

Bulletin for Responsible Scholars, **October 11, 2018**

Welcome to Eckstein.

We are creating a Community of Lifelong Learners!

SCHOOL HOURS: Mon, Tues, Thurs, Frid - 8:55–3:45p.m.; Wed 8:55-2:30p.m.

BUILDING HOURS: 8:00a.m. – 4:00p.m.

Students should not arrive before 8:30a.m.

All Parents/Guardians and Visitors must check in at the Main Office Upon Entering the Building

**** = New from last printing**

Oct 12	State In-Service Day, no school
Oct 15	RESCHEDULED: PTSA Meeting, 7:00p.m., Eckstein Library
Oct 29-Nov 2	Eckstein Spirit Week
Nov 5	Band Parent Meeting, 7:30p.m. Room 118
Nov 5	Choir Parent Meeting, 7:00p.m. Little Theater
Nov 12	Veterans Day, no school
Nov 13	Orchestra Parent Meeting, 7:00p.m. Room 117
Nov 15	Eckstein Jazz Night, 7:30p.m.
Nov 16	Eckstein Fall Orchestra Concert, 7:30p.m.
Nov 19	PTSA Meeting, 7:00p.m., Eckstein Library
Nov 22-23	Thanksgiving Break, no school
Dec 3	Band Parent Meeting, 7:30p.m. Room 118
Dec 3	Choir Parent Meeting, 7:00p.m. Little Theater
Dec 10	PTSA Meeting, 7:00p.m., Eckstein Library
Dec 11	Orchestra Parent Meeting, 7:00p.m. Room 117
Dec 21	1-hour early dismissal
Dec 24-Jan 4	Winter Break, no school
Jan 7	Band Parent Meeting, 7:30p.m. Room 118
Jan 7	Choir Parent Meeting, 7:00p.m. Little Theater
Jan 8	Orchestra Parent Meeting, 7:00p.m. Room 117
Jan 14	PTSA General Meeting, 7:00p.m., Eckstein Library
Jan 21	Martin Luther King Jr. Day, no school
Jan 30	Day Between Semesters, no school
Feb 4	Band Parent Meeting, 7:30p.m. Room 118
Feb 4	Choir Parent Meeting, 7:00p.m. Little Theater
Feb 11	PTSA Meeting, 7:00p.m., Eckstein Library
Feb 12	Orchestra Parent Meeting, 7:00p.m. Room 117
Feb 18-22	Mid-Winter Break, no school
Mar 4	Band Parent Meeting, 7:30p.m. Room 118
Mar 4	Choir Parent Meeting, 7:00p.m. Little Theater
Mar 11	PTSA Meeting, 7:00p.m., Eckstein Library
Mar 12	Orchestra Parent Meeting, 7:00p.m. Room 117
Mar 14	Eckstein Orchestra Winter Concert, 7:30p.m.
Apr 1	PTSA Meeting, 7:00p.m., Eckstein Library
Apr 1	Band Parent Meeting, 7:30p.m. Room 118
Apr 1	Choir Parent Meeting, 7:00p.m. Little Theater
Apr 8-12	Spring Break, no school
Apr 9	Orchestra Parent Meeting, 7:00p.m. Room 117
May 6	Band Parent Meeting, 7:30p.m. Room 118
May 6	Choir Parent Meeting, 7:00p.m. Little Theater
May 13	PTSA Meeting, 7:00p.m., Eckstein Library
May 14	Orchestra Parent Meeting, 7:00p.m. Room 117

May 27	Memorial Day, no school
June 3	Band Parent Meeting, 7:30p.m. Room 118
June 3	Choir Parent Meeting, 7:00p.m. Little Theater
June 10	PTSA General Meeting, 7:00p.m., Eckstein Library
June 11	Orchestra Parent Meeting, 7:00p.m. Room 117
June 20	Last Day of School, 1-hour early dismissal

Eckstein Website: <http://ecksteinms.seattleschools.org/home> If you are already receiving the Bulletins directly to your Inbox, you do not have to re-enroll. If you are new to Eckstein or have changed your email address you need to sign up for Parent Emails and other important announcements that go directly to your inbox. Click here to enroll [Subscribe to Eckstein Parent Emails](#)

Orchestra News: [Eckstein Orchestra Website](#)

