

Bulletin for Responsible Scholars, April 6, 2018

Welcome to Eckstein.

We are creating a Community of Lifelong Learners!

SCHOOL HOURS: Mon, Tues, Thurs, Frid - 8:55–3:45p.m.; Wed 8:55-2:30p.m.

BUILDING HOURS: 8:00a.m. – 4:00p.m.

Students should not arrive before 8:30a.m.

All Parents/Guardians and Visitors must check in at the Main Office Upon Entering the Building

Apr 9-13 Spring Break, No School

Apr 17 Orchestra Parent Meeting, 7:00p.m., Room 117

Apr 23 PTSA Board Meeting, 7:00p.m., LRC

Apr 23 SBA Writing Assessment

Apr 23-27 **Staff Appreciation Week

Apr 26 Eckstein Top Ensembles, 7:30p

Apr 27 **Drop off your donations for the Rummage Sale, 1:30-4:00p., Cafeteria

Apr 28 Eckstein Rummage Sale, 9:00-3:00pm

Apr 30 **8th graders only – High School Registration information, 6th period.

May 3 Student-Led Conferences, No School for students

May 7 Band Parent Meeting, 7:30p, Room 118

May 8 Orchestra Parent Meeting, 7:00p.m., Room 117

May 10 Eckstein Science Night, 6-8:00p.m.

May 14 PTSA Board Meeting, 7:00p.m., LRC

May 18-19 Eckstein Musical Performances

May 21-24 SBA Math Assessment

May 28 Memorial Day, No School

June 4 Band Parent Meeting, 7:30p, Room 118

June 7 All Bands Concert, 7:30p

June 11 General PTSA Meeting, 7:00p.m., LRC

June 12 Eckstein Choir Concert, 7:30p.m.

June 14 Eckstein Swing Dance, 7:30p

June 15 Eckstein Orchestra Concert, 6:00p.m.

June 21 8th Grade Promotion

June 22 Last Day of School, District-wide 1-Hr Early Dismissal

** = New from last printing

Eckstein Website: <http://ecksteinms.seattleschools.org/home> If you are already receiving the Bulletins directly to your Inbox, you do not have to re-enroll. If you are new to Eckstein or have changed your email address you need to sign up for Parent Emails and other important announcements that go directly to your inbox. Click here to enroll [Subscribe to Eckstein Parent Emails](#)

Orchestra News: [Eckstein Orchestra Website](#)

Band News: [Eckstein Band Website](#)

Volunteering at Eckstein Middle School

Parent Volunteers Needed on Science Night – May 10th: Parent Volunteers needed to supervise classrooms for a one hour block during Eckstein’s Science Night on May 10 from 6 to 8. Please contact

Celeste Hansen at crhansen@seattleschools.org or call the Main Office at 252-5010. Also, if you're a scientist and would like to be a presenter (to students and parents) that night please contact Teresa Alsept at tialsept@seattleschools.org

VOLUNTEER TUTORS NEEDED: There is a great deal interest from Eckstein teachers in getting additional help for their students in the following subjects:

- Math
- Science
- Social Studies
- Reading
- Choir/Vocal coaching

We can use tutors and in class help in all three grade levels. Please contact Celeste Hansen if you'd be interested in helping, either by calling the main office at 206.252.5010 or email crhansen@seattleschools.org. Thank you everyone for making Eckstein such a wonderful environment for our students!

Lunchtime volunteers still needed! We need parent volunteers to help support our students during lunchtime to ensure a fun and safe school environment for all students. Volunteer once a week or every other week for 90 minutes. M/Tu/F lunch time is 11:15-12:45, Weds 10:35-11:55 and Thurs 11:35-1:00. To volunteer or for more information, please email Celeste Hansen at crhansen@seattleschools.org

ECKSTEIN NEWS

****For 8th Graders!** You will be receiving your placement letters and registration information from your high schools in the mail over Spring Break or shortly after. On April 30th during 6th period, High School Staff from all the feeder schools will be here to collect registration, answer questions and talk about high school!

