



501 S. Buena Vista St, South Tower
Burbank, CA
Contact us at (818) 847-3686
www.leezascareconnection.org
Managing Director: Wendy Saltzburg
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HOURS:
Monday – Closed
Tuesday- 10:00am-2:00pm
Wed.- 10am-2:30pm/6-7:30pm
Thursday – 10:00am-2:30pm
Friday – 10:00am-1:00pm

**November
2017**

Mon	Tue	Wed	Thu	Fri	Sat/ Sun
		1 6:00pm-7:30pm Caring for a Parent with Alzheimer's or Dementia	2 12:30pm-2:00pm Courageous Heroes: Alzheimer's/Dementia Caregiver Support Group (R)	3	4/5
6 CLOSED MONDAYS	7 10:00am-2:00pm Resource Day	8 11:00am-12:30pm Lean on Me (R) 1:00pm-2:00pm Lunch 'n Learn HOW TO DEAL WITH CAREGIVER GUILT RSVP-(818)847-3686	9 10:00am-11:30am Early Memory Loss Support Group 12:30pm-2:00pm Wellness Warriors: Alzheimer's/Dementia Caregiver Support Group (R)	10 10:30am-11:30am Healthy Rhythm: Drum Circle	11/12
13 CLOSED MONDAYS	14 10:00am-2:00pm Resource Day	15 6:00pm-7:30pm Caring for a Parent with Alzheimer's or Dementia	16 12:30pm-2:00pm Courageous Heroes: Alzheimer's/Dementia Caregiver Support Group (R)	17 12:00pm-1:00pm Mindfulness Meditation: Find your quiet place and alleviate stress	18/19
20 CLOSED MONDAYS	21 10:00am-2:00pm Resource Day	22 11:00am-12:30pm Lean on Me (R)	23 CLOSED 	24 CLOSED	25/26
27 CLOSED MONDAYS	28 10:00am-2:00pm Resource Day	29	30		