Band News: [Eckstein Band Website](#) or for Band Boosters visit:
<https://sites.google.com/view/ecksteinbandfamilies/home>

ECKSTEIN NEWS

****Eckstein Band T-Shirt/Sweatshirts:** Please support Eckstein Bands by purchasing a 2018-2019 sweatshirt or t-shirt for your child, members of your family or both! The hooded sweatshirts, short-sleeve t-shirts and long sleeve t-shirts are dark grey with the band logo design in white centered on the front. Order forms will be distributed in class, or you can download form here. Orders, with payment, are due by the end of school on Friday, October 26, 2018 and can be dropped into the mailbox in Room 118. Please email Alina Perez Campos at alinapc53@gmail.com with any questions. Click [HERE](#) to download form.

****Private School Recommendations & Transcripts:** To ensure our timely response, application requests must be turned in to us by December 1st. **We cannot guarantee that requests will be completed if submitted after December 1.** It will be at the teacher's discretion, if they have time available. Please visit our website to learn how to request records and recommendations:
http://ecksteinms.seattleschools.org/academics/private_school_recommendation_process

****Online Yearbook Orders Available Starting October 14 through November 3:** You can order yearbooks for \$28 starting October 14 through November 3 using schoolpay accessed through the Source: <https://ps.seattleschools.org/public/>. If you logon to schoolpay.com and don't see an option for yearbooks that means you've already ordered one. Please verify this by checking your email for the return receipt or contacting Julia Detering at jrdetering@seattleschools.org.

****Are you planning to take your student out of school for a vacation?** If you take your student out of school for a vacation or family event, we need your student to turn in a Preplanned Absence form prior to the absence in order to excuse it. You will need to fill out the bottom and top of the form. Then the student needs to take it to every teacher to sign off on it. Then return it to Attendance. You can download forms here:
http://ecksteinms.seattleschools.org/UserFiles/Servers/Server_6059/File/Resources/Attendance/Pre-plannedAbsenceForm_ADA.pdf

Superintendent Session for Ethnic Communities in North Seattle, Oct. 11: On Thursday, Oct. 11, the Superintendent and Seattle Council PTSA are hosting a Town Hall meeting for our families of color in the north end. The session will be 6:00-8:00 at the *Lake City Community Center*. If families have any questions or feedback, they may be sent to communityengagement@seattleschools.org. Click [HERE](#) to view flyer of the event. Dinner, childcare, and interpreters will be provided. For dinner, RSVP to email above. Interpreters are available in Amharic, Spanish, Tigrinya, Somali, Chinese languages. Any additional language request, email the address above.

Eckstein Spirit Week Oct 29 – Nov 2:

10/29 – Sports Day
10/30 – Twin Day
10/31 – Halloween
11/1 – PJ Day

Eckstein Athletes: Don't forget to turn in your progress reports/Source print-outs each Wednesday before a weekend game! Turn them into the box in the front office asap! We want to get you eligible to play.

Box Tops! We will be collecting Box Tops again this year. Please turn them in to the front office. The first submission due date is Nov. 1, so please send in any you have before then, but know that we will collect them all school year. If you are able to take a moment to cut them down to size and make sure they are not expired that is super helpful. Thanks for your support!

PTSA Meeting, October 15th “How to Help Your Children Manage Stress and Be More Emotionally

Resilient”: Speaker: 7-8:00p.m. Eckstein Library, PTSA Board Meeting to follow. Just because our kids don't have adult concerns doesn't mean they don't experience anxiety or get overwhelmed. Stress and anxiety caused by school, physical and emotional changes, friendship problems and family dynamics, access to more information than ever before—our kids may not have the resources or understanding for how to make sense of it all. As a parent or guardian, you can help your children learn how to better manage stress by teaching them resilience, not reliance. Please join us at the October PTSA meeting and get some tips on helping our kids become more emotionally resilient from Georganna Sedlar, Ph.D., an Assistant Professor at the UW School of Medicine and a licensed clinical psychologist in the UW's Dept. of Psychiatry and Behavioral Sciences.

Take the [online survey](#) to help your PTA delegates vote on the TOP 5 issues that are most important to your school.

