

## Bulletin for Responsible Scholars, **October 12, 2017**

Welcome to Eckstein.  
We are creating a Community of Lifelong Learners!

**SCHOOL HOURS: Mon, Tues, Thurs, Frid - 8:55–3:45p.m.; Wed 8:55-2:30p.m.**

**BUILDING HOURS: 8:00a.m. – 4:00p.m.**

**Students should not arrive before 8:30a.m.**

**All Parents/Guardians and Visitors must check in at the Main Office Upon Entering the Building**

Oct 13	No School – Professional Development Day
Oct 26	<b>**Biker Doughnut Day</b>
Nov 5	<b>**Daylight Savings Time Ends</b>
Nov 6	Band Parent Meeting, 7:30p, Room 118
Nov 10	Veterans Day, No School
Nov 13	<b>**Eckstein PTSA Meeting, 7:00p.m. Library</b>
Nov 16	Eckstein Jazz Night 7:30p
Nov 17	<b>**Eckstein Orchestra Concert, 7:30p.m.</b>
Nov 23-24	Thanksgiving Holiday, No School
Dec 4	Band Parent Meeting, 7:30p, Room 118
Dec 7	<b>**5<sup>th</sup> Grade EIM and Eckstein Jr. Band, 7:00p.m.</b>
Dec 11	<b>**Eckstein PTSA Meeting, 7:00p.m. Library</b>
Dec 14	All-Bands Winter Concert, 7:30p
Dec 15	District-wide 1-Hr Early Dismissal
Dec 18 – Jan 1	Winter Break
Jan 8	Band Parent Meeting, 7:30p, Room 118
Jan 15	Martin Luther King, Jr. Day, No School
Jan 31	Day Between Semesters, No School
Feb 6	Band Parent Meeting, 7:30p, Room 118
Feb 19-23	Mid-Winter Break, No School
Mar 5	Band Parent Meeting, 7:30p, Room 118
Mar 8	Eckstein MS Concert Band Festival, 7:30p
Mar 22	Eckstein MS Jazz Band Festival, 7:30p
Mar 24	Solo & Ensemble, All Day
Apr 2	Band Parent Meeting, 7:30p, Room 118
Apr 9-13	Spring Break, No School
Apr 26	Eckstein Top Ensembles, 7:30p
Apr 28	Eckstein Rummage Sale, Day
May 7	Band Parent Meeting, 7:30p, Room 118
May 18-19	Eckstein Musical Performances
May 28	Memorial Day, No School
June 4	Band Parent Meeting, 7:30p, Room 118
June 7	All Bands Concert, 7:30p
June 14	Eckstein Swing Dance, 7:30p
June 22	Last Day of School, District-wide 1-Hr Early Dismissal

**\*\* = New from last printing**

**Eckstein Website:** <http://ecksteinms.seattleschools.org/home> If you are already receiving the Bulletins directly to your Inbox, you do not have to re-enroll. If you are new to Eckstein or have changed your email address you need to sign up for Parent Emails and other important announcements that go directly to your inbox. Click here to enroll [Subscribe to Eckstein Parent Emails](#)

**Orchestra News:** [Eckstein Orchestra Website](#)

**Band News:** [Eckstein Band Website](#)

## **LETTER FROM THE ASSISTANT PRINCIPAL**

Eckstein Families,

We are seeing increased levels of horseplay around the school. While we definitely understand the active nature of students, some of these physical interactions are going too far and getting students hurt, even when it is intended in play. Please reinforce with your student the need to keep their hands to themselves and treat others carefully.

Additionally, it is a common occurrence to see friends, most often boys, who “trash talk” with one another as a way of interacting and joking. With the current social climate where trolling and insulting people online is considered entertainment by some, we are seeing an increase in this behavior at school. The trouble with this, even between friends, is that the verbal jabs can become increasingly severe until it goes too far. We have seen a couple of incidents this week within friend groups where one member’s feelings was hurt unintentionally. At Eckstein, we do our best to coach students on positive choices and treating each other with respect. This is a great opportunity to talk with your student about being aware of other’s feelings. Thank you so much!

