

Bulletin for Responsible Scholars, **October 19, 2018**

Welcome to Eckstein.

We are creating a Community of Lifelong Learners!

**SCHOOL HOURS: Mon, Tues, Thurs, Frid - 8:55-3:45p.m.; Wed 8:55-2:30p.m.**

**BUILDING HOURS: 8:00a.m. – 4:00p.m.**

**Students should not arrive before 8:30a.m.**

**All Parents/Guardians and Visitors must check in at the Main Office Upon Entering the Building**

**\*\* = New from last printing**

Oct 26	<b>**Biker Donut Day, 8:15a.m.</b>
Oct 26	<b>**Eckstein Halloween Haunted Library, 6:30-8:30p.m.</b> (students need to leave the building after school ends and return at the start of the event)
Oct 29-Nov 2	Eckstein Spirit Week
Oct 30	<b>**Mindfulness Techniques for Kids &amp; Family, Eckstein Library, 6:30-7:30p.m.</b>
Nov 5	Band Parent Meeting, 7:30p.m. Room 118
Nov 5	Choir Parent Meeting, 7:00p.m. Little Theater
Nov 12	Veterans Day, no school
Nov 13	Orchestra Parent Meeting, 7:00p.m. Room 117
Nov 15	Eckstein Jazz Night, 7:30p.m.
Nov 16	Eckstein Fall Orchestra Concert, 7:30p.m.
Nov 19	PTSA Meeting, 7:00p.m., Eckstein Library
Nov 22-23	Thanksgiving Break, no school
Dec 3	Band Parent Meeting, 7:30p.m. Room 118
Dec 3	Choir Parent Meeting, 7:00p.m. Little Theater
Dec 10	PTSA Meeting, 7:00p.m., Eckstein Library
Dec 11	Orchestra Parent Meeting, 7:00p.m. Room 117
Dec 21	1-hour early dismissal
Dec 24-Jan 4	Winter Break, no school
Jan 7	Band Parent Meeting, 7:30p.m. Room 118
Jan 7	Choir Parent Meeting, 7:00p.m. Little Theater
Jan 8	Orchestra Parent Meeting, 7:00p.m. Room 117
Jan 14	<b>PTSA General Meeting, 7:00p.m., Eckstein Library</b>
Jan 21	Martin Luther King Jr. Day, no school
Jan 30	Day Between Semesters, no school
Feb 4	Band Parent Meeting, 7:30p.m. Room 118
Feb 4	Choir Parent Meeting, 7:00p.m. Little Theater
Feb 11	PTSA Meeting, 7:00p.m., Eckstein Library
Feb 12	Orchestra Parent Meeting, 7:00p.m. Room 117
Feb 18-22	Mid-Winter Break, no school
Mar 4	Band Parent Meeting, 7:30p.m. Room 118
Mar 4	Choir Parent Meeting, 7:00p.m. Little Theater
Mar 11	PTSA Meeting, 7:00p.m., Eckstein Library
Mar 12	Orchestra Parent Meeting, 7:00p.m. Room 117
Mar 14	Eckstein Orchestra Winter Concert, 7:30p.m.
Apr 1	PTSA Meeting, 7:00p.m., Eckstein Library
Apr 1	Band Parent Meeting, 7:30p.m. Room 118
Apr 1	Choir Parent Meeting, 7:00p.m. Little Theater
Apr 8-12	Spring Break, no school
Apr 9	Orchestra Parent Meeting, 7:00p.m. Room 117
May 6	Band Parent Meeting, 7:30p.m. Room 118
May 6	Choir Parent Meeting, 7:00p.m. Little Theater

May 13	PTSA Meeting, 7:00p.m., Eckstein Library
May 14	Orchestra Parent Meeting, 7:00p.m. Room 117
May 27	Memorial Day, no school
June 3	Band Parent Meeting, 7:30p.m. Room 118
June 3	Choir Parent Meeting, 7:00p.m. Little Theater
June 10	PTSA <b>General</b> Meeting, 7:00p.m., Eckstein Library
June 11	Orchestra Parent Meeting, 7:00p.m. Room 117
June 20	Last Day of School, 1-hour early dismissal

**Eckstein Website:** <http://ecksteinms.seattleschools.org/home> If you are already receiving the Bulletins directly to your Inbox, you do not have to re-enroll. If you are new to Eckstein or have changed your email address you need to sign up for Parent Emails and other important announcements that go directly to your inbox. Click here to enroll [Subscribe to Eckstein Parent Emails](#)

**Orchestra News:** [Eckstein Orchestra Website](#)

**Band News:** [Eckstein Band Website](#) or for Band Boosters visit:  
<https://sites.google.com/view/ecksteinbandfamilies/home>

### **LETTER FROM THE ASSISTANT PRINCIPAL**

Hello Parents!