The issues supporting the “Health, Education & Welfare” of our students cover a wide spectrum of legislative policies from school meals and closing to the gaps to pre-school, recess, SEL, teacher shortages, gun safety and more. Take the survey to find out what's on the proposed agenda and share your priorities with your PTA. Your voice matters, please take a few moments and let us know what's important to you and your family! The survey closes midnight on October 8th. Additional information about proposed issues and resolutions may be found here. Questions: Contact PTA Legislative Chair Sarah Butler at sarahblossom@hotmail.com

UPDATED ~ Eckstein Fall Sports Game Schedule as of 9/28/18: Click [HERE updated 10.4.18](#) and [Ultimate Schedule Updated 10-5-18](#) to view the latest Eckstein Fall Sport Schedule. The soccer Varsity and JV schedules contain the games for the entire season.

Pickleball courts at Eckstein: We would like to replace the damaged tennis court with 4 pickle ball courts. Used by school by day, open to the public all other times. We will need \$15,000 in matching funds in order to apply for \$30,000 in grant money to meet our \$45k estimated repair & construction costs. To join our mailing list and voice your support please email pickleballeckstein@gmail.com. Design and community feedback meetings to be announced soon. If you would like to make a tax deductible donation please follow the link to the partner section of Seattle Parks Foundation, our fiscal sponsor.

<https://www.seattleparksfoundation.org/project/friends-eckstein-ms-pickleball/>

Do You Take Pictures at Eckstein Sports Games? If so, I would LOVE those pictures for the yearbook. Please send them to me, Julia Detering at jrdetering@seattleschools.org.

YOU can help ALL Eckstein students succeed by supporting this year's Annual Campaign! This year's fundraising goal is \$75,000, an average of \$75 per Eckstein student. **We can do it!** Just a few areas your donations are hard at work right now:

- Implementing technology upgrades
- Updating and modernizing library materials
- Providing science lab enrichment and materials

Prefer to get it out of the way now? Donate online at: www.ecksteinms.seattleschools.org Questions? Contact April Wright at caccwright3@icloud.com or Larry Mavencamp larry1m@yahoo.com

The Leadership class is putting on an 80's dance, movie, and activity night on November 2nd from 7-9:

We're looking for parent volunteers to chaperone as well as bake sale donations. Please contact jcpoort@seattleschools.org if you're able to help.

Did You Sign-Up for an In-School Flu Shots? If you turned in your form to Eckstein to receive an in-school flu shot, Healthy Schools will be administering the shot in mid-November. More details will be coming out next week.

Need Help Setting Up Your Source Account:

- Visit <http://ps.seattleschools.org> Opens a New Window and click the **Setup** button.
- Type the email address on record at the school, then click **Enter**.
- Check your email for a message from sourcesupport@seattleschools.org. If you don't receive this email check your Spam or Trash folders. Not there? contact the school(s) to provide your corrected email address.
- Open the email and click the link.
- Enter your **Username** (the email address on record at the school) and create a **Password**. Your password must be 5 or more characters long. Please do not use an apostrophe ' in your password.
- Click **Enter** to begin exploring the Source!

What is Schoology? Schoology is our Learning Management System (LMS). Teachers may use Schoology to post assignments, messages, events, and calendar items.

- **Parents and guardians** must [register](#) to view Schoology content.
- **Students** log on with their [student account](#). If your student did not receive their student account, please have them see their school librarian or teacher.

Eckstein Band Updates: The updated TENTATIVE calendar is [here](#), as well as integrated into the Google Calendar on the Eckstein Band [Families Website](#). Check either of these spots for dates of concerts, trips, etc. *This website is maintained by Band parent volunteers and not the school.*

The Eckstein Gay Straight Alliance meets THURSDAY after school in the Little Theater. Students - Grab your rainbow gear and be appreciated for who you are in our LGBTQIA-friendly space. That's in the Little Theater, after school Thursday.