Jolene Anderson  
Assistant Principal  
6th Grade House Administrator  
Eckstein Middle School  
[jaanderson@seattleschools.org](mailto:jaanderson@seattleschools.org)

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## **District News**

**\*\*FLU SHOTS for Our students and Community!** Please join us and help keep our schools, families and communities healthy and flu free this season! According to the CDC (Centers for Disease Control and Prevention), the single best way to protect you and your family from influenza is to receive a “flu shot” each year. The CDC recommends that EVERYONE, over six months of age, should be vaccinated against the flu.

- TOPS K-8 October 17, 11 a.m. -1:30 p.m.
- Lawton Elementary October 25, 1:30-3:30 p.m.
- Leschi Elementary October 26, 6-7 p.m.

The Clinics are open to all School District faculty, staff, students, and their families (children four years of age and older). Please note that students under the age of 18 will need a Patient Consent Form signed by a parent or guardian. Patient Consent Forms will be available at the clinic. All participants will be asked to provide their health insurance information (card) to receive an immunization. SVNA will electronically bill the insurance plan for your flu shot. They bill almost all insurance plans, but are not able to accept Cigna. Flu shots are considered preventive care and normally are not subject to deductibles or co-pays. Students 18 years and under without current health insurance coverage will be offered a flu shot at no cost. Adults without current insurance coverage may pay the \$30.00 immunization fee for standard Trivalent with cash or check.

**Middle School Math Textbook Adoption 10/2/17-10/30/17:** SPS has initiated a middle school math textbook adoption. Community and educator input and feedback are critical components of the review and selection process. We invite your participation. Online Review: <http://www.seattleschools.org/ms-math-book> or email Anna Box for the link at [ambox@seattleschools.org](mailto:ambox@seattleschools.org).

**The annual lesbian, gay, bisexual, and transgender (LGBT) Families Dinner** will be held Thursday, November 2nd from 6-8pm at Meany Middle School. **RSVP by Nov. 1.** Members of the school board will be there to welcome LGBT families and their friends. All SPS students, families and staff are welcome to attend! This donation-funded event is brought to you by the Health Education Office. Dinner and entertainment will be provided. To reserve space at this popular event, please RSVP with the number of people in your party to Lisa Love in the Health Education Office at 252-0982 or [llove@seattleschools.org](mailto:llove@seattleschools.org). Click [LGBT Family Dinner Flyer 2017](#) for more information.

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## **Volunteering at Eckstein Middle School**

**Lunchtime volunteers still needed!** We need parent volunteers to help support our students during lunchtime to ensure a fun and safe school environment for all students. Volunteer once a week or every other week for 90 minutes. M/Tu/F lunch time is 11:15-12:45, Weds 10:35-11:55 and Thurs 11:35-1:00. To volunteer or for more information, please email Celeste Hansen at [crhansen@seattleschools.org](mailto:crhansen@seattleschools.org)

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### **ECKSTEIN NEWS**

**\*\*Eckstein Bikes!:** Do you ride your bike to school? Do you want to? Eckstein Bikes! Warm our spectacular riders with the first Biker Doughnut Day on Thursday October 26th. Join us in the bike cage before school for some spooky cider and doughnuts. 8:15 till class starts! Ride on! More information, or to volunteer, contact Michele @ [michelesolis100@comcast.net](mailto:michelesolis100@comcast.net)

**The Eckstein Annual Campaign (EAC)** Ends on October 31st. We are already off to a great start with many generous supporters getting a jump on their giving by returning their cards from the first day packet. Please join them by dropping them off in the front office in the EAC box. Or if you prefer you can donate on the website by following the link [HERE](#). Last year we fell just short of our goal of \$75,000, this year we want to knock it out of the park. Last year's campaign funded many requests to enhance the student experience in the core courses such as math, science, language arts, and social studies. Additionally we were able to fund requests to expand the afterschool athletic programs by adding coaching staff and provide support to elective programs such as music, art and world languages. The Library program continued to be a primary focus with improvements in technology as well as updating the collection. The support from our community helps build the vision of supporting every child at every level, and helping every child succeed. Funds from the EAC directly support the education of our students. Please join us in giving to the Eckstein Annual Campaign this fall, so we can put our dollars to work immediately to support our students! And feel free to pass this on to others who support our school.

