



Rutgers Catalyst:  
Healthy Aging

# RUTGERS

Institute for Health, Health Care  
Policy, and Aging Research

## Rutgers Catalyst: Healthy Aging Symposium Agenda

Thursday, October 18<sup>th</sup>

Institute for Health, Health Care Policy and Aging Research  
112 Paterson Street  
New Brunswick, NJ 08901

	<b>Reception and Introduction</b>  8:00-8:15 Sherri-Ann Butterfield, PhD, Executive Vice Chancellor, Newark Francine Conway, PhD, Dean GSAPP, New Brunswick XinQi Dong, MD, MPH, Director IFH, RBHS Michael Palis, PhD, Provost Rutgers Camden
8:15-9:00	<b>Keynote speaker:</b> Robin Barr, PhD, <i>Director of Division of Extramural Activities, National Institute on Aging</i>
9:00-10:30	<b>Clinical Geriatrics</b> – Introducer (Ev Liebman) / Moderator (Jessica Israel)  Rena Zelig, DCN, RDN, CDE, CSG – <i>Dept. Nutritional Sci., Sch. of Health Professions, RBHS</i> Dentition Status, Nutritional Status and eating Experience in Older Adults  Fred Kobylarz, MD, MPH – <i>Department of Family Medicine, RWJ University Hospital, RBHS</i> Health Literacy and Culturally Appropriate Communication  Kristin August, PhD – <i>Dept. of Psychology, Sch. of Arts and Sciences, CAM</i> Influence of Family Health Behaviors in Older Adults with Diabetes  Olga Jarrín, PhD, RN – <i>School of Nursing, Institute for Health, RBHS</i> Demographic and Socioeconomic Factors Associated with Survival after a Diagnosis of Dementia
10:45-12:15	<b>Neuroscience and Aging</b> – Introducer (Denise Gavala) / Moderator (Gary Aston-Jones)  Michael Cole, PhD – <i>Center for Molecular and Behav. Neurosci., Graduate School, Newark</i> Healthy-Unhealthy aging Susceptibility to Alzheimer's Disease and the Role of Functional Connectoms  Josh Miller, PhD – <i>Dept. of Nutritional Sciences, Sch. of Enviro. and Bio. Sciences, NB</i> Micronutrient Supplementation and the Aging Brain  Maral Mouradian, MD – <i>Dept. of Neurology, RWJ Medical School, RBHS</i> Molecular Pathogenesis of Parkinson's disease and Therapeutic Strategies  Mauricio Delgado, PhD – <i>Dept. of Psychology, Sch. of Arts and Sciences, Newark</i> Emotional regulation, Coping, and Cognitive Function
12:15-1:00	Lunch and Networking

1:00-2:30	<p><b>Biology of Aging</b> – Introducer (Richard Novak) / Moderator (Karen Stubaus)</p> <p><b>Monica Driscoll, PhD</b> – <i>Dept Molecular Biology and Biochem., Sch. Of Arts and Sciences, NB</i> Cell Death and Neurodegeneration in C. Elegans</p> <p><b>Utz Herbig, PhD</b> – <i>Dept. Microbio., Biochem. &amp; Molec. Genetics, NJ Medical School, RBHS</i> Telomeres and Cellular Senescence in Aging and Disease</p> <p><b>Qian Cai, MD, PhD</b> – <i>Dept. of Cell Biology and Neuroscience, Sch. of Arts and Sciences, NB</i> Autophagy-lysosomal Regulation and Mitochondrial Quality Control in Healthy and Diseased Neurons</p> <p><b>Tracy Anthony, PhD</b> – <i>Dept. of Nutritional Sciences, Sch. of Enviro. and Bio. Sciences, NB</i> Dietary Protein and Healthy Aging: Controversies and Mechanisms</p>
2:45-4:15pm	<p><b>Behavioral and Social Science</b> – Introducer (Cecile Feldman) / Moderator (Susan Reinhard)</p> <p><b>Laura Pizzi, PharmD, MPH</b> – <i>Dept. of Pharmacy Practice and Admin., Ernest Mario School of Pharmacy, RBHS</i> Sustainable models of Behavioral Interventions through HOPE</p> <p><b>Emily Greenfield, PhD</b> – <i>School of Social Work, Institute for Health, NB</i> Examining how Healthy Brain Aging Begins in Childhood</p> <p><b>Jen-Hao Chen, PhD</b> – <i>Dept. of Sociology, Sch. of Arts and Sciences, CAM</i> Age, Cohort and Gender Variations in Problem Sleep</p> <p><b>Michelle Zechner, PhD</b> – <i>Dept. of Psychiatric Rehabilitation &amp; Counseling Professions, Sch. of Health Professions, RBHS</i> Supporting Health in Older Adults Living with Psychiatric Conditions</p>
4:15-5:00	Steps Forward and Networking

## Steering Committee:

### *Co-Chairs:*

Sherri-Ann Butterfield, PhD – *Executive Vice Chancellor, Newark*  
 Francine Conway, PhD – *Dean of Rutgers Graduate School of Applied and Professional Psychology, NB*  
 XinQi Dong, MD MPH – *Director Institute for Health, Health Care Policy and Aging Research, RBHS*  
 Michael Palis, PhD – *Provost Rutgers Camden Campus, CAM*

### *Committee Members:*

Monica Driscoll, PhD – *Professor Department of Molecular Biology and Biochemistry, NB*  
 Cecile Feldman-Zohn, DMD, MBA – *Dean of Rutgers School of Dental Medicine, RBHS*  
 Denise Gavala – *Associate Vice President for Development at Rutgers, RBHS*  
 Jessica Israel, MD – *Director James & Sharon Maida Geriatrics Institute, Barnabas Health Systems*  
 Richard Novak, PhD – *Vice President Division of Continuing Studies at Rutgers, Academic Affairs*  
 Laura Pizzi, PharmD MPH – *Professor Pharmacy Practice and Administration, RBHS*  
 Susan Reinhard, PhD – *Senior Vice President of Public Policy Institute, AARP*  
 Karen Stubaus, PhD – *Vice President Academic Affairs at Rutgers, Academic Affairs*

Breakfast and Lunch will be provided, please RSVP to [rsvp.catalyst@ifh.rutgers.edu](mailto:rsvp.catalyst@ifh.rutgers.edu)