

# DCD Connects



A focused initiative bringing speakers, films, and discussions to the community to support our collective goal of ensuring that children grow balanced, connected, and whole — Dedham Country Day's core values in educating children.

Coed • Pre-K to Grade 8

Join us on DCD's campus during the 2018-19 school year as we explore, with distinguished experts, tools for navigating our complex world and building well-being in school-aged children.

## BALANCED

NOVEMBER 8 AT 6:30 P.M.

### BEYOND CALMING DOWN:

Helping Families Interrupt the Worry Cycle

Lynn Lyons

Clinician, Global Speaker, and Trainer on Anxiety

Co-author of *Anxious Kids, Anxious Parents* and *Playing with Anxiety: Casey's Guide for Teens and Kids*, Lynn will share new actionable strategies for dealing with anxiety and worry in children.

## CONNECTED

FEBRUARY 12 AT 6:30 P.M.

### CLASS OF 2032:

Schooling for a Digital Culture

(FILM SCREENING AND DISCUSSION)

Matthew Worwood

Co-founder and Director of the Class of 2032 Project

Matthew, who is the Associate Director of the Digital Media & Design Program at the University of Connecticut, will talk about designing the classroom experience and retooling teaching pedagogies for children growing up in the digital world.

## WHOLE

APRIL 23 AT 6:30 P.M.

### CURIOSITY

Sally Taylor

Musician, Artist and Founder of Consenses

In a world that is fragmented and divided, it is often difficult for people to consider, relate to, or appreciate the perspectives of others. The 13th-century poet-philosopher Rumi once said: "Sell your cleverness and buy bewilderment." Sally will discuss the importance and necessity of fueling curiosity in education as a means to understanding and appreciating the world around us.

Visit [DedhamCountryday.org/DCDConnects](http://DedhamCountryday.org/DCDConnects) for more event details and registration.



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