**Eckstein Snow Sports:** Registration for the 2018 January and February Friday night ski and snowboard lesson and bus program is now open through SKI MOHAN. Please check out the Ski Mohan page for Eckstein at <https://www.skimohan.com/school-program/seattle-public-schools/eckstein-middle-school> Please note: This is a program of Mohan Skiing and Boarding; *this is not a school sponsored activity or field trip*. The Eckstein Snowsports name and email address is merely to coordinate the students of Eckstein who participate in the Ski Mohan program. Parent volunteers are needed to run a smooth and successful program. There are adult perks for such responsibilities. Send a note of interest to Jessica Levine or Tom Estep at [ecksteinsnowports@gmail.com](mailto:ecksteinsnowports@gmail.com)

**YMCA Afterschool Programs:** It is not too late to sign up for After-School Programs. The YMCA coordinates all afterschool activities and clubs at Eckstein. The program is on-site at Eckstein and runs until December 22, 2017. There is no transportation provided. Hours are Mon,Tues,Thurs, 3:45-5:15p and Wed 2:30-5:15. Questions, contact Clayton Hunter at [chunter@seattleyymca.org](mailto:chunter@seattleyymca.org) or Brianna Hickey at [universityprograms@seattleyymca.org](mailto:universityprograms@seattleyymca.org). Or call 206-524-1400. [Eckstein Y Afterschool Program](#)

**Got Eckstein Sports and/or Music Photos?** Can we use them in the yearbook? If so, please email digital files to [jrdetering@seattleschools.org](mailto:jrdetering@seattleschools.org).

**Private School Recommendations & Transcripts:** To ensure our timely response application requests must be turned in to us by December 1st. **We cannot guarantee that requests will be completed if submitted after December 1.** It will be at the teacher's discretion, if they have time available. Please visit our website to learn how to request records and recommendations:  
[http://ecksteinms.seattleschools.org/academics/private\\_school\\_recommendation\\_process](http://ecksteinms.seattleschools.org/academics/private_school_recommendation_process)

**Didn't get a chance to get to Curriculum Night?** Want to refresh your memory on who the various administrative team members are at Eckstein as well as contact information? Watch the Curriculum Night video here:  
<https://youtu.be/LDxOzY-addU>

**Students have been using the Eckstein Library MakerSpace at lunch and after school.** The MakerSpace currently includes materials such as a green screen and iPad, LittleBits electronics kit, 2 Sphero robots, Makey Makey kits, whiteboard tables, and some fun engineering materials. I will be training some students how to use a Cricut printer and a stop motion animation camera soon! The goal behind the Eckstein MakerSpace is to encourage

students to work together and become designers and creators. Do you have supplies around that might make a good contribution? Contact the librarian Erin Sterling at [emsterling@seattleschools.org](mailto:emsterling@seattleschools.org) to arrange a time to drop-off. Supplies that would be great to have: green Lego boards, Lego blocks, small robotics equipment, scissors that could cut cardboard, Playdoh, LEDs, copper foil tape, K'Nex, electronic/robotics parts such as motors, switches, and batteries, duct tape, painter's tape, craft sticks, conductive fabric, conductive thread, or Velcro.

**Within the next week, you might start to receive Eckstein Library overdue notices via email.** They are automatically sent out once a week. Note: there are no fees for overdue books. The only fees are for lost books. If your student actually has the lost book at home, have them turn it in for no fee. Occasionally, students are due refunds, which usually appear in emails in parentheses. Good news this year! You can now pay lost book fees online via The Source and SchoolPay. Check out instructions here:

<http://www.seattleschools.org/cms/One.aspx?portalId=627&pageId=26506264>. Feel free to contact the librarian Erin Sterling at [emsterling@seattleschools.org](mailto:emsterling@seattleschools.org) with any questions.

