

“You don’t understand me!”
“I don’t know why I tell you anything!”



They used to hug you and tell you everything. Now there are *attitude*, eye-rolling, and one-word answers. What happened to the sweet child you used to know?

**Your relationship with your teen can be easier.
What if you had tools that really work?**

FROM EYE-ROLLING TO I LOVE YOU: Transforming the Parent-Teen Relationship
is a class for **parents** of teens and tweens. At this workshop you will:

- learn the real reason you and your child end up fighting instead of talking.
- know the exact words that will gain your child’s trust and keep them talking.
- experience how acknowledging feelings can make your child actually want to be with you and seek your guidance.
- take these skills home and use them immediately in your family.

**FROM EYE-ROLLING TO I LOVE YOU:
Transforming the Parent-Teen Relationship**

Date: Monday, May 1st
Time: 7:00pm
Place: Verona High School Learning Commons

Fern Weis is a Certified Life Coach. She helps parents break down the walls their teens put up, so they can have a great relationship and better results preparing their kids for college and beyond. To find out how Fern can help you with your parenting concerns through classes and private and group coaching: fern@fernweis.com, www.fernweis.com.

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