Again, thank you for all of your support in our all school field trip(s) last week! Our kids got some exposure to the history of the Puget Sound (both tribal and urban) as well as pushing their “challenge zones” with ropes courses and activities. Didn’t get a chance to chaperone and share one of these awesome experiences with your kid(s)? Never fear! The first Eagle Night is on November 2nd. There will be dancing, activities, and did I mention THE THEME IS THE 80’s? What an opportunity to dust off your fingerless gloves and acid washed jeans AND supervise a fun opportunity for our Eckstein community to share a night of fun and laughs. If you are interested in volunteering, please contact the Main Office at (206)252-5010 or you can also email leadership teacher Ms. Joia Poort at [jcpoort@seattleschools.org](mailto:jcpoort@seattleschools.org) for more information. Eagle Night happens at the end of Eckstein’s spirit week. Be on the lookout for more information from your student about the specific days. 7th grade staff has challenged 6th and 8th grade staff to see how many participants they can get by the end of the week. We would love for a lot of students to participate too!!

Jolene Anderson  
Assistant Principal  
7th grade house Administrator  
[jaanderson@seattleschools.org](mailto:jaanderson@seattleschools.org)

## **ECKSTEIN NEWS**

**\*\*SAFETY ALERT:** It was reported to Eckstein that two students, walking together, were followed by a stranger when walking on 17th Ave NE. The students stayed together and reported this immediately to a parent who followed up with SPD. Please talk to your students about safety in the community. We have reminded all students to be safe and to follow the following safety precautions:

- Stay with a group. Always walk with at least one friend, two or three is even better.
- Stick to the route discussed with your parents (Safe Walking Plan). Never use shortcuts through empty parks, alleys, fields, etc. Avoid empty buildings and isolated areas.
- Don’t wear headphones. Always be aware of your surroundings.
- If a stranger offers you a ride, say “NO!” and stay far away from their car.
- If someone is following you on foot or in a car, go to a place where there are other people – to a neighbor’s home or into a store, for instance – and ask for help and call 9-1-1.
- Noise is the best defense – yell, scream, shout, scatter books and belongings if forced into a car.
- Move away from any car that pulls up to the bus stop.

- Tell a trusted adult if a stranger is hanging around the school
- Never accept things from a stranger.
- If a stranger asks you a question, don't talk to them. Run away.
- Another helpful suggestion is to share a code word with your child known only among family members. It is important to stress anyone offering a ride unexpectedly – even a family friend – will have been given the code word in advance.

**\*\*UPDATED ~ Eckstein Fall Sports Game Schedule as of 9/28/18:** Click [HERE - updated 10-15-18](#) to view the latest Eckstein Fall Sport Schedule. The soccer Varsity and JV schedules contain the games for the entire season.

**\*\*Students Dressing Up for the Haunted House or on Halloween Day:** Parents – If your student is coming in costume, please help your student make good choices about the costume they wear to school. Violent costumes, fake weapons, excessive blood and gore, or masks that cover the student's face are not permitted and outfits should not be distracting or disruptive to the learning environment. Students may need to modify their costumes to ensure they are appropriate for school. Thank you.