**Unified Robotics Starts October 12th:** Students with and without disabilities working together to build and program Lego Mindstorm robots to compete in a sumo style robotics competition at Pacific Science Center in November. This is an after school program that will meet on Thursdays from 3:55-5:15pm in Room 114 with Ms. Paris and Ms. Gedansky. There is no after school transportation available this year. Forms will be available outside of Room 114 on Monday 10/9. You can learn more about Unified Robotics at <http://unifiedrobotics.org/about/>. If you have any questions, contact Jodi Gedansky at [jlgedansky@seattleschools.org](mailto:jlgedansky@seattleschools.org).

**Last Day Extended to October 18<sup>th</sup> ~ Please support Eckstein Bands by purchasing a 2017-18 sweatshirt or t-shirt** for your child, members of your family, or both! The hooded sweatshirts, short-sleeve t-shirts and long sleeve t-shirts are black with the band logo design in white centered on the front. Order forms are available from the band room, or you can print the attached form. Orders, with payment, are due *by the end of school on Wednesday, October 18<sup>th</sup>* and can be dropped into the mailbox in Room 118. Please email Balika Haakanson at [bhaakanson01@gmail.com](mailto:bhaakanson01@gmail.com) with any questions. [Eckstein Band Shirt Form 2017-18](#)

**35<sup>th</sup> Ave NE Paving Project by the Seattle Dept of Transportation:** There will be a public meeting and walking tour, Saturday, October 21, 10-12:30p.m. at the Messiah Lutheran Church, 7050 35<sup>th</sup> Avenue NE:

- 10-11:00 – Presentation and Q&A
- 11:30-12:30 – Break into groups and discuss design on the street
  - Group 1 – Meet at 35<sup>th</sup> Ave NE & NE 75<sup>th</sup> St at 11:30a.m.
  - Group 2 – Meet at 35<sup>th</sup> Ave NE & NE 65<sup>th</sup> St at 11:30a.m.

Project: Repave the roadway; designated space for biking; improvement to intersection at 35<sup>th</sup> Ave NE at NE 75<sup>th</sup> Street.

**CORRECTED ~ Eckstein Ultimate Frisbee Schedule Through Oct 14:** [Eckstein Ultimate Frisbee Schedule Corrected as of 9-26-17](#)

**If you logon to SchoolPay.com you may see a request for an Art donation even though you have already made one.** You do not have to donate again. This is a bookkeeping problem with the new system. Thanks for your support of our school.

**Box Tops! Please remember to send in your Box Tops to the Front Office.** PTSA participates in the Box Top program and each Box Top earns Eckstein \$.10, which adds up quickly. We appreciate if you can take a moment to please cut them down to size and make sure they are not expired. Thanks for your support!

**News from the Nurse ~ Tips on Preventing and treating the Flu:** The flu season is upon us and the best way to protect your family is with the annual flu vaccine. It is recommended everyone 6 months of age and older get the seasonal flu vaccine (shot or nasal spray) every year. The flu can spread very quickly in schools, and young children and children with medical conditions such as asthma and diabetes can have serious problems if they get the flu. Take the time to talk to your children about washing their hands often, coughing into their sleeve or tissue, not sharing their personal items (such as chap stick, drinks and food) and keeping their hands out of their mouths, nose and eyes. In addition, please remember: if your child is sick and comes down with a fever, do not send her/him to school. Keep your sick child home for at least 24 hours after the fever goes away. Your child can come back to school after her/his temperature returns to normal for 24 hours without medication. It is very easy to get the Flu

vaccine. Most pharmacies offer it. You can check with your insurance provider to see if it is free. For more information, check the CDC website for complete information about the flu, treatments and vaccine safety.