****The PTSA is running a SCRIP program to help benefit the PTSA and thus Eckstein.** What is SCRIP? SCRIP allows you to purchase gift cards from 100s of major retailers at face value while earning money for the PTSA – anywhere from 2% to 16% of the purchase price, depending on the retailer. The PTSA has

opted to always carry cards from Amazon (\$100), PCC (\$10), Safeway (\$25 and \$100), Starbucks (\$25), and Target (\$50 and \$100). You can also special order cards from 100s of other retailers. To see a list of all the retailers available, go to www.shopwithscrip.com then click on "Retailers" (scroll down on the left-hand side of the screen to download the .pdf file of the complete retailer list). Orders will be filled twice a month and cards will be delivered to the front office for pickup. You will be notified by email when your order is ready. Payment is required in advance; you can make checks payable to Eckstein PTSA or use a credit card for an additional 3.5% fee. The order form can be found [HERE](#). If you have any questions or need any additional information, please contact Laura Spring at laura@springnet.org. Thanks for shopping and thanks for supporting Eckstein!

****STAFF APPRECIATION WEEK April 23-27!!! We need your HELP!! We need your help to let the amazing staff at Eckstein feel the love! Here are few ways we NEED your help:**

1. **GIFT CARD DAILY DRAW!** This is INCREDIBLY fun and popular with the staff. Please start dropping off gift cards to your favorite places in any amount to the office and we will hold a daily drawing for staff.
2. **Breakfast Bar on Tuesday, April 24th.** Bring a fresh baked (or store bought is great too) breakfast goodie on Tuesday morning. You can drop it off Monday afternoon or early Tuesday morning (7:30 AM) Sign up [here](#)
3. **Salad Bar on Thursday, April 26th.** Toss up your appreciation for Eckstein staff by bringing a salad for our AWESOME salad bar!!! Sign up [here](#)
4. **All week long** send in a thank you to a special staff member! Teachers and staff love hand written notes from students too - so get your kiddo inspired to write some deep words for their favorite teacher and send it in!

Please help us by signing up, but if you aren't sure you will have time that week, you can always send in a donation to the PTSA. Just send it to the office with a note for staff appreciation.

****Eckstein PTSA Fundraiser at Ridge Pizza (3338 NE 65th St.) on Tuesday, April 24th (4-10PM):** Come get some pizza, salad, and drinks, and help us raise money for school-wide events and activities. 10% of what you spend on food and beverages will go to Eckstein PTSA. What can be easier than eating to support our school?

****2019 School Levies Community Meetings:** Planning is underway for two school funding levies to be submitted to Seattle voters in February 2019. Seattle Public Schools requests input and feedback on possible projects for the two renewal of expiring school levies, 2019 Operations Levy and 2018 Building

Excellence V Capital Levy. Provide Input and Feedback. At the community meetings, district staff members will present information, collect input and feedback, and answer questions. Interpreters will be available by request. If you, or someone you know, would benefit from an interpreter at a community meeting, please email us at capitallevy2019@seattleschools.org.

Please join us at a community meeting:

- Mon., April 2, 6:30-8:15 p.m.: Aki Kurose Middle School lunchroom, 3928 South Graham Street
- Tues., April 3: 6:30-8:15 p.m.: Madison Middle School lunchroom, 3429 45th Ave SW
- Mon., April 23: 6:30-8:15 p.m.: Seattle World School (T.T. Minor School) lunchroom, 1700 East Union Street
- Tues., April 24: 6:30-8:15 p.m.: Jane Addams Middle School lunchroom, 11051-34th Avenue NE
- Thurs., April 26: 6:30-8:15 p.m.: Salmon Bay K-8 School (Monroe School) lunchroom, 1810 NW 65th Street

Comments and questions are welcome via email or mail:

- BEX V Capital Levy: capitallevy2019@seattleschools.org
- Operations Levy: budget@seattleschools.org
- By mail: Levies 2019, Seattle Public Schools, MS 22-336, PO Box 34165, Seattle, WA 98124

More information, including a Levies 2019 Planning Timeline, is available on our school levies webpage.

****Reminder ~Eckstein Band Rummage Sale:** Our Annual Eckstein Band Rummage sale is set for Saturday, April 28th from 9AM to 3PM. We need your donations to make this year's sale a success! Please set aside your gently used clothing, household items, books, music, furniture, sports equipment and more. Bring your donations to the Eckstein cafeteria on Friday, April 27th from 1:30 to 4PM. Mark your calendars and come to this popular rummage sale event. There will be wonderful bargains, delicious baked goods for sale and lively jazz music from our student combos. Monies raised from the Rummage Sale go directly to our Eckstein Music Programs and are used to support instrument repairs, scholarship funds and off-campus music performances. At Eckstein we work to make our outstanding music programs accessible to every student and family. Thank you for supporting this important event! If you have any questions please email: Maria Callahan at mlcallahan@seattleschools.org or