**\*\*Calling All Eckstein Bikers!** Come to the first Biker Donut Day of the season on Friday, Oct 26. Join us in the bike cage before school for some donuts, fruit, juice, and merriment. 8:15 am until class starts. Ride on! View flyer [HERE](#). Questions? [michelesolis100@comcast.net](mailto:michelesolis100@comcast.net) or Ms. Levine

**\*\*Mindfulness Techniques for Kids & Parents:** Tuesday, October 30th in the Eckstein Library from 6:30-7:30 Please join the Eckstein Counseling Department for a parent workshop on using mindfulness to deal with stress & anxiousness. Our guest presenter is Michel Spruance from [Space Between](#) – a local non-profit dedicated to teaching mindfulness to kids. We are excited to partner with Space Between to bring mindfulness techniques to all 6th graders through their PE classes starting next week. Please join us to learn how these techniques work and simple ways you can use them to deal with your own and/or your child's stress and worry/anxiety. If you are unable to attend this event, but have concerns about your student's experience in school (whether it's related to anxiety/stress or other matters), please don't hesitate to reach out to your student's counselor. Here is the contact info:

6th grade: Ms. Reema Ziadeh @ [raziadeh@seattleschools.org](mailto:raziadeh@seattleschools.org)

7th grade: Ms. Niki Duncan @ [nmduncansort@seattleschools.org](mailto:nmduncansort@seattleschools.org)

8th grade: Ms. Alisa Wedemeyer @ [arwedemeyer@seattleschools.org](mailto:arwedemeyer@seattleschools.org)

**\*\*Halloween Haunted Library:** 8th grade WEB leaders are excited to present the Haunted Library on Oct. 26 from 6:30-8:30pm at the Eckstein library! Suggested admission: bring a can of food to support the November food drive!

***Note: Students cannot remain in the building after-school.*** They will have to return to the building when the haunted library starts. Student groups must be accompanied by an adult (but adults are not required to enter the haunted house!).

***Want to donate or lend supplies for the Haunted Library?*** Supplies we are looking for: duct tape, black plastic sheeting/plastic tablecloths (from Home Depot or party stores), latex gloves, lights, caution tape, white face masks, strobe lights, neon balloons, blacklight paint, blacklights, acrylic paint, spider webs, glow sticks, or any other Halloween decorations If you are lending a prop/decoration, just make sure your name is written on it. Feel free to drop off at the Eckstein library any time before next Thursday Oct 26.

**\*\*Haunted Library Volunteers Needed!** WEB leaders are organizing, decorating, and leading students through the haunted library, but we need adult volunteers to help with crowd control, be a silent adult observer in the haunted library, and take-down. If you're looking for a one-time opportunity to support a school activity, this will be a fun one! If you can help with one (or more!) of the times listed below on Friday, October 26, please contact Erin Sterling at [emsterling@seattleschools.org](mailto:emsterling@seattleschools.org).

- 6:00 – 7:30pm
- 6:30 – 7:30pm
- 6:30 – 8:30pm
- 7:30 – 8:30pm
- 7:30 – 9:00pm
- 8:30 – 9:30pm

**\*\*Reminder ~ Eckstein Band T-Shirt/Sweatshirts – Deadline for orders is October 26:** Please support Eckstein Bands by purchasing a 2018-2019 sweatshirt or t-shirt for your child, members of your family or both! The hooded sweatshirts, short-sleeve t-shirts and long sleeve t-shirts are dark grey with the band logo design in white centered on the front. Order forms will be distributed in class, or you can download form [HERE](#). Orders, with payment, are due by the end of school on ***Friday, October 26, 2018*** and can be dropped into the mailbox in Room 118. Please email Alina Perez Campos at [alinapc53@gmail.com](mailto:alinapc53@gmail.com) with any questions.

**\*\*Pickleball Courts at Eckstein Project:** Friends of Eckstein MS Pickleball committee are requesting your participation in a community survey to document community support for this project. The survey data is an important part of the Department of Neighborhoods grant application. ***No financial obligation is attached to this survey.*** Any one who lives in the city of Seattle boundaries may participate. Thank you !!

<https://www.surveymonkey.com/r/72GNL38>

**\*\*UPDATE on Pickleball courts at Eckstein:** Seeking 100 people to donate \$20 by 11/1/2018. Friends of Eckstein MS Pickleball ( volunteer committee) would like to replace the damaged tennis court with 4 pickle ball courts. We have the approval of Seattle Schools facilities as a self help project and the full support of Eckstein administration, For phase 1, we are in need of \$2000 by 11/15/2018. If we raise \$2500, ( we have \$500 already) we will be able to submit a grant application to Department of Neighborhoods seeking an additional \$5000 to hire our landscape designer and get this project moving. If you would like to make a tax deductible donation please follow the link to the partner section of Seattle Parks Foundation, our fiscal sponsor (Tax ID 91-1998597) The Foundation will issue you a receipt for your donation. Any questions please email: [pickleballeckstein@gmail.com](mailto:pickleballeckstein@gmail.com) Thank you, Kathy Schmidtke, Neighbor and former Eckstein parent.