<https://www.cdc.gov/flu/pdf/freeresources/updated/a-flu-guide-for-parents.pdf>

**Update ~ School Verification Forms Going Online October 16:** The launch of the Student Verification form will be delayed a few weeks. The District is working with PowerSchool to resolve a few technical issues and expect the form to be available online no later than October 16. We are asking that parents/guardians wait for the online release. In the meantime, if you have a new phone number or email, you can send that information to Julia Detering, [jrdetering@seattleschools.org](mailto:jrdetering@seattleschools.org). Please include the student's name.

**Eckstein Girls' Varsity Soccer:** [MS Girls Varsity Soccer Schedule 17-18](#)

**Eckstein Needs Used or New Kitchen Appliances:** Room 125 needs to replace a **classroom electric stove**. The stove is used for afterschool activities. The Eckstein custodians are looking for a new or used working refrigerator. They are not particular about it being 1 or 2-door. Just something with a **refrigerator/freezer**. If you have either, please contact the Head Custodian Uche Aqwu at [upagwu@seattleschools.org](mailto:upagwu@seattleschools.org)

**Reminder ~ PE Waiver Forms are due by 12/1/2017:** At Eckstein, 7-8 graders who checked off "I intend to get a PE Waiver" on their subject selection sheet must complete the PE Waiver and turn it into the Main Office no later than December 1, 2017. Any 7<sup>th</sup> and 8<sup>th</sup> grader who is not assigned PE sometime during the school year and have not completed a Waiver by 12/1/17 will be pulled from an elective and assigned PE in the 2<sup>nd</sup> semester. [PE WAIVER 2017-18](#). Students in grade 1-8 are required to participate in an average of at least 100 instructional minutes per school week in PE classes (60) hours per .5 semester credit), unless such participation is waived. Be sure and complete the "Total Documents Hours" toward the bottom of the page.

**Shop at Amazon and Support Eckstein Band:** Shop at Amazon through <http://www.smile.amazon.com> and designate your "Nathan Eckstein PTSA. Then, 0.5% of eligible purchases support your charity of choice. There is no added cost to you. If you bookmark this link and use it to access Amazon any time you make purchases, Eckstein bands will automatically receive the benefit! Please spread the word to all your friends and family. These funds will go a long way to offset the costs of the many performances, trips, sheet music and instrument repairs as well as help provide scholarships for those students who needs them. Thank You!

- Go to "Your Account"
- Select "Change your Charity"
- Under "or pick your own charitable organization"
- Type in "Nathan Eckstein PTSA" (WA State PTSAs are based out of Tacoma/Olympia)
- Hit "Select", and all your future purchases that you buy at [smile.amazon.com](http://www.smile.amazon.com) goes directly to support Eckstein Band.

**Update ~ Yearbooks Sales:** Yearbook sales are offline from now until 10/20/17. You can order yearbooks during this off time by bringing a check or cash to the main office. Please write the name of you student on the check. Once it goes back online you can pay with a credit or debit card. Go to this link to learn more: <https://ecksteinms.seattleschools.org/cms/One.aspx?portalId=6143&pageId=26669835>

**Phone Calls Home:** Robocalls and emails are sent to all contact numbers for listed guardians. To modify this please go to the Seattle Public Schools website: [https://www.seattleschools.org/district/calendars/communication\\_preferences](https://www.seattleschools.org/district/calendars/communication_preferences) You can only change permission for yourself, so each guardian will have to login separately.

**Eckstein Music Program Donations:** Starting on September 16<sup>th</sup>, Band and Orchestra donations can now be made through SchoolPay. [Here is the district link for more information >>](#) Registration Steps: Go to the [Source](#) and click the SchoolPay icon this September

- Enter your registered Source email address
- If you don't have a valid email in the system you will be guided to create a guest account. You will need your student's ID number and school name to continue. Guest accounts will not have visibility to balances due to privacy requirements but can make payments on a student's behalf. Only the validated parent will have access to all student information



- Once logged in to SchoolPay, click “Payments” to see fee based items for the students associated with your SchoolPay account in one schools participating in Phase 1. If two or more students are associated with your SchoolPay account, click on the drop-down arrow next to “all items by name” to view items by student.