Washington State 2018 Healthy Youth Survey: Eckstein is participating in the Washington State 2018 Healthy Youth Survey during the week of October 8th – 19th and needs to be returned by October 26th. The Healthy Youth survey asks questions about risks for injury, health outcomes, and alcohol and drug use. Schools, and state and local agencies use survey results to support our youth and reduce their risks. The Healthy Youth Survey is voluntary and anonymous and provides important information to guide policy and programs that serve our youth. The Healthy Youth Survey is given to students in grades 6, 8, 10 and 12 across Washington State. Please read the attached Parent and Student Notification flyer for more information about the Healthy Youth Survey. [Information about Healthy Youth Survey](#)

PE Waiver Forms that are due by 12/1/2018: At Eckstein, 7-8 graders who checked off "I intend to get a PE Waiver" on their subject selection sheet must complete the PE Waiver and turn it into the Main Office no later than December 1, 2018. Any 7th and 8th grader who is not assigned PE sometime during the school year and have not completed a Waiver by 12/1/18 ***will be pulled from an elective and assigned PE in the 2nd semester.*** [Eckstein PE Waiver 2018-19](#). Students in grade 1-8 are required to participate in an average of at least 100 instructional minutes per school week in PE classes (60 hours per .5 semester credit), unless such participation is waived. Be sure and complete the "Total Documents Hours" toward the bottom of the page.

The PTSA is selling SCRIP! What is SCRIP? SCRIP allows you to purchase gift cards from 100s of major retailers at face value while earning money for the PTSA – anywhere from 2% to 16% of the purchase price, depending on the retailer. The PTSA has opted to always carry cards from Amazon (\$100), PCC (\$10), Safeway (\$25 and \$100), Starbucks (\$25), and Target (\$50 and \$100). You can also special order cards from 100s of other retailers (to see a list of all the retailers available, go to www.shopwithscrip.com). Filled orders will be delivered to the front office for pickup. You will be notified by email when your order is ready. Payment is required in advance; you can make checks payable to Eckstein PTSA or use a credit card for an additional 3.5% fee. The order form can be found [HERE](#). If you have any questions or need any additional information, please contact Laura Spring at laura@springnet.org. Thanks for shopping and thanks for supporting Eckstein!

Reflections – Due date is Nov 2: Reflection forms will be available in the Main Office for those interested in participating in this PTA sponsored contest. This year's theme is "Heroes Around Me". Choose from a variety of art mediums. Submission deadline is November 2, 2018. More information? <https://www.wastatepta.org/events-programs/reflections/> and please email metagodsell@gmail.com with any questions.

Transportation Projects:

35th Ave NE Paving Project: <https://www.seattle.gov/transportation/projects-and-programs/programs/maintenance-and-paving/current-paving-projects/35th-ave-ne>

NE 65th Project: <https://www.seattle.gov/visionzero/projects/ne-65th-st>

Updating Your School Messaging Options: You can modify the phone numbers that receive robocalls on the District website here: <https://www.seattleschools.org/cms/One.aspx?portalId=627&pageId=26610700>

Yearbook Orders: The first online ordering period ends, Saturday, September 15 @ 10 pm. Order yearbooks through Schoolpay on the Source. Be sure to indicate the name of your student. The next period is 10/14/18 – 11/3/18. During the off period you can order with a check or cash at the main office. Yearbooks are \$28.

Library MakerSpace Donations wanted! The Eckstein Library MakerSpace continues to grow and be used by students! We are looking for donations, particularly with some of the materials that get used and need to be replenished, such as different colors of duct tape, origami paper, washi tape, needles and thread, old magazines, beads, buttons, sequins, yarn, foam, felt, cotton balls, conductive thread, play-doh, any other crafting supplies, and small electronics such as LED lights and batteries. We also have a few bigger asks, just in case you have something lying around and no longer use them: a sewing machine, Arduino starter kits, Legos and Lego baseplates, a rolling cart, or if you have another idea, I'm open to it! ☺ Feel free to email emsterling@seattleschools.org with any questions or donations!

Update your Contact Info Now: Please go to your student's Source account to update contact information. Learn how here: http://www.seattleschools.org/district/calendars/news/what_s_new/student_verification_form

ASB News: ASB is hosting our first ever *Eagle Night on November 2nd*. We need parent chaperones for this 80's themed dance, activity night, and movie. Please email jcpoort@seattleschools.org if you're available! And, yes, parents are encouraged to dress up too (and yes, your child DOES want you there!)

ASB cards are for sale. Information came in the Red First Day Packet. Please consider buying an ASB card for \$10. It gets students discounts into student events, and gives us an operating budget for all of the fun student activities we do like dances, birthday beads, pep assemblies, etc!