<https://www.seattleparksfoundation.org/project/friends-eckstein-ms-pickleball/>

**\*\*LGBTQ Families Dinner, Nov. 8:** The annual LGBTQ Families Dinner will be held Thurs., Nov. 8 from 6 - 8 p.m. at Meany Middle School. Members of the school board will be there to welcome LGBTQ families and their friends. All SPS families and staff are welcome to attend! This event is brought to you by the Health Education Office. Dinner and entertainment will be provided. To reserve space at this popular event, please RSVP with the number of people in your party to Brennon Ham in the Health Education Office at 206-743-3564 or [brham@seattleschools.org](mailto:brham@seattleschools.org).

**Private School Recommendations & Transcripts:** To ensure our timely response, application requests must be turned in to us by December 1st. **We cannot guarantee that requests will be completed if submitted after December 1.** It will be at the teacher's discretion, if they have time available. Please visit our website to learn how to request records and recommendations:

[http://ecksteinms.seattleschools.org/academics/private\\_school\\_recommendation\\_process](http://ecksteinms.seattleschools.org/academics/private_school_recommendation_process)

**Online Yearbook Orders Available Starting October 14 through November 3:** You can order yearbooks for \$28 starting October 14 through November 3 using schoolpay accessed through the Source: <https://ps.seattleschools.org/public/>. The SchoolPay option to purchase a yearbook was supposed to have disappeared if you already purchased a yearbook, but it looks like the program isn't working correctly. Therefore, if you can't remember if you already purchased one through SchoolPay, either look through your email for a receipt, or contact Julia Detering at [jrdetering@seattleschools.org](mailto:jrdetering@seattleschools.org).

**Are you planning to take your student out of school for a vacation?** If you take your student out of school for a vacation or family event, we need your student to turn in a Preplanned Absence form prior to the absence in order to excuse it. You will need to fill out the bottom and top of the form. Then the student needs to take it to every teacher to sign off on it. Then return it to Attendance. You can download forms here:

[http://ecksteinms.seattleschools.org/UserFiles/Servers/Server\\_6059/File/Resources/Attendance/Pre-plannedAbsenceForm ADA.pdf](http://ecksteinms.seattleschools.org/UserFiles/Servers/Server_6059/File/Resources/Attendance/Pre-plannedAbsenceForm ADA.pdf)

**Eckstein Spirit Week Oct 29 – Nov 2:**

10/29 – Sports Day

10/30 – Twin Day

10/31 – Halloween

11/1 – PJ Day

11/2 – 80's Day

**Eckstein Athletes:** Don't forget to turn in your progress reports/Source print-outs each Wednesday before a weekend game! Turn them into the box in the front office asap! We want to get you eligible to play.

**Box Tops!** We will be collecting Box Tops again this year. Please turn them in to the front office. The first submission due date is Nov. 1, so please send in any you have before then, but know that we will collect them all school year. If you are able to take a moment to cut them down to size and make sure they are not expired that is super helpful. Thanks for your support!

**Take the [online survey](#) to help your PTA delegates vote on the TOP 5 issues that are most important to your school.** The issues supporting the "Health, Education & Welfare" of our students cover a wide spectrum of legislative policies from school meals and closing to the gaps to pre-school, recess, SEL, teacher shortages, gun safety and more. Take the survey to find out what's on the proposed agenda and share your priorities with your PTA. Your voice matters, please take a few moments and let us know what's important to you and your family! The survey closes midnight on October 8th. Additional information about proposed issues and resolutions may be found here. Questions: Contact PTA Legislative Chair Sarah Butler at [sarahblossom@hotmail.com](mailto:sarahblossom@hotmail.com)

**Do You Take Pictures at Eckstein Sports Games?** If so, I would LOVE those pictures for the yearbook. Please send them to me, Julia Detering at [jrdetering@seattleschools.org](mailto:jrdetering@seattleschools.org).