Contact School Pay with any questions: [support@schoolpay.com](mailto:support@schoolpay.com) 888-886-9729

**How to Enter Eckstein’s Building:** Enter through the door at the NW corner of the building, facing NE 75<sup>th</sup> Street. All other doors are locked during school hours.

**Eckstein Band Afterschool Offerings:** Mr. Escobedo is offering two afterschool Band activities.

- Junior Jazz Band: Every Tuesday and Thursday starting September 12, 4:00-5:30p.m. Click [Eckstein Junior Jazz 2017-18](#)
- Drumline: Every Monday starting September 11, 4:00-5:00p.m. Click [Eckstein Drumline 2017-18](#)

**To remove your name from the Eckstein mailing list:** If your student no longer attends Eckstein MS or if you no longer wish to receive these messages, you can remove your name from our mailing list by scrolling to the bottom of this bulletin and clicking the “SafeUnsubscribe” link.

### **Community News**

(These items are not endorsed or sponsored by Eckstein Middle School)

**\*\*AWIS Middle School STEM program GEMS (Girls in Engineering, Math and Science):** GEMS is a free, volunteer-run, after-school science enrichment program for Seattle 7th to 8th grade girls to explore STEM fields as diverse as forensics, oceanography and neuroscience through hands-on activities, field trips and mentorship from women in science. GEM meetings run once a month from 6:30 pm to 8:30 pm over November to May and are offered at two locations: the Fred Hutchinson Cancer Research Center in downtown Seattle and South Shore School in South Seattle. <http://seattleawis.org/awis-events/gems/>

Registration is open until October 30, 2017 and the applications as well as more information on the program are available at our website. Please contact [seattlegems@gmail.com](mailto:seattlegems@gmail.com) if you have any questions about the program and kindly forward this information to the relevant parent, teacher and student groups.

**Student Volunteers Needed for the View Ridge Boo Ridge Carnival.** View Ridge Elementary will host Boo Ridge 2017 on Friday, October 27. They need interested middle and high schoolers (grades 6 and above) to help run the game stations at this awesome annual event. Sign up here to volunteer: <http://www.signupgenius.com/go/805054baca92ca13-2017>

### **One on One Basketball:**

- Kindergarten - 2nd Grade Instructional Leagues - [click HERE](#)
- Pre-Season Tune Ups (8-13 years) @ Ravenna CC and QACC - [click HERE](#)
- \*NEW\* - One on One Rec Team Coaching and Consulting

Click [1on1 Basketball](#) to view information on available programs.

**Roosevelt High School Jazz Band 1 will Perform with Matt Wilson as part of the Earshot Jazz Festival:** Join Jazz Band I for their first performance of the year at Roosevelt’s Performing Arts Theatre on Thursday, October 26th at 7:30 p.m. The Band will play with one of today’s most celebrated jazz artists, New York based drummer and Grammy nominee, Matt Wilson. Matt Wilson is recognized as a gifted drummer, composer, bandleader, producer, and teaching artist whose humor and positive energy are bound to make for a fantastic evening of Jazz. For tickets: <http://www.rooseveltjazz.org/events/earshot-jazz-festival/>

**Stone Soup Theatre –** 1414 N 42<sup>nd</sup> St., Seattle, WA 98103

- *Lion, Witch, Wardrobe Fall Youth Performance Class:* Oct 25-Dec 16; Wednesday, 4:15-6:15p.m. Auditions: Monday, Oct 23 – Ages 8-14.
- *Merry Christmas Charlie Brown,* Oct 24-Dec 13; Tuesdays 4:15-5:15p.m. – Ages 5-8.

Visit [StoneSoupTheatre.org](http://StoneSoupTheatre.org) to learn about winter and spring break, and Summerstage 2018. Contact Jeremy at (206) 388-9212 or [education@stonesouptheatre.org](mailto:education@stonesouptheatre.org)