

TARGET AUDIENCE

This workshop is designed with youth leaders in mind. We encourage any school/community group that utilizes youth to facilitate, present, mentor and lead their peers in creating positive change in their school and community to attend our workshops. Adult leaders can attend but we encourage bringing youth in order to maximize the leadership experience.

- *Operation Snowball youth leaders/facilitators*
- *Operation Snowball adult coordinators*
- *Any high school youth prevention group*
- *Community Coalitions' Youth Committees*
- *Youth Advisory Committee members*
- *Agencies/Youth delivering prevention grants*

TO REGISTER

Visit our website:

**www.operationsnowballinc.org/
whats-new**

and click on registration link

Or go to:

<https://iabh.wufoo.com/forms/youth-leaders-skill-building-series/>

**Operation Snowball can be reached at
217-528-7335 X16 or email ron@ilabh.org**



**YOUTH LEADER
SKILL BUILDING SERIES:**

Spring 2018 Training Schedule

Topic #1

***Facilitating Peer Discussions:
Drugs In Today's World***

Topic #2

***Youth Facilitation Skills:
Responding to Crisis Situations***

Multiple Dates!

Multiple Locations!

**Appropriate for
any youth leadership group!**

Youth Training

Facilitating Peer Discussions: Drugs In Today's World

Training Objectives:

- Youth leaders will increase their knowledge about marijuana and other drugs with current accurate information and how these drugs affect youth's health and success.
- Youth leaders will learn facilitation strategies and activities to increase their effectiveness in formal and informal settings when discussing drugs with their peers.
- Youth leader sponsors (adults) will increase their knowledge of today's drug issues.
- Youth leader sponsors (adults) will increase their capacity to lead training components with strategies and activities that address a teen leader's skills to appropriately facilitate discussions & activities about illicit drugs.
- Have fun while learning information, applying strategies and skills in a supportive learning environment.

Trainer: J. Randall Webber
JRW Behavioral Health Services

J. Randall (Randy) Webber holds a Bachelor's degree in Psychology and a Master's degree in Public Health. He is currently the Principal at JRW Behavioral Health Services and an instructor at the CADC School of the Behavioral Services Center in Skokie, IL. He also serves on the Board of Directors for the Illinois Association of Addiction Professionals and The National Association for Addiction Professionals.

2018 Youth Leadership Training Schedule

Drugs In Today's World	Responding To Crisis
Feb. 21, 2018 Chicago	Feb. 10, 2018 Springfield, IL
March 8, 2018 Bloomington, IL	March 2, 2018 Bolingbrook, IL
April 23, 2018 Springfield, IL	March 3, 2018 Bloomington, IL
April 24, 2018 Sparta, IL	April 19, 2018 Chicago, IL

All Trainings are from 10am—2pm

**All trainings include lunch
and training materials**

3.25 CEU hours available

**Registration Fee:
\$60 per person**

**Special Pricing
\$40 per person**

(Any individual, youth or adult, affiliated with an Operation Snowball Chapter. Must identify Chapter on registration form.)

Youth Training

Youth Facilitation Skills: Responding to Crisis Situations

Training Objectives:

- Youth leaders will increase their knowledge of mental health issues, crisis and trauma in a teen's life such as depression, anxiety, etc. Current trends, reducing stigma, and understanding a youth leader's role in responding to peer discussions will be covered.
- Youth leaders will learn communication, facilitation skills and activities to increase their effectiveness in formal and informal settings when discussing crisis situations with their peers.
- Youth leader sponsors (adults) will increase their knowledge of youth leaders roles, responsibilities and skills needed to appropriately address crisis situations.
- Youth leader sponsors (adults) will increase their capacity to lead training components with strategies and activities that address a teen leader's skills to appropriately facilitate discussions/activities about crisis topics.
- Apply information to practical skills in a fun and supportive learning environment.

Trainer: Dr. Brenda K. Nelson, DSW, LCSW
Prevention & Wellness Program Coordinator
Libertyville High School

Brenda has been the Prevention & Wellness Coordinator at Libertyville HS for the past 3 years. Prior to that she spent 13 years at Barrington HS as a Special Ed. social worker and as the Student Assistance Program Coordinator. She has numerous career experiences in youth and adult mental health settings and has been in private practice since 2011.