**YOU can help ALL Eckstein students succeed by supporting this year's Annual Campaign!** This year's fundraising goal is \$75,000, an average of \$75 per Eckstein student. **We can do it!** Just a few areas your donations are hard at work right now:

- Implementing technology upgrades
- Updating and modernizing library materials
- Providing science lab enrichment and materials

Prefer to get it out of the way now? Donate online at: [www.ecksteinms.seattleschools.org](http://www.ecksteinms.seattleschools.org) Questions? Contact April Wright at [caccwright3@icloud.com](mailto:caccwright3@icloud.com) or Larry Mavencamp [larry1m@yahoo.com](mailto:larry1m@yahoo.com)

**The Leadership class is putting on an 80's dance, movie, and activity night on November 2nd from 7-9:**

We're looking for parent volunteers to chaperone as well as bake sale donations. Please contact [jcpoort@seattleschools.org](mailto:jcpoort@seattleschools.org) if you're able to help.

**Did You Sign-Up for an In-School Flu Shots?** If you turned in your form to Eckstein to receive an in-school flu shot, Healthy Schools will be administering the shot in mid-November. More details will be coming out next week.

**Eckstein Band Updates:** The updated TENTATIVE calendar is [here](#), as well as integrated into the Google Calendar on the Eckstein Band [Families Website](#). Check either of these spots for dates of concerts, trips, etc. *This website is maintained by Band parent volunteers and not the school.*

**The Eckstein Gay Straight Alliance meets THURSDAY after school in the Little Theater.** Students - Grab your rainbow gear and be appreciated for who you are in our LGBTQIA-friendly space. That's in the Little Theater, after school Thursday.

**Washington State 2018 Healthy Youth Survey:** Eckstein is participating in the Washington State 2018 Healthy Youth Survey during the week of October 8th – 19<sup>th</sup> and needs to be returned by October 26<sup>th</sup>. The Healthy Youth survey asks questions about risks for injury, health outcomes, and alcohol and drug use. Schools, and state and local agencies use survey results to support our youth and reduce their risks. The Healthy Youth Survey is voluntary and anonymous and provides important information to guide policy and programs that serve our youth. The Healthy Youth Survey is given to students in grades 6, 8, 10 and 12 across Washington State. Please read the attached Parent and Student Notification flyer for more information about the Healthy Youth Survey. [Information about Healthy Youth Survey](#)

**PE Waiver Forms that are due by 12/1/2018:** At Eckstein, 7-8 graders who checked off "I intend to get a PE Waiver" on their subject selection sheet must complete the PE Waiver and turn it into the Main Office no later than December 1, 2018. Any 7<sup>th</sup> and 8<sup>th</sup> grader who is not assigned PE sometime during the school year and have not completed a Waiver by 12/1/18 **will be pulled from an elective and assigned PE in the 2<sup>nd</sup> semester.** [Eckstein PE Waiver 2018-19](#). Students in grade 1-8 are required to participate in an average of at least 100 instructional

minutes per school week in PE classes (60 hours per .5 semester credit), unless such participation is waived. Be sure and complete the “Total Documents Hours” toward the bottom of the page.

**The PTSA is selling SCRIP!** What is SCRIP? SCRIP allows you to purchase gift cards from 100s of major retailers at face value while earning money for the PTSA – anywhere from 2% to 16% of the purchase price, depending on the retailer. The PTSA has opted to always carry cards from Amazon (\$100), PCC (\$10), Safeway (\$25 and \$100), Starbucks (\$25), and Target (\$50 and \$100). You can also special order cards from 100s of other retailers (to see a list of all the retailers available, go to [www.shopwithscrip.com](http://www.shopwithscrip.com)). Filled orders will be delivered to the front office for pickup. You will be notified by email when your order is ready. Payment is required in advance; you can make checks payable to Eckstein PTSA or use a credit card for an additional 3.5% fee. The order form can be found [HERE](#). If you have any questions or need any additional information, please contact Laura Spring at [laura@springnet.org](mailto:laura@springnet.org). Thanks for shopping and thanks for supporting Eckstein!