Kristen Yagle at kristenyagle@q.com

****Note to Incoming 6th graders next year:** The District will be notifying Eckstein sometime in the next few days who our incoming students for the 2018-19 school year will be. After this list is given to us and mailing labels are produced, information about the school as well as a Subject Selection Sheet will be mailed to your home (and a link will be provided online). If you don't receive a letter by the end of April, please contact Sue Wong, Registrar, at (206) 252-5025 or st Wong@seattleschools.org and I will make sure your student is properly enrolled and that we have the correct mailing address.

Parents/Guardians: Eckstein was just informed that the YMCA will not be continuing its program for the Spring session; last classes were on Thursday, March 29th.

Update ~ Eckstein Garden Committee Update: The Garden Committee has been busy cleaning up the fruit tree beds in the courtyard garden in preparation for mulching. We've even begun to mulch, if you want to stop by and get an idea of what the garden will look like when we're finished. We are meeting again Saturday, March 31 at 2pm to finish cleanup. We have gloves and tools, you can just show up if you'd like to help. We also need donations of cardboard boxes. They can be dropped off in the courtyard before 3pm on Saturday. We're spreading mulch the weekend of April 7th and 8th (MULCH DELIVERY IN QUESTION. EMAIL BEFORE COMMITTING), and need volunteers to complete this part of the project. If you can commit some time spreading mulch on one of these days, please contact Rochelle Lucero.

Going on Vacation? If you plan to take your student out of school for a vacation, you & your student must complete a Preplanned Absence form and return it the attendance office for the absence to be excused. You can download a form at http://ecksteinms.seattleschools.org/UserFiles/Servers/Server_6059/File/Resources/Attendance/pre-planned_absence_form-EMS.pdf. We anticipate a high volume of people picking up their students early on Friday, April 6th. If you plan to pick up your student early please contact the attendance office at ecksteinms.attendance@seattleschools.org or 206.252.5014, or have your student bring a note in the morning.

New Middle School Math Textbook Beginning 2018-19 School Year: After a year-long adoption process, the Department of Curriculum, Assessment and Instruction has identified enVisionmath2.0 from Pearson as the new middle school math textbook. On March 7, 2018, School Board voted to approve enVisionmath2.0 as the official instructional material for middle school math instruction beginning in the 2018-19 school year. For the full text click [HERE](#).

Yearbook Update: Only 226 books left to order. Once they are gone, they are gone. To order one, please bring \$30 cash or check to the main office. Online sales are currently offline.

Spring Sports Practice Schedule:

- Track – Tues/Thur
- Boys' Soccer – M/Thur
- Volleyball –
 - o Mon – 4:00-5:30 JV Teams
 - o Wed – 2:45-4:00 JV Teams
 - o Wed – 4:00-5:30 Varsity
 - o Fri – 4:00-5:30 Varsity

Eckstein Track Info from the Coach:

Track Spring 2018 Letter

Eckstein Track Off Campus Running Release

Track Schedule 2017-18

Eckstein Track Expectations

Seattle Schools has changed how they record and track immunizations. They have collaborated with the Washington State Immunization Registry service that requires healthcare provider verified records. You can access your family's immunizations and certificate of immunization form through the Department of Health website MyIR. For information and directions click [HERE](#)

Student-Led Conferences – May 3: During the month of March and April, be on the lookout for information regarding Student-Led Conferences. Student-led conferences give parents/guardians an opportunity to come into the student's homeroom at a scheduled time on May 3 so the student can share his/her goals and progress. Parents can ask questions and comment on student work. The teachers is the classroom host/facilitator and the student conducts the conference. Conferences are by

appointment. Parents/Guardians will be contacted about scheduling a time on May 3 by their student's homeroom teacher. Stay-tuned for more information.

Eckstein Sporting Event Pictures for the Yearbook: If you have a digital image of students participating in an Eckstein Sport, forward them to Julia Detering at jrdetering@seattleschools.org

Box Tops! Please continue to send in your Box Tops to the Front Office. Thank you so much for all that have been sent in so far! Each one earns Eckstein \$.10. If you are able to take a moment to cut them down to size and make sure they are not expired that is super helpful. Thanks for your support!

District Open Enrollment: Key Dates for 2018-19:

May 31, 2018: School Choice deadline (late applications)

Jun. 1, 2018: Non-Resident registration begins

Aug. 31, 2018: Wait lists from Open Enrollment dissolve

Aug. 31, 2018: Non-Resident registration deadline

Eckstein Middle School – Homework Club: Mondays and Tuesdays from 3:50– 5:00pm until June 5th. Do you need further understanding of classwork, assignments or extra support in your Math, Science, Language Arts or Social Studies classes? Eckstein Teachers are here to support your student. Snacks will be provided and Metro Bus Tokens for transportation home.

- Rody (Rm 216) – Monday 6th grade Math
- Ohashi (Rm 133) – Mondays 8th grade Math
- Smargiassi (Rm 116) – Tuesday 7th grade Math
- Brothers (Rm 208) – Tuesdays 7th LA & SS
- Horton and Evans (Rm 215) – Mondays and Tuesdays 6th and 8th LA & SS

Email Ms. Evans for more information and application at deevans@seattleschools.org

Shop at Amazon and Support Eckstein Band: Shop at Amazon through <http://www.smile.amazon.com> and designate your "Eckstein PTSA and Band". Then, 0.5% of eligible purchases support your charity of

choice. There is no added cost to you. If you bookmark this link and use it to access Amazon any time you make purchases, Eckstein bands will automatically receive the benefit! Please spread the word to all your friends and family. These funds will go a long way to offset the costs of the many performances, trips, sheet music and instrument repairs as well as help provide scholarships for those students who needs them. Thank You!

- Go to “Your Account”
- Select “Change your Charity”
- Under “or pick your own charitable organization”
- Type in “Eckstein PTSA and Band” (WA State PTSAs are based out of Tacoma/Olympia)
- Hit “Select”, and all your future purchases that you buy at smile.amazon.com goes directly to support Eckstein Band.

Birthday Opt Out: We are celebrating student and staff birthdays this year by putting their names on our monthly birthday bulletin board and sending home a personalized card during their birthday month. We know that not all families celebrate birthdays, so if you would like to opt your student out of this, please email the student’s name and grade to st Wong@seattleschools.org

Got cool crafting/robotics/programming supplies around you’d like to donate to the library? Student have been using the Eckstein Library MakerSpace at lunch and after school. The MakerSpace currently includes materials such as a green screen and iPad, LittleBits electronics kit, 2 Sphero robots, Makey Makey kits, whiteboard tables, and some fun engineering materials. I will be training some students how to use a Cricut printer and a stop motion animation camera soon! The goal behind the Eckstein MakerSpace is to encourage students to work together and become designers and creators. If you have supplies you’d like to donate, contact the librarian Erin Sterling at emsterling@seattleschools.org to arrange a time to drop-off. Supplies that would be great to have: Lego boards, Lego blocks, small robotics equipment, scissors that could cut cardboard, Playdoh, LEDs, copper foil tape, Keva structures, K’Nex, electronic/robotics parts such as motors, switches, and batteries, duct tape, painter’s tape, craft sticks, conductive fabric, conductive thread, or Velcro.

Phone Calls Home: Robocalls and emails are sent to all contact numbers for listed guardians. To modify this please go to the Seattle Public Schools website:

https://www.seattleschools.org/district/calendars/communication_preferences You can only change permission for yourself, so each guardian will have to login separately.

How to Enter Eckstein's Building: Enter through the door at the NW corner of the building, facing NE 75th Street. All other doors are locked during school hours.

To remove your name from the Eckstein mailing list: If your student no longer attends Eckstein MS or if you no longer wish to receive these messages, you can remove your name from our mailing list by scrolling to the bottom of this bulletin and clicking the "SafeUnsubscribe" link.

Community News

(These items are not endorsed or sponsored by Eckstein Middle School)

****Roosevelt Boys Basketball Camp 2018:** July 16-19th at RHS: Join the Roughrider basketball team and the RHS coaching staff for four fast-paced days of instruction, competition and camaraderie at the RHS Basketball Camp. Work on individual skills, team skills and philosophies of the game. Register now at www.rhsmensbasketball.shutterfly.com. Questions, riderhoops@outlook.com Click [HERE](#) to view the flyer.

****Roosevelt High School Engineering Summer Enrichment:** July 9-August 3, 11:30-4:15p.m. Open to Roosevelt bound incoming 9th graders. High School level content. Industry standard software. No cost. Allows incoming RHS freshman to bypass the prerequisite introduction course and start freshman year with specialty courses. Questions contact Karl Ruff at kwruuff@seattleschools.org Enrollment is limited. Click [HERE](#) for more information. For students bound for Nathan Hale, it is the only opportunity to take engineering, as it is not offered there.

****Ballard High School Beaver Hoop Camp:** If your son (boys entering grades 4-8) wants to have fun and make friends while becoming a stronger basketball player and a great teammate, this is the camp for him! The Beaver Hoop Camp is designed to provide individual skill instruction and emphasize team concepts in a fun and safe. Register at www.brownpapertickets.com/event/3341962 . Sign up before May 1st for early bird special pricing. Click [HERE](#) to view to flyer.

****Get out of the woods, get out of the dark, get out of the night!** Come over to Nathan Hale and see The Wizard of Oz like you've never seen it before. You're in for more surprises than flying monkeys! Opening night is Thursday, May 3rd with shows on May 4th, 5th, 10th, 11th and 12th. Student tickets are \$10 for

general admission and can be purchased in advance at nathanhaletheatre.com or at the door. Show time is 7:30pm, doors open at 7pm. You won't want to miss it! Click [HERE](#) to view flyer.

****Summer Skills Center applications are online:** The Seattle Skills Center application for this summer is available online. Just a reminder, the summer courses are free, students earn .5 HS credit, and are open to incoming 9th graders through 12th graders (seniors who are not graduating may take a summer course). We emphasize hands on learning, field trips, guest speakers, and career exploration. Summer Skills Center will run at several locations from July 9 to August 3rd, 11:30am to 4:15 pm, Monday through Friday. Bus tokens or Orca cards will be provided.

<http://skillscenter.seattleschools.org/cms/One.aspx?portalId=8591&pageId=21653643> For the application, click [HERE](#).

****The Seattle Public Library SCHOOL BREAK EVENTS FOR KIDS AND TEENS:** The Seattle Public Library April 6-15 will offer free programs ranging from Lego Mania and construction kits to movies, crafts, chess games, the chance to apply for a student job at the Library and more! For the schedule of events click www.spl.org/schoolbreaks.

****North Seattle Boys & Girls Club:**

- Teen Adventure Camp Weeks (July 16-20 and August 13-17) Specifically designed for members entering 6-9th grade. Cost is \$295 for the week. Scholarships available. For details, click [HERE](#).
- 2018 Summer Teen Program: Registration begins Feb. 5. NS.positiveplace.org. Click on DASH. Nine weeks of summer camp running June 25-August 24. Cost is \$100 a week. Click [HERE](#).

Cascade Bicycle Club – Summer Camp Information and Summer Job Opportunities: For Summer Camp opportunities, go to <https://www.cascade.org/learn/summer-camps>. They are also seeking educators, teachers, leaders and facilitators for the following seasonal positions:

- Head Counselor/s, and
- Counselor/s

Additionally, we are seeking young leaders for our new 'Counselor-in-Training' Leadership Program! More information about each position can be found at <https://www.cascade.org/>

Roosevelt High School Youth Football Camp: Sign up now for Roosevelt High School Youth Football Camp. July 17-20th at Roosevelt High School. Join RHS coaches and players for an exciting week of football in a fun and positive environment. Non-contact. Current grades 1-7. Download registration form: <http://roughridersfb.org/camp> . Email questions to ridersfb@gmail.com. RHS Summer Youth Camp « Roughrider Football

FINE FORGIVENESS FOR TEENS AT THE SEATTLE PUBLIC LIBRARY: Since 1999, the Fresh Start program has given teens ages 12-19 a one-time chance to clear their overdue fines. Now, thanks to support from The Seattle Public Library Foundation, we can forgive fees for lost items. Stop by any Library location or contact us online to request a Fresh Start. This is a one-time opportunity to get your account cleared of fines and fees.

Seattle Language & Culture Institute: UW Campus July 23-Aug 3, 2018: An opportunity for middle and high school students to take part in a 2-week global experience on the UW campus. Students will build cultural competency, practice communication and diplomacy skills, make friends from around the world and become global leaders. Students should be entering 8th-11th grade and be between 13-17 years old. Learn more at www.fiuts.org/scli

Wallingford Boys & Girls Club: Offering two sets of summer camps; one for kids going into K-5 grades in the fall and one for kids going into 6-8th grades in the fall. There is also a Counselor-in-Training (CIT) program for youth entering 9-12th grades in the fall. Summer Camps K-5 Grades and Summer Camps for 6-8th Grades

Uplift Writing Spring Break Camp, 2018: Dates April 9-13, register for one, two, three, four, or all five days!

