

The Newfoundland and Labrador Housing and Homelessness Network, NLHHN, the Consumers Health Awareness Network, CHANNAL, and Eastern Health are offering a full day workshop on:

# Bipolar Affective Disorder

Tuesday, April 18, 2017

9:00 am - 4:00 pm

NLHHN Provincial Learning Centre  
77 Charter Avenue, St. John's (Pleasantville)  
or by Video Conferencing Link

## PRESENTERS

### Mike Herrell

Peer Support Coordinator,  
Consumers' Health Awareness  
Network, CHANNAL

### Paul March

Mental Health Coordinator  
Prevention and Promotion  
Eastern Health

### Darrell Williams

Peer Support Worker,  
ACT Program  
Eastern Health

Participants may expect to learn about the causes of bipolar illness, its course and prognosis, symptoms, treatments and recovery. People who have bipolar illness will share their struggles with this illness as a lived experience. Participants will learn about the recovery philosophy. We will highlight CHANNAL as a premiere agency built and maintained by consumers of mental health and psychiatric services. We will share information about CHANNAL's services such as peer support and a telephone warm line.

**This workshop is free and open to everyone but in-person registration is limited.**

Please Click on Link to Register for In-Person Attendance

Click on Link to Join Video Conference on Day of Event

Please Click on Link for Google Map Info



For more information, please email [paul.march@easternhealth.ca](mailto:paul.march@easternhealth.ca)