**Reflections – Due date is Nov 2:** Reflection forms will be available in the Main Office for those interested in participating in this PTA sponsored contest. This year’s theme is “Heroes Around Me”. Choose from a variety of art mediums. Submission deadline is November 2, 2018. More information? <https://www.wastatepta.org/events-programs/reflections/> and please email [metagodsell@gmail.com](mailto:metagodsell@gmail.com) with any questions.

#### **Transportation Projects:**

**35<sup>th</sup> Ave NE Paving Project:** <https://www.seattle.gov/transportation/projects-and-programs/programs/maintenance-and-paving/current-paving-projects/35th-ave-ne-NE-65th-Project>

**NE 65<sup>th</sup> Project:** <https://www.seattle.gov/visionzero/projects/ne-65th-st>

**Updating Your School Messaging Options:** You can modify the phone numbers that receive robocalls on the District website here: <https://www.seattleschools.org/cms/One.aspx?portalId=627&pageId=26610700>

**Yearbook Orders:** The first online ordering period ends, Saturday, September 15 @ 10 pm. Order yearbooks through Schoolpay on the Source. Be sure to indicate the name of your student. The next period is 10/14/18 – 11/3/18. During the off period you can order with a check or cash at the main office. Yearbooks are \$28.

**Library MakerSpace Donations wanted!** The Eckstein Library MakerSpace continues to grow and be used by students! We are looking for donations, particularly with some of the materials that get used and need to be replenished, such as different colors of duct tape, origami paper, washi tape, needles and thread, old magazines, beads, buttons, sequins, yarn, foam, felt, cotton balls, conductive thread, play-doh, any other crafting supplies, and small electronics such as LED lights and batteries. We also have a few bigger asks, just in case you have something lying around and no longer use them: a sewing machine, Arduino starter kits, Legos and Lego baseplates, a rolling cart, or if you have another idea, I’m open to it! ☺ Feel free to email [emsterling@seattleschools.org](mailto:emsterling@seattleschools.org) with any questions or donations!

**Update your Contact Info Now:** Please go to your student’s Source account to update contact information. Learn how here: [http://www.seattleschools.org/district/calendars/news/what\\_s\\_new/student\\_verification\\_form](http://www.seattleschools.org/district/calendars/news/what_s_new/student_verification_form)

**ASB News:** ASB is hosting our first ever *Eagle Night on November 2nd*. We need parent chaperones for this 80’s themed dance, activity night, and movie. Please email [jcpoort@seattleschools.org](mailto:jcpoort@seattleschools.org) if you’re available! And, yes, parents are encouraged to dress up too (and yes, your child DOES want you there!)

*ASB cards are for sale.* Information came in the Red First Day Packet. Please consider buying an ASB card for \$10. It gets students discounts into student events, and gives us an operating budget for all of the fun student activities we do like dances, birthday beads, pep assemblies, etc!

**Orchestra Families!** Welcome to the 2018/19 school year at Eckstein: Stay informed by 'Opting in' to receive email updates about upcoming orchestra events. You may unsubscribe at any time. Email the orchestra chair at [ecksteinorchestras@gmail.com](mailto:ecksteinorchestras@gmail.com) with your student's name and the orchestra (s) played in. We tentatively set an Orchestra potluck date! We will be posting more information soon!

**Lunchtime volunteers needed!** We need parent volunteers to help support our students during lunchtime by helping with activities, hall passes and the recycling program to ensure a fun and safe school environment for all students. Volunteer once a week or every other week for 90 minutes. M/Tu/Th/F lunch time is 11:46-1:14, Weds 11:27-12:48. To volunteer or for more information, please email Celeste Hansen at [crhansen@seattleschools.org](mailto:crhansen@seattleschools.org)

**To remove your name from the Eckstein mailing list:** If your student no longer attends Eckstein MS or if you no longer wish to receive these messages, you can remove your name from our mailing list by scrolling to the bottom of this bulletin and clicking the “SafeUnsubscribe” link.

**Band Families! Welcome to the 2018/19 school year at Eckstein:** Stay informed by 'Opting in' to receive email updates about upcoming band events. You may unsubscribe at any time. Email the band chair at [ecksteinbandfamilies@gmail.com](mailto:ecksteinbandfamilies@gmail.com) with your student's name and the band(s) played in.

