

# HEALTHY FOODS & BEVERAGES RECOGNITION

DOES YOUR WORKSITE  
QUALIFY  
FOR  
RECOGNITION?

- Does your worksite promote (e.g., provide nutrition information, signage, communications campaign) healthy foods at the worksite?
- Does your worksite provide access to a "5 a Day" nutritional program or some other nationally-recognized program promoting the regular consumption of fruits and vegetables?  
**OR**  
Does your worksite offer a program that promotes employees changing their diets to be more healthful through social supportive techniques such as engaging family/friends, positive messaging, incentives, goal development, or regular contact with dietician?
- Has your worksite adopted standards that define "healthy" foods and beverages?
- Does your worksite have a policy that governs the offering of foods and beverages at your facility for at least ONE of the following (if applicable)?
  - vending/mini-market
  - meetings/events
  - cafeteria
  - potlucks
- Does your worksite do at least one of the following?
  - Subsidize or provide coupons or vouchers for healthy foods or beverages that can be purchased on-site (e.g., cafeteria, mini-market, vending)?
  - Have a policy that prevents the sale of high calorie, fat, sugar, and/or sodium foods and beverages with low nutrient content?
  - Have healthy food (e.g. fruits, vegetables, or other healthy foods) available in sufficient quantities, priced so that it is either affordable or free, and promoted to employees?
  - Does your worksite subsidize community supported agriculture (CSA) membership(s) for individuals, departments, or the entire workplace?  
**OR**  
Does your worksite cover a nutritional consultation with a dietician for any interested employee?
  - Has at least one of your worksite wellness committee members participated in a WorkWell KS Healthy Foods and Beverages workshop?

WorkWellKS

TO APPLY VISIT: [WWW.WORKWELLKS.COM](http://WWW.WORKWELLKS.COM)  
UNDER THE "IN THE NEWS" TAB



## BEVERAGE DISPENSER/INFUSER

To promote/support water consumption



## BIKE RACKS

To promote/support physical activity



## RAISED GARDEN BEDS

To promote/support healthy foods

## CUSTOM METAL SIGNAGE

To promote/support tobacco & nicotine free grounds



## WALKING TRAIL SIGNS

To promote physical activity

# AND MORE!

QUALIFY FOR RECOGNITION ITEMS  
 MAKING ENVIRONMENTAL CHANGES