Orchestra Families! Welcome to the 2018/19 school year at Eckstein: Stay informed by 'Opting in' to receive email updates about upcoming orchestra events. You may unsubscribe at any time. Email the orchestra chair at ecksteinorchestras@gmail.com with your student's name and the orchestra (s) played in. We tentatively set an Orchestra potluck date! We will be posting more information soon!

Lunchtime volunteers needed! We need parent volunteers to help support our students during lunchtime by helping with activities, hall passes and the recycling program to ensure a fun and safe school environment for all students. Volunteer once a week or every other week for 90 minutes. M/Tu/Th/F lunch time is 11:46-1:14, Weds 11:27-12:48. To volunteer or for more information, please email Celeste Hansen at crhansen@seattleschools.org

To remove your name from the Eckstein mailing list: If your student no longer attends Eckstein MS or if you no longer wish to receive these messages, you can remove your name from our mailing list by scrolling to the bottom of this bulletin and clicking the "SafeUnsubscribe" link.

Band Families! Welcome to the 2018/19 school year at Eckstein: Stay informed by 'Opting in' to receive email updates about upcoming band events. You may unsubscribe at any time. Email the band chair at ecksteinbandfamilies@gmail.com with your student's name and the band(s) played in.

Junior Jazz Band After School Program Begins September 11: This afterschool program meets every Tuesday and Thursday from 4:00-5:30p.m. all year in Room 118. Please complete the permission form [Jr Jazz Permission Form 2018-19](https://www.seattleschools.org/jazz/JrJazzPermissionForm2018-19). Questions, email Mr. Escobedo at cuescobedo@seattleschools.org

Shop at Amazon and Support Eckstein Band: Shop at Amazon through <http://www.smile.amazon.com> and designate your "Eckstein PTSA and Band". Then, 0.5% of eligible purchases support your charity of choice. There is no added cost to you. If you bookmark this link and use it to access Amazon any time you make purchases, Eckstein bands will automatically receive the benefit! Please spread the word to all your friends and

family. These funds will go a long way to offset the costs of the many performances, trips, sheet music and instrument repairs as well as help provide scholarships for those students who needs them. Thank You!

- Go to “Your Account”
- Select “Change your Charity”
- Under “or pick your own charitable organization”
- Type in “**Eckstein PTSA and Band**” (WA State PTSAs are based out of Tacoma/Olympia)
- Hit “Select”, and all your future purchases that you buy at smile.amazon.com goes directly to support Eckstein Band.

Community News

(These items are not endorsed or sponsored by Eckstein Middle School)

GEMS (Girls in Engineering, Math and Science): Free, volunteer-run after-school science activities program for Seattle 7th to 8th grade girls to explore STEM fields. Apply at seattleawis.org/awis-events/gems/. Questions? Contact seattlegems@gmail.com Click [HERE](#) to view flyer.

One-on-One Basketball. Annual School Day Off Hoops Camps (October 12) @ Meadowbrook CC & Queen Anne CC: Recruit a team of up to 10 kids from your school or sign up as an individual and be placed on a team. Contact Coach Stu Michie with questions at stuart@lon1basketball.com. [Register Here](#) For information on other opportunities go to www.lon1basketball.com

Girls on the Run is looking for interested Eckstein students to join their middle school program, Heart & Sole: Heart & Sole is a character development program designed specifically for middle school girls. Girls learn about important life skills such as: friendship, empathy, self-confidence, goal-setting and intentional decision making. Girls also train to run a non-competitive 5k (3.1 miles) at the end of the season! This program is not run through Seattle Public Schools or Eckstein Athletics but will be an outside group mobilizing interested students. We are recruiting parents to help us lead the team of interested Eckstein students. To set up a team, we need a Site Liaison to get things started. We also need 2-3 volunteer coaches to lead the girls through the curriculum for 10 weeks in the Spring. Coaches can be male or female and do not have to be runners. [CLICK HERE](#) to read more about these two volunteer positions. Please email Erin Gorup at erin@girlsrun.org or call 206-528-2118 if you are interested in either or both roles.