**Junior Jazz Band After School Program Begins September 11:** This afterschool program meets every Tuesday and Thursday from 4:00-5:30p.m. all year in Room 118. Please complete the permission form [Jr Jazz Permission Form 2018-19](#). Questions, email Mr. Escobedo at [cuescobedo@seattleschools.org](mailto:cuescobedo@seattleschools.org)

**Shop at Amazon and Support Eckstein Band:** Shop at Amazon through <http://www.smile.amazon.com> and designate your “Eckstein PTSA and Band”. Then, 0.5% of eligible purchases support your charity of choice. There is no added cost to you. If you bookmark this link and use it to access Amazon any time you make purchases, Eckstein bands will automatically receive the benefit! Please spread the word to all your friends and family. These funds will go a long way to offset the costs of the many performances, trips, sheet music and instrument repairs as well as help provide scholarships for those students who need them. Thank You!

- Go to “Your Account”
- Select “Change your Charity”
- Under “or pick your own charitable organization”
- Type in “Eckstein PTSA and Band” (WA State PTSAs are based out of Tacoma/Olympia)
- Hit “Select”, and all your future purchases that you buy at [smile.amazon.com](http://www.smile.amazon.com) goes directly to support Eckstein Band.

## **Community News**

(These items are not endorsed or sponsored by Eckstein Middle School)

**\*\*Sand Point Elementary PTA is hosting a screening of the documentary "Angst: Raising Awareness Around Anxiety" on October 23 at 6 p.m.** The event will feature a viewing of the 56-minute film, followed by an informative panel discussion. Tickets are free, but you must register online. SPE PTA welcomes donations from attendees of gift cards (to a local grocery store such as QFC, Safeway, Met Market, Target, Fred Meyer) and/or cash to support Sand Point's Family Support Program. Click the link to learn more and register! <https://www.eventbrite.com/e/documentary-angst-raising-awareness-around-anxiety-tickets-50929093289>. This film is appropriate for children ages 10 and up.

**GEMS (Girls in Engineering, Math and Science):** Free, volunteer-run after-school science activities program for Seattle 7<sup>th</sup> to 8<sup>th</sup> grade girls to explore STEM fields. Apply at [seattleewis.org/awis-events/gems/](http://seattleewis.org/awis-events/gems/). Questions? Contact [seattlegems@gmail.com](mailto:seattlegems@gmail.com) Click [HERE](#) to view flyer.

**One-on-One Basketball.** Annual School Day Off Hoops Camps (October 12) @ Meadowbrook CC & Queen Anne CC: Recruit a team of up to 10 kids from your school or sign up as an individual and be placed on a team. Contact Coach Stu Michie with questions at [stuart@1on1basketball.com](mailto:stuart@1on1basketball.com). [Register Here](#) For information on other opportunities go to [www.1on1basketball.com](http://www.1on1basketball.com)

**Girls on the Run is looking for interested Eckstein students to join their middle school program, Heart & Sole:** Heart & Sole is a character development program designed specifically for middle school girls. Girls learn about important life skills such as: friendship, empathy, self-confidence, goal-setting and intentional decision making. Girls also train to run a non-competitive 5k (3.1 miles) at the end of the season! This program is not run through Seattle Public Schools or Eckstein Athletics but will be an outside group mobilizing interested students. We are recruiting parents to help us lead the team of interested Eckstein students. To set up a team, we need a Site Liaison to get things started. We also need 2-3 volunteer coaches to lead the girls through the curriculum for 10 weeks in the Spring. Coaches can be male or female and do not have to be runners. [CLICK HERE](#) to read more about these two volunteer positions. Please email Erin Gorup at [erin@girlsrun.org](mailto:erin@girlsrun.org) or call 206-528-2118 if you are interested in either or both roles.

