

# BACKGROUND INFORMATION

**A**lcohol use during pregnancy is a leading, preventable cause of birth defects and developmental disabilities. Despite increased awareness/education, women of childbearing age, including pregnant women, drink and binge drink (>3 standard drinks per occasion) at alarming rates.

*Fetal alcohol spectrum disorders (FASD) is the umbrella term used to describe the range of effects that can occur due to prenatal alcohol exposure including physical, cognitive, behavioral, and/or social deficits. Not intended as a clinical diagnosis, the term represents medical conditions associated with prenatal alcohol exposure including fetal alcohol syndrome (FAS), partial FAS, alcohol-related neurodevelopmental disorder (ARND), alcohol-related birth defects, and neurodevelopmental disorder associated with prenatal alcohol exposure.*

*Many medical, allied health care providers, educators, and others work with individuals affected by prenatal alcohol exposure—diagnosed or undiagnosed—but may lack training to identify, refer, and/or provide effective services. Few agencies offer FASD training to address these important issues. Our highly evaluated TOT training helps address these needs.*

*There is no safe time, kind, or known amount of alcohol use during pregnancy.*

FASD Education and Outreach Projects

Department of Family Medicine and Community Health

University of Wisconsin School of Medicine and Public Health

1100 Delaplaine Court

Madison, WI 53715

## FASD Training of Trainers Certificate Program

February 27 – March 3, 2017

# Fetal Alcohol Spectrum Disorders (FASD) Training of Trainers Certificate Program

Monday-Friday

February 27– March 3rd, 2017

The Pyle Center

702 Langdon St, Madison, WI 53706

University of Wisconsin-Madison Campus



## FASD TOT



DEPARTMENT OF  
**Family Medicine and  
Community Health**  
UNIVERSITY OF WISCONSIN  
SCHOOL OF MEDICINE AND PUBLIC HEALTH

### Conducted by:

FASD Education and Outreach Projects  
Wisconsin FASD Treatment Outreach Project  
University of WI School of Medicine and Public  
Health, Department of Family Medicine and  
Community Health

[www.FASDeducation.org](http://www.FASDeducation.org)

# FASD Training of Trainers (TOT) Certificate Program

Feb 27-March 3, 2017 Madison, WI

This program provides evidence-based information on fetal alcohol spectrum disorders (FASD); promotes skills and provides strategies for effective FASD education to a range of health and human services providers and legal and criminal justice professionals; and shares awareness/education materials.

The TOT certificate program supplements other professional training. It doesn't certify participants to provide substance abuse counseling and/or services to individuals affected by FASD. It is designed to prepare and provide relevant information and skills to help prepare and provide FASD-related training/educational programs for a range of audiences.

Upon successful completion of the following training requirements, participants earn the FASD Educator certificate from UW-Madison:

- Full participation in five-day training;
- Completion of pre/post-training evaluations;
- Submission of teach-back outline;
- Small group presentation (teach-back);
- Passing final exam (at least 80% proficiency);
- Conducting and successfully evaluating at least two FASD-related trainings by September 1, 2016.

**Continuing Education Units (CEUs):** Participants receive 3.0 CEUs (30 hours) for completion of the 5-day training.

## TOT Learning Objectives

- ⇒ Compare techniques to prevent FASD
- ⇒ Differentiate diagnostic criteria for the FASD spectrum
- ⇒ Describe prenatal effects, developmental implications and intervention strategies throughout the lifespan
- ⇒ Demonstrate understanding of presentation techniques to reach intended audiences

## General Information

### Dates/Location:

Mon-Fri, February 27-March 3, 2017  
The Pyle Center, 702 Langdon St, Madison, WI 53703

### Times:

**Registration:** 8:30 am, Monday February 27  
**Training:** 9 am - 4:30 pm, M-R; 9 am - 3:00 pm, Friday March 3

### Fees:

**TOT Certificate Program:** \$399 (includes five days of instruction, materials, breaks each day, 30 hours continuing education, evaluation materials as you earn the certificate, technical assistance for 1 year).

**\*Space is limited to 16. Register early!!**

### Registration: [CLICK HERE TO REGISTER](#)

### Accommodations:

DoubleTree by Hilton  
525 West Johnson Street, Madison, WI 53703  
(608)251-5511  
To access the special rate of \$139.00, specify Group Code: TOT, Group ID: 313292  
<http://doubletree3.hilton.com/en/hotels/wisconsin/doubletree-by-hilton-hotel-madison-MSNDTDT/index.html>

### Faculty:

**David Wargowski, MD**  
**Georgiana Wilton, PhD**  
**Mary Haralampopoulos, MSW**  
**Lindsey Peterson, MS**  
**Angelica Salinas, MS**

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## Tentative Agenda

### MONDAY, February 27

Pre-Training Evaluation  
Group Activity: Stand and be Counted  
Training Expectations and Materials  
Screening and Brief Alcohol Intervention: Overview  
Clinical Experience 1: Conducting Brief Interventions  
Group Discussion  
Earning the FASD Educator Certificate

### TUESDAY, February 28

Coffee and Conversation  
Day 1 Review  
Biological Effects of Alcohol Use on the Developing Fetus  
Screening, Diagnosis, and Assessment of Fetal Alcohol Syndrome and Related Conditions  
Clinical Experience 2: Approaches to Screening Clients for Diagnostic Referral  
Developmental, Cognitive, and Behavioral Implications of FASD  
Intervening with Individuals affected by FASDs

### WEDNESDAY, March 1

Coffee and Conversation  
Day 2 Review  
Clinical Experience 3: Case Study Review  
FASD Prevention  
Conducting Effective Professional Training  
My Baby and Me: A Program to Reduce Drinking During Pregnancy

### THURSDAY, March 2

Coffee and Conversation  
Review Day 3  
Legislative Update: Laws affecting FASD Identification and Treatment  
Ethical Considerations in FASD Prevention, Identification and Treatment: Opening Pandora's Box  
Project Work Time (3 hour teach-back preparation)

### FRIDAY, March 3

Coffee and Conversation  
TOT Certificate Exam  
Evaluation Requirements  
Individual/Team Teach-Back Presentations  
Post-Training Evaluation  
Large Group Discussion  
Adjourn