Back Presentations

Post-Training Evaluation

Large Group Discussion

Adjourn