**Eckstein Snow Sports:** Registration for the 2019 January and February Friday night ski and snowboard lesson and bus program is now open through SKI MOHAN. Please check out the Ski Mohan page for Eckstein at <https://www.skimohan.com/school-program/seattle-public-schools/eckstein>

*Please note: This is a program of Mohan Skiing and Boarding; this is not a school sponsored activity or field trip. The Eckstein Snowsports name and email address is merely to coordinate the students of Eckstein who participate in the Ski Mohan program. Eckstein Snowsports is facilitated by teacher and parent volunteers. Parent chaperones are needed to run a smooth and successful program. There are adult perks for such responsibilities. Send a note of interest to [ecksteinsnowsports@gmail.com](mailto:ecksteinsnowsports@gmail.com).*

**Theater of Possibility.** Supported by a Youth Arts Award from the Seattle Office of Arts & Culture. Helps young people be themselves through acting, improvisation, and play-creation. Who: Serving youth with Asperger's, autism or other learning differences as well as typically-developing peers. When: Weekly, Fall & Spring sessions in Seattle (University Heights Center) or Bellevue. [Theater of Possibility Flyer](#) For registration/information contact [Lauren@LaurenMarshall.com](mailto:Lauren@LaurenMarshall.com)

**Seattle JazzED** is a non-profit music education organization in the Central District/Madison Valley. You pay-what-you-can for any Seattle JazzED program, with free instrument loan assistance. For those who need it, we also offer a full tuition waiver, no questions asked. Families simply need to enter code the WAIVER when checking out. We're looking for aspiring musicians in grades 4-8 to join our after-school Seattle JazzED Prep Ensembles. No experience required! You will learn how to play an instrument, perform, read music and set yourself up for a life of musical success. The Prep Ensembles begin the week of October 1, 2018 and run through Thursday, May 16, 2019 with performances throughout. You can learn to play the flute, clarinet, saxophone, trumpet, trombone, upright bass, guitar, piano & singing, OR drums in the JazzED Prep Ensembles. And don't forget, you can get an instrument from us! Ensembles rehearse at the MLK FAME Community Center at 3201 E Republican St in the Madison Valley neighborhood. Learn more and sign up on our website: <https://www.seattlejazzed.org/jazzprep/>

**Do you have backyard chickens or an interest in sewing, woodworking or gardening?** Then maybe our urban 4-H group would be a good fit for you. We meet most second Saturdays of each month at the Good Shepherd Center in Wallingford, from 10-12. Come on by September 8 or October 13 to check us out. For more information, contact [lucycorthell@gmail.com](mailto:lucycorthell@gmail.com)

**Kids With An Edge is now enrolling for:** - Math Classes to establish Strong Fundamentals. Highly interactive and SPS Core Standards based.

- Python 1 Computer Coding, Friday or Saturday classes
- Early Learning Reading/Math Programs for Ages 4-7. Highly interactive, effective and engaging format.

<https://www.KidsWithAnEdge.com>

email: [info@kidswithanedge.com](mailto:info@kidswithanedge.com)

**Pacifica Children's Choir is Looking for Singers:** Pacifica Choirs currently has space for children in grades K-12. We are a Meadowbrook neighborhood co-ed children's choir founded in 1993 that provides quality music instruction, and performs all types of music (folk, classical, jazz, and contemporary). Our organization consists of 4 choirs divided by age/experience level. Please visit our website (<http://pacificachoirs.org/>) for more information, or feel free to contact our music director, Susan Senft ([pacificachoirs@gmail.com](mailto:pacificachoirs@gmail.com)) with any questions or to schedule an audition.

**Stone Soup Theatre:** Visit [StonesoupTheatre.org](http://StonesoupTheatre.org) to learn about winter and spring break and Summerstage 2019. Nuturing imaginations, developing acting skills and providing actor-centered education. Contact Jeremy at (206) 388-9212 or [education@stonesouptheatre.org](mailto:education@stonesouptheatre.org). Wallingford Presbyterian Church. 1414 N 42<sup>nd</sup> St. Seattle 98103

**Eckstein SnowSports Seeks Pre-Season Volunteers:** Eckstein Snowsports, our Friday night Ski and Snowboard program, is the largest of any of the Mohan ski bus programs. Science teacher Jessica Levine, coordinates the program and could really use some behind the scenes help in the fall with some computer based logistics like setting up the group email distribution lists, spread sheet assistance, SignUp Genius formatting, etc. Please let us know if you'd like to contribute to this endeavor. We can set up a quick in person meeting, or carry out most of the logistics "training" via computer too. This is perfect volunteer gig on your own time! A seasons pass discount to the Summit would also be likely. [Ecksteinsnowsports@gmail.com](mailto:Ecksteinsnowsports@gmail.com), [jlevine@seattleschools.org](mailto:jlevine@seattleschools.org)