

2016 WORKSHOP SCHEDULE

REGION	DATES	LOCATION	SESSIONS
NW	October 6	Hays Area Chamber of Commerce 2700 Vine Street – Hays, KS 67601	8AM-12PM : Building a Worksite Wellness Foundation 1PM – 5PM : Healthy Foods
NE	October 18-19	Douglas County Fairgrounds 2110 Harper Lawrence, KS 66046	October 18 8AM – 12PM Building a Worksite Wellness Foundation 1PM – 5PM Mental Health & Stress Management October 19 8AM – 12PM Tobacco
NC	October 20-21	NCK Wellness Center 3033 U.S. 24 Beloit, KS 67420.	October 20 1PM - 5PM Building a Worksite Wellness Foundation October 21 8AM – 12PM Physical Activity 1PM – 5:PM Mental Health and Stress Management
SW	November 2-3	St. Catherine Hospital – Classroom B 401 E Spruce St Garden City, KS 67846	November 2 1PM-5PM Building a Worksite Wellness Foundation November 3 8AM-12PM Physical Activity 1PM-5PM Mental Health & Stress Management

TO GET REGISTERED

Step 1 - Go to workwellks.com

Step 2 - Click on the Events Page

Step 3 - Go to the date(s) on the calendar of the workshop that you are Interested in for specific workshop details.