Time 9am-3pm. Cost 75\$ per day. Ages 7-12. Location 5758 35th Ave NE, Seattle, 98115. Full Description and registration: <http://www.upliftwriting.com/camps>

Aspiring Youth Summer Camps enrollment is open: Convenient locations in Seattle (NE Seattle, West Seattle and Beacon Hill), Redmond and Bellevue. <http://aspiringyouth.net/enroll.php>

- Aged-based camps: Two mornings per week, we do habitat restoration projects, where campers improve the environment and earn a \$15 weekly internship stipend.

- Theme-based camps: Include: Improv/Theatre, Video Production and Building & Inventing. We also offer girls-only sessions: Girls Rule!.

This year, we also offer Delphi Summer Internship, for clients ages 18 and over. Young adults participate in group internship projects that take them throughout Seattle. More info [click here](#).

Roosevelt High School Youth Football Camp: Grades 1-8 (as of 2018/19 school year). July 17-20, 10-1:00p.m. @ RHS. Suggested donation \$125.00. For registration information and forms, click [HERE](#). Registration forms are available at <http://roughridersfb.org/camp>.

Stone Soup Theatre, Spring Programs: www.stonesouptheatre.org

- Stone Soup Kids – Aesop’s Nonstop Fables (ages 5-7) 4/17-6/6
- Youth Conservatory - Shrek the Musical (ages 8-14) group Auditions 4/16-6/9
- Spring Break Camp – Shrek the Musical (ages 7-14 4/9-4/13 w/extended care

University of Washington’s Summer Youth Program: Registration is now open for our full and half-day middle school programs with a wide variety of STEM and Arts-Humanities topics. For complete details visit our website at: www.summer-camp.uw.edu.

Ecology Youth Corps Summer Job Info: Students can earn almost \$1500 in a summer. You must be 14-17 and apply at www.ecology.wa.gov/EYC.

Neo Art School 2017-18 Mid-Winter, Spring Break, After School and Summer Break classes: Click [HERE](#) to download flyer. Ages 6-12 years old. Contact: 206-632-2530. NeoArtSchool@gmail.com. www.NeoArtSchool.com

NE Seattle Little League Registration is Open for the 2018 Baseball, Softball, and Tee Ball Season:

- Kids 5-6 years old, NESLL’s tee ball program.
- NESLL’s softball program is for young girls involved in athletics.

- NESLL's baseball program is for boys and girls ages 6-16 to learn about teamwork and the fundamentals of the game.
- For parents, there are plenty of volunteer opportunities within the league and with your child's team.

NESLL has upgraded to a new registration system and website. Families will need to establish a new account. Please go to www.NESLL.net to set up your account and start the registration process. For baseball and tee ball questions contact nesllbaseball@gmail.com. For softball questions contact Eric Knutson at edknutson@gmail.com.

UW Study on Pediatric Sleep Research: Over the last year UW Interdisciplinary research teams have worked with several children and parents to develop a web-based application to improve sleep in school-age children. They now would like to test this application in a larger number of families. The following is the criteria to participate:

- have a child between the ages of 7 to 12 years old
- the child between 7 and 12 needs to be experiencing poor sleep quality
- both children and parents be comfortable with wearing a fitbit for up to month
- interact with a web application.

Participants will receive Amazon Gift Cards. If you're interested, or know of any other families that might be interested in participating please email or call Laura lpina@cs.washington.edu or call 206-913-9138.

North Seattle Lacrosse for Boys Grades 3-8: Registration is now open for North Seattle Lacrosse 2018 spring season. Space is available for players in 3rd, 4th, and 6th grades. Prior lacrosse experience is not required. Our mission is to teach the fundamentals of lacrosse, team play and sportsmanship. We encourage learning in a supportive environment where individual effort is affirmed and mistakes are recognized as the foundation of mastery. We believe that winning is important, but consider the opportunity to teach life lessons and for everyone to play higher priorities. Join us! For more information or to register, please visit <http://www.northseattlelacrosse.org/>.

Seattle Cascades – Ultimate Clinics and Events: Sessions from beginner to advanced. Open to all genders. <http://www.seattlecascades.com>

