

HEALTHY FOODS & BEVERAGES RECOGNITION

DOES YOUR WORKSITE
QUALIFY
→ FOR ←
RECOGNITION?
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- ✓ Does your worksite promote (e.g., provide nutrition information, signage, communications campaign) healthy foods at the worksite?
- ✓ Does your worksite provide access to a "5 a Day" nutritional program or some other nationally-recognized program promoting the regular consumption of fruits and vegetables?
OR
Does your worksite offer a program that promotes employees changing their diets to be more healthful through social supportive techniques such as engaging family/friends, positive messaging, incentives, goal development, or regular contact with dietician?
- ✓ Has your worksite adopted standards that define "healthy" foods and beverages?
- ✓ Does your worksite have a policy that governs the offering of foods and beverages at your facility for at least ONE of the following (if applicable)?

vending/mini-market ● meetings/events ● cafeteria ● potlucks
- ✓ Does your worksite do at least one of the following of the following?
- ✓ Subsidize or provide coupons or vouchers for healthy foods or beverages that can be purchased on-site (e.g., cafeteria, mini-market, vending)?
- ✓ Have a policy that prevents the sale of high calorie, fat, sugar, and/or sodium foods and beverages with low nutrient content?
- ✓ Have healthy food (e.g. fruits, vegetables, or other healthy foods) available in sufficient quantities, priced so that it is either affordable or free, and promoted to employees?
- ✓ Does your worksite subsidize community supported agriculture (CSA) membership(s) for individuals, departments, or the entire workplace?
OR
Does your worksite cover a nutritional consultation with a dietician for any interested employee?
- ✓ Has at least one of your worksite wellness committee members participated in a WorkWell KS Healthy Foods and Beverages workshop?

WorkWellKS

TO APPLY VISIT: WWW.WORKWELLKS.COM
UNDER THE "IN THE NEWS" TAB



BEVERAGE DISPENSER/INFUSER

To promote/support water consumption

BIKE RACKS

To promote/support physical activity



RAISED GARDEN BEDS

To promote/support healthy foods

CUSTOM METAL SIGNAGE

To promote/support tobacco & nicotine free grounds



WALKING TRAIL SIGNS

To promote physical activity

AND MORE!

QUALIFY FOR RECOGNITION ITEMS

 **MAKING ENVIRONMENTAL CHANGES**