Eckstein Snow Sports: Registration for the 2019 January and February Friday night ski and snowboard lesson and bus program is now open through SKI MOHAN. Please check out the Ski Mohan page for Eckstein at <https://www.skimohan.com/school-program/seattle-public-schools/eckstein>

*Please note: This is a program of Mohan Skiing and Boarding; **this is not a school sponsored activity or field trip.** The Eckstein Snowsports name and email address is merely to coordinate the students of Eckstein who participate in the Ski Mohan program. **Eckstein Snowsports is facilitated by teacher and parent volunteers.** Parent chaperones are needed to run a smooth and successful program. There are adult perks for such responsibilities. Send a note of interest to ecksteinsnowsports@gmail.com.*

Theater of Possibility. Supported by a Youth Arts Award from the Seattle Office of Arts & Culture. Helps young people be themselves through acting, improvisation, and play-creation. Who: Serving youth with Asperger's, autism or other learning differences as well as typically-developing peers. When: Weekly, Fall & Spring sessions in Seattle (University Heights Center) or Bellevue. [Theater of Possibility Flyer](#) For registration/information contact Lauren@LaurenMarshall.com

Seattle JazzED is a non-profit music education organization in the Central District/Madison Valley. You pay-what-you-can for any Seattle JazzED program, with free instrument loan assistance. For those who need it, we also offer a full tuition waiver, no questions asked. Families simply need to enter code the WAIVER when checking out. We're looking for aspiring musicians in grades 4-8 to join our after-school Seattle JazzED Prep Ensembles. No experience required! You will learn how to play an instrument, perform, read music and set yourself up for a life of musical success. The Prep Ensembles begin the week of October 1, 2018 and run through Thursday, May 16, 2019 with performances throughout. You can learn to play the flute, clarinet, saxophone, trumpet, trombone, upright bass, guitar, piano & singing, OR drums in the JazzED Prep Ensembles. And don't forget, you can get an instrument from us! Ensembles rehearse at the MLK FAME Community Center at 3201 E Republican St in the Madison Valley neighborhood. Learn more and sign up on our website: <https://www.seattlejazzed.org/jazzprep/>

Do you have backyard chickens or an interest in sewing, woodworking or gardening? Then maybe our urban 4-H group would be a good fit for you. We meet most second Saturdays of each month at the Good Shepherd Center in Wallingford, from 10-12. Come on by September 8 or October 13 to check us out. For more information, contact lucycorthell@gmail.com

Kids With An Edge is now enrolling for: - Math Classes to establish Strong Fundamentals. Highly interactive and SPS Core Standards based.

- Python 1 Computer Coding, Friday or Saturday classes
- Early Learning Reading/Math Programs for Ages 4-7. Highly interactive, effective and engaging format.

<https://www.KidsWithAnEdge.com>

email: info@kidswithanedge.com

Pacifica Children's Choir is Looking for Singers: Pacifica Choirs currently has space for children in grades K-12. We are a Meadowbrook neighborhood co-ed children's choir founded in 1993 that provides quality music instruction, and performs all types of music (folk, classical, jazz, and contemporary). Our organization consists of 4 choirs divided by age/experience level. Please visit our website (<http://pacificachoirs.org/>) for more information, or feel free to contact our music director, Susan Senft (pacificachoirs@gmail.com) with any questions or to schedule an audition.

Stone Soup Theatre: Visit StoneSoupTheatre.org to learn about winter and spring break and Summerstage 2019. Nurturing imaginations, developing acting skills and providing actor-centered education. Contact Jeremy at (206) 388-9212 or education@stonesouptheatre.org. Wallingford Presbyterian Church. 1414 N 42nd St. Seattle 98103

Eckstein SnowSports Seeks Pre-Season Volunteers: Eckstein Snowsports, our Friday night Ski and Snowboard program, is the largest of any of the Mohan ski bus programs. Science teacher Jessica Levine, coordinates the program and could really use some behind the scenes help in the fall with some computer based logistics like setting up the group email distribution lists, spread sheet assistance, SignUp Genius formatting, etc. Please let us know if you'd like to contribute to this endeavor. We can set up a quick in person meeting, or carry out most of the logistics "training" via computer too. This is perfect volunteer gig on your own time! A seasons pass discount to the Summit would also be likely. Ecksteinsnowsports@gmail.com, jclevine@seattleschools.org