

Expansion in Intensive SUD Treatment Options

Objective: The project is aimed at expanding capacity within an IDN for delivery of partial intensive outpatient, partial hospital, or residential treatment options for SUD, in conjunction with expansion of lower acuity outpatient counseling. These services are intended to result in increased stable remission of substance misuse, reduction in hospitalization, reduction in arrests, and decrease in psychiatric symptoms for individuals with co-occurring mental health conditions

Target population: Individuals with substance use disorders (with or without co-occurring mental health disorders). Within the target population, priority populations include:

- Pregnant women
- Individuals that have experienced an overdose in past 30 days
- IV drug users
- Custodial parents of minor children

Participating organizations: behavioral health organizations seeking to expand service options IDNs implementing this project should coordinate with and build on the required Core Competencies, including the use of screening, brief intervention, and referral to treatment (SBIRT)

Project core components: expand capacity to deliver the following three types of SUD treatment/recovery services:

- 1. At least 1 higher intensity service
 - Intensive Outpatient (IOP)
 - o Partial Hospitalization (PH)
 - Non-hospital based residential treatment
- 2. Ambulatory and non-hospital inpatient medically monitored residential, as well as hospital inpatient medically managed withdrawal management services, should be offered concurrent or in tandem, as indicated, with treatment services for mental health, substance use, and co-occurring disorders, Medication assisted treatment services are also a critical component for effectively addressing substance use disorders. Providers will provide concurrent treatment of co-occurring tobacco use disorder.
- 3. Regular outpatient counseling for substance use disorders (and/or co-occurring disorders), provided by qualified practitioners, for individuals with lower levels of acuity broadly across the spectrum of health and social service programs